

NTHANTHI ZA CHITONGA ZA KUSAMBIZGIYA NDI KUTAULIYA



DAVID MPHANDE



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Nthanthi za Chitonga
za Kusambizgiya
ndi Kutauliya

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David Mphande

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Maronje gha akusindikizga mabuku gha Mvunguti

Pafupifupi mabuku ghose ghenigho ghagwiriskika ntchito mumasukulu ghavya uliska munu m'Malawi ghakulembeka m'Chingerezi ndi akusambira nawo asa-mbizgika mchinenedu chenicho. Kweni munachalichi wanthu weni ukongwa asope muvinenedu vyakupambana-pambana vyamunu m'Malawi kweni kamoza kamoza m'Chingerezi. Kweniso chakusazgiyapo nchakuti neke akusambira vya uliska amalizga maphuziro ghawu nyengo zinandi atachipharazga m'chakwawu. Ndichifukwa chake asambizgi a Masukulu a kusambizga vya Uliska mu Malawi ati akumana angumanga fundu yakuti asindikizge mabuku gha vyamazgu ghaku Chiuta (theological books) muvinenedu vyakupambana-pambana vyamunu mwidu. Urato pakusindikizga mabuku ghaviyo ngwakuti ghatovye kuwa ndichi-ziwisku cheneko pakupharazga ndi kusambizga Mazgu ghaku Chiuta. Tendichi-gomezgo kuti mabuku gha Mvunguti ghakasamphuskanga mchanya utewete wa-m'mipingu m'Malawi ndi mvyaru vyo mwe wanthu wo akamba vinenedu vya Chimalawi.

Muvyaka vyakuvuli uku kungubuka makani gha kukwasana ndi urongozgi wanthukazi muvitengo vyapachanya mu chalichi ndim'malu ghanyake gha zintchitu muvya charu. Kupwakaskana kwawa kwakuti, kumbi urongozgi wenuwu uwengi wa anthurume pe, anthukazi nanga? Mwaviyo mu buku ili nthanthi zinyaki zarongo kuti anthukazi ndi anthurumi akwenere kurongozge pamoza. Wanthu amwaka atinge paChitonga "Kamuti kapamphara nkhakuko-relanako".

Jan. 2001

Wasindikizi wa Mabuku gha Mvunguti

Makani ghaku lembeka kwa buku ili

Ndendi chimwemwe chikuru pa Iwana lo Rev. Dr. David K. Mphande warongo, pakulemba Buku ili la *nthanthi za Chitonga*, lakupharazgiya ndi kusambizgiya. Ine nge ngwakwanja mdauku, ndi malusu, pamwenga mwambu wa, Chitonga, ndarumba, ukongwa kulembeka kwa Buku ili. Iyi ndinthowa yimoza yakusungiya mdauko widu, ndi mazu ghidu gha Chitonga. Fuku lose mcharu lendi mazu ghake. Ndichu chifukwa tisambira so mazu gha mu mafuku gha wanyido. Ndendi chigomezgo kuti *Ahurwa* ndi *Asungwana* a mgonezi uno atenere kusambira *nthanthi* zenizi ndi phamphu, ndi likondwa, ndikusanda *vitwwo* vyose vyo vyalembeka mwenumu. Fundu yikuru mu Buku ili njakusambizga wanthu kuteska vinjeru vyo vye mu *nthanthi* zenizi. *Apharazgi* a Mazu ghaku Chiuta nawo liwawovyenge pa kumasuwa ndi kusambizga Mazu ghaku Chiuta mu lilime lawo, kuti wanthu wawviskenge.

Ku *Ahurwa* ndi *Asungwana*, *nthanthi* zenizi ziziwa kuwawovya kuti akuwengi ndi *nkharo* yamampha, asani angasunga visambizgu vyake.

Rev Dr. Joel W. Manda-
Chifira – Nkhata Bay

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Maronje

Kwanyengo yitali mtima wangu wenga wakunweka kuti ndisambire midauko yo ye mu mazu gha Chitonga, ndi maunonono ghaki. Kwa mwaŵi, mu mwezi wa Okutobara chaka cha 1995, ndinguruta ku South Africa ku ungano wo ungunozga kukambiskana fundu ya "Kuzirwa kwa *nthanthi* mu Africa, mu mugonezi wuno." Kwa sabata yimoza tingukumana ku Universite yaku South Africa. Uŵapo wa ŵanthu angutuwa vyaru ndi vyaru mu Africa, ndi Kusirya kwazi nyanja. Uwu wenga mwaŵi ukuru chifukwa ine ndipu ndayamba kali mu chaka 1994, kafukufuku wa *Nthanthi* ndi *Nthanu* za Chitonga.

Chakwamba ndiwonga Mliska Rev. Dr. Stan Nussbaum waku America, yo wenga Muja-pakati pa ungano uwu; ndi Rev. Joshua Kudadjie, Mlembi Mula waku Ghana; ndi ma membara ghose gha porojeketi lenili, nge: msambizi wambiri Prof. John Mbiti, ndi anandi amazina ŵaviyo, wo angundisankha ine kuti nane ndilembe *Nthanthi Za Chitonga* mwakuti zireke kuruwika. Ndiwonga ukongwa Bungwi la *Pew Charitable Trust*, la ku America (Philadelphia), lo likovya ndarama kuti Buku ili lisimbike.

Ntchitu yakafuku-fuku ka *Nthanthi* izi kuti yenga yipusu cha. Kuzizipizga kwengapo limu. Lekani ŵala-ŵala atiti, *Kuwona maso gha nkhone nkhideka*. Ndingwenda mu mizi yinande ya Chitonga mu Octobara, chaka cha 1994. Ndipo ndingukumana ndi ŵanthu ŵanande wo angundivumbuliya *nthanthi* zenizi. Panyengo yakafuku-fuku uyu, *ndingubaya tuyuni tuŵi ndi mphichi yimoza*, chifukwa ndinyengo yeniyi so, ndingulemba *Mwambo*, *Vinguzgu* vya Chitonga ndi *Nthanu* za Chitonga vya masambiro gha udokotala (PhD), gho sono ndikumalizga. Mwaviyo kuŵika pamoza *nthanthi* kuti chenga chipusu cha. *nthanthi*¹ zinyake ndasazgiyako zo zikulembeka ndi a Filimon Kamunkhwala Chirwa mu buku la *Nthanu za Chitonga* ndi *Mcapu wa Chitonga*. Tunyake nthu mikuruŵiko.

A Tonga atiti, *chikumbu chimoza kuti chituswa nyinda cha*. Pachifukwa ichi ndiwonga anande ŵala-ŵala, *anyamata*, ndi *asungwana* azeru, wo angundipaska *nthanthi* zinande zozalembeka mu Buku ili. Ŵanyake akuwo sonu Chituta waku ŵato, ŵeniwo nawo mphanyi anguwona Buku lenili - "Mizimu yawo yiwusengi mu Chimango!" Wo ŵachalipo ndi umoyo, "chonde, *mugonenge kutali ndi moto*." Pano ndizumbuwepo mazina ghamanavi ŵaka mwakuwo ndingukumana nawo kundipaska zeru izi: Mr John Chikuse Chirwa; Rev. Blackmore Banda; T Christopher Katenga Kaunda; Mr Stack Banda ndi Wiliam Manda Kanyama Chiŵiŵi Mwase (T/A Chiŵiŵi II); Richard Godfrey Chiya

¹ Filimon Kamunkhwala Chirwa, *Nthanu za Chitonga*, Livingstonia Mission, 1932.

Phiri (Ex-Subchief Zilakoma); Bright Zgawowa Mphande; Goldon Nyirenda; Sam kandondo Banda (MP); Munchindwi (V/H); Chief Malanda (T/A); Malenga Mzoma (T/A); Chief Fuka-mapile (T/A); Msundu (GVH); Chivuta (GVH); Rev. Wesley Manda; Rev. Flywell Chimwembe Mwale; Annisty Kamanga; Maria Banda; Lini Nyamanda (V/H); Richard Mhone; Chrispin Ng'oma; Mode muwamba; Chazama Winston Phiri; ndi wanyake wanande wo ndingukumanawo. *Chiuta wamutumbikene ndi wawaliye Chisku chake paku imwe!* Chifukwa chakuperewele nyengo, wanande so ndingutondeka kukumana nawo wa zero.

Ndiwonga so Mula wa pamalo po ndigwira nchitu Dr. Dan Chimwenje (Director), *Malawi Institute of Education*, yo wangundipaska nyengo kuti ndiruti kwidu ku *Utonga*, kuti nkhachite kafuku-fuku mwenuyu, chingana nyengo yenga yakufinyirizgika pa nchito yo ndichita. Ndiwonga so Mr Vuwa Phiri, waku *Chancellor College*, Mr Longwe, ku MANEB ndi Rev Dr J.W. Manda Zomba Theological College, wo angundovya kuchonga *nthanthi* zenizi. Wa Hon. Aleke Kadona Banda nawo nditiwawonga ukongwa pakundipaska phamphu kuti ndilembe buku ili, pakuti mbakwanja mwambu ndi midauku ya Chitonga.

Buku ili ndalipaska ulemu nge nchikumbusku ku *Muoli* wangu Mary, yo wangufwililiyapo ukongwa paku tayipa Buku ili, lenga lindarute ku wakusindikizga. Ndiwonga so wana wangu pakuzizipizga ndichilemba Buku lenili. Nyengu zinyake ndawafuwizganga tulo twawo. Kwa pade, ndiwonga ukongwa mwana wangu Isaiah Mphande, yo wakulemba *vithuzithuzi* vya mu Buku ili. Ada ndi Ama, chingana akufwa, ndiwonga kuti angundisambizga *vituwu* vinande. Ndiwonga so Mrs Hilary Mijoga ndi Mrs Georrry Kaphuka wo wangutayipa so buku ili pakuliselegza mu *computara*. Dr Klaus Fiedler, musambizi waku *Chancellor College*, wandovya ukongwa, pakurongozga kuti buku ili lisimbike. Yewo ukongwa.

Pakumaliya ndiwonga Chiuta kuti wangundijuliya nthowa kuti nane ndiwe yumoza wakulemba *nthanthi* za Mutundu wa Chitonga. Ndendi chigomezgo kuti mugonezi wasonu waza muwelenga Buku lenili ndi phamphu, ndi kurutilizga nchitu yaku unjika pamoza *nthanthi* zinande za Chitonga, zo mu Buku ili mulivi. Ndendi chigomezgo so kuti *Akutaula (Apharazgi)* a mazu ghaku Chiuta nawo, Buku lenili liwawovyenge. Viwi-viwi wo atanja mazu gha mtundu wawo kuti ghaleke kusukuluka. *Nthanthi* zinande za Chitonga ziziwa kovya kumasuwa umampha mazu ghaku Chiuta gho ghe mu *Baibolo*. Ine ndayamba waka, mlimu uwu, kwene amuvuli mwangu azamuchita vikuru, ndi kufiska mlimu wenuwu.

Ku umaliye kwa Buku ili ndasazgiyako *nthanthi* zinyake, kwambura kupa-

taula vituwu vyake. Zinyake mwakuzo wangundipaska Mr Joseph Tamare Banda, yo nayo nditimuwonga ukongwa pakundizomerezga kuti ndisazgiyeko ku Buku ili. Ndawopa kuti asani ndingazisiya zitayikenge waka. Ndasazgiyapo so *Vindawe* (20), mwakuti ndikumbuski *Ahurwa* ndi *Asungwana*, kuti vyenivi navyo vyakuzirwa.

Nditoruiyepo mwawi wa pade kuthokoza ama a Annisty Kamanga, wana achiponde chaka Filemon Kamunkhwawa Gogo Chirwa, wo angundizomerezga kuti nthanthi zo angulemba auskewo nazo ndisazgiyemo mu Buku ili. Muzimu waka Gogo Filemon Chirwa uwusenge mu chimango chaku Chiuta, ndipu zina lawo likumbukikenge mu fuku la uTonga.

Pa umaliye ukongwa ndiwonga ndi mtima wose m'ya, wo asindikizga buku lenili muno mu Malawi.

Mliska Dr David Kapenyela Mphande (*Mlembi wa Buku lenili*)
(Bandawe, Chintheche, 1999)

Nthanthi za Chitonga za Kusambizgiya ndi Kuttauliya

1. A chigulano

Konkhosko lake: Pa Chitonga munthu yo ngwanthechi (wakutamata) atiti ndi "chigulano." Munthu waviyo wakumovya watuwavi, pamwenga akumovya aperewele. Ndi mazu ghaku kuluwika.

Tandauzo lake: Munthu yo wakhumba chovyo nyengo zose, pamwenga msokwa, wambura munthu wakumovya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yitachikambika asane mu muzi, pamwenga mcharu mwe akuvuka, akavu ndi achiti, wo akhumbikwa kuwovya. *Akuttaula* mazu ghaku Chiuta, akamba mazu agha pakunena wo mbakavu (asokwa) mu mzimu, wo apenja chipozomosko chaku Chiuta. A Khristu atenele kovyakavu mu mizi yawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 15:30.* Ndipo kungumziya mizinda yikuru, yakuwa nawo pamoza wakuganthiya, wachiburumutiya, wambuwa, wakupunduka, ndi wanyake wanandi, ndipo wanguwapong'a pa marundi ghake; iyo wanguwachizga.
- (2) *Yohane 5:5-6.* Ndipo wengako munthu yumoza wakuwa ndi urwali wake virimika machumi ghatatu pachanya vinkhonde ndi vitatu (38). Yesu wati wamuwona, ndiwati waziwa kuti wenga ndi urwali kwanyengo yitari, wangumfumba, "Unkhumba kuchizgika kumbi?"

2. A matuwuyo

Konkhosko lake: Munthu yo ngwamagomezgeka cha, ndimwenda-nato, pamwenga waboza. Ndi mazu ghaku kuruwika.

Tandauzo lake: Munthu wa mitima yiwi, ndipo murwani. Wato maboza kuti mbanizga wanthu. Wa Viyo atiti, *nchiyuni-songang'a*.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska munthu yo watenda ndi murwane, mtimba-kuwi, waboza ndi wafuzi. Nyengo zinyake akamba munthu yo wavwika mbiri ya ufwati.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Sumu 12:2.** Munthu yose wakamba utesi ku mwanasi wake; ndi milomo yauteremusi, ndi mtima wapaŵi wakamba.
- (2) **Yakobe 1:8.** Ndi munthu wa mtima wapaŵi, wakusaŵasaŵa mu mendedu ghake ghose.
- (3) **Yakobe 4:8.** Ndereni kufupi kwaku Chiuta, ndipo wanderenge kufupi kwinu. Photonni manja, mwaŵalakwi; ndipo tozgani mitima, mwaŵamitimapaŵi-paŵi.

3. Abaya cha Soro (Soro abaya cha)

Konkhosko lake: Soro nkhayuni ko kadaniya ŵanthu ko kwe njuchi zo zendi uchi unande. Nyengo zinyake yidaniya munthu ko kwe chirwani nge njoka, pamwenga nyalubwe. Pa chitonga pe nthanu ya ŵana ŵaku Tupa wo anguleka kuvwiya apapi ŵawo, soro yinguŵadaniya kuziŵi lo pajanga chinjoka chikuru cho chinguŵameza.¹

Tandauzo lake: Nchamapha cha kukana, pamwenga kunyoza munthu yo waphwere umoyo wako, ndikukupaska vyamampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ŵala pakucheweska ŵanthu, kuti apaskengi ulemu ku ŵanthu wo ŵatitiphwere. Tingachitanga nge mba Yuda cha wo angubaya Yesu yo wanguŵadaniya ku Utaski waku Chiuta.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Yoswa 24:16-17.** Penipo ŵanthu wangwamuka; "Tingasiya Ambuya cha kutataliya ŵachiuta ŵanyake; pakuti ndi Ambuya wo ŵangutituzga ifwe ndi auskefwe mu charu cha Egipiti, mu nyumba ya uŵanda, ndi mweniyo wanguchita visimikizgu vikuru viya mu masu ghidu, wangutisunga mu nthowa mose motingwenda, ndi mukati mu ŵanthu wose wo tinguporo-tamo".
- (2) **Machitidu gha Ŵakutumika 4:11-12.** Mweniyo ndi mwa wo anguyeyeka ndi imwe mwa ŵazengi-nyumba wo waŵa mutu wa nyondu. Ndipo kuti mwe utaski mu munyake cha, chifukwa chingana nkhuŵi kwe zina lamwenga cha pasi pa kuchanya lakupaskika mu ŵanthu, mwaku lenilo tingataskikiya.

¹ Filemon Kamunkhwala Chirwa, *Nthanu za Chitonga*, Livingstonia Mission, 1932, pp. 113-116.

4. Amunkhwele asekana vipkata

Konkhosko lake: Kanande wanthu waseka wanyawo, pamwenga kukamba za anyau, kweni vyakukwaska yiwo weneku cha. Ndi wanthu wo mbalisuza-suza.

Tandauzo lake: Munthu watenele kujiteska iyo mweneko ndi vyakuchita vyaki.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala-wala wazeru kuche-weska wanthu wa malisuza-suza, weniwo watijiwoneska kuti mbamampha kubwaru kweni mitima yawo nijheni. Wanena anyawo, penipo nawo mbaheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi iyi:

- (1) **2 Samuele 12:5-7.** Ndipo wangukwiya ukongwa pa munthu yuwa; ndipo wangunena ndi Natani, "Mo aliri amoyo Ambuya, munthu wakuchita ichi ngwakwenere nyifwa; ndipo wakawerezgiyangapo pa kamberere ka kanayi, chifukwa wachita chinthu ichi, ndipo chifukwa chakuti wengavi lisungu." Natani wanguti kwaku Davidi, "Munthu yo ndimwe."
- (2) **Mateyu 7:5.** Wakufuvya iwe, tuzgamo danga munthambi wo we mu jiso lako, sono ndipo uwonenge umampha kutuzgamo kachipandi mu jiso la m'bali wako.

5. Boza liwele mweneko

Konkhosko lake: Munthu yose yo ngwa boza waziwikwa ndi boza lake pose po waja.

Tandauzo lake: Nchamampha cha kwatiya boza anyako asani iwo palivi, chifukwa azamukuvwa vyo wakambanga, pavuli wazamuchita soni ndiwe, achikuko kuti we wa boza.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala wa zeru, pamwenga ma fumu pakweruzga milando mu mabwalo, pamwenga mu mizi, pakucheweska wo wapingiya ma boza kwanyawo kuti waleki. Nchisambizgo ku ahurwa ndi asungwana kuti boza ndiheni, uziwa kusele nalo mu masuzgo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Nthanthi 6:19.** Kaboni mutesi mweniyo watuzga mautesi, ndi munthu mweniyo wakhuwizga zindeu pakati pa wabali.
- (2) **Yesaya 28:15.** Pakuti mwakamba kuti, "Tachita phanganu ndi nyifwa, ndi muunda tazomerezgana; asani likhwechu likuru likapo kuti likazanga kwaku ifwe cha, pakuti maboza ndigho tato ku a chakudingang'amo chidu, ndipo mu utesi tabisama."

- (3) *Yesaya 28:17b*. "Vuwa ya matalala yikapeyanga mphanji ya maboza, maji ghakaburumutizganga malo ghakubisamapo."
- (4) *Machitidu gha Wakutumika 5:3*. Kweni Petro wanguti, "Hananiya, chifukwa chine Satana wazaza mtima wako kuti upusike iwe Mzimu Wakupaturika ndi kuti ujibisiye cha ku mtengu wa charu cho?"

6. Changa epa wamko ku mchira wataya

Konkhosko lake: Kanyama ka *Changa* kukako ku mchira kafyolopoka ndi kuthawa yil!

Tandauzo lake: Viripu vinthu vinyake vyo asani taleka kuphwele umampha vimala luwi, ndipo tisiyana navyo luwi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga tawanthu kuti tileki kumizi-liya chinthu cho chiswela cha kumara. Nge nchakweluzgiyapo, munthu watenele kusankha nchitu yo yimutoliyenge vyaka vinande. Chingana mphakusankha maluso, tisankhe ngo nga chanduku. Tisankhe mwazelu. *Apharazgi* achenjezga wanthu kuti atenele kupenja Chiuta po weche kusanilika.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 6:19-20*. "Mungajiwikiya mbiku panupasi cha, penipo nyenji ndi murozu vitananga, ndi penipo wankhungu wabukutuwa ndipo watuba. Kweni mujiwikiye mbiku kuchanya, kweniko nyenji chingana ndi murozu kuti vitananga cha, kweniko wankhungu kuti wabukutuwa chingana nkhuba cha."
- (2) *Marko 14:11*. Ndipo wachivwa wangukondwere, ndipo wangupangana kumpaska ndarama. Ndipo wapenjanga mo wampachiriyenge pa nyengo yakwenere.

7. Chanju chambura mphaka

Konkhosko lake: A Tonga pakukamba mazu agha anena kwanjana ko kutenele kuwapo pakati pa murumi ndi muoli wake, pamwenga chanju chapakati pa mabwezi.

Tandauzo lake: Munthu yo wendi chanju chikuru pa muwoli, pamwenga pa murumi wake. Chanju cho chibatika wawi kuwa pamoza, kuliwavu ndi ku Mzimu viyo. Chanju chambura kuperewele.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndi *thokozu*, pamwenga chiwongo, ku wanthu wo nthengwa yawo ye pachimango. Wanthu awona

kachitiru kawo, ndi kayendedu kawu, ndipu asaniya kuti wo wāwī mbakwanjana kwakufikapo, palivi kakuwapatuwa, kweni nyifwa pe ndiyo yingapatuskana. *Akutaula* mazu ghaku Chiuta akamba nthanthi iyi pakukwatiska nthengwa, kuchiska wo atorana kuti akayanjanenge nyengo yose ya umoyo wawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 15:4-7.** Wanguti, Munthu njani mwaku imwe, yo we nazo mberere machumi pe chumi, ndi wataya yimoza yaku zo, wareka kusiya machumi ghankhonde ndi ghanayi pachanya nkhonde ndi zinayi kubozwa ndi kuruta pavuli pa yakutayika yo, mpaka wangayibowozga? Ndipo wachiyibowozga, wayiwika pa maphewa ghake, wakukondwere. Ndipo wati waza kwake, wawadaniya pamoza wabali wake ndi wanase, wakuwanene, Kondwereni pamoza nane, pakuti ndabowozga mberere yangu yakutayika yo.' Ndikuneniyani, kuti viyo ndimo kuwiyenge chimwemwe kuchanya pa mlakwi yumoza wakung'anamuka, kwakuruska pa warunji machumi ghankhonde ndi ghanayi pachanya wankhonde ndi wanayi, weniwo walivi msyowu wa chipe.
- (2) **Yohane 3:16.** Pakuti Chiuta wangwanja viyo charu, viyo wangupaska Mwana wake wakuwayija, alinga kuti yose wakuvwana mwaku iyo wareke kutayika, kweni waŵe ndi umoyo wamuyaya.
- (3) **1 WaKorinte 13:7.** Chanju Chikandirizga vyose, chivwana vyose, chigomekezga vyose, chikunthiyapo vyose.

8. Charu mbanthu (Charu mbanthu mahara nchiyuni)

Konkhosko lake: Charu chinganozga cha kwambura wanthu.

Tandauzo lake: Munthu watenele kuphwele umoyo wake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ala, pakucheweska *Ahurwa* ndi *Asungwana* kuphwele umoyo wawu; chifukwa wana ndiviharo vya mugonezi wo utuza. Nyengo zinyaki nthanthi iyi yikambika muzinyifwa, nge nkhuiliya asani mwana wafwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marko 8:36.** Chifukwa kumovyengenji munthu kwanduwa charu chose, ndi kutayapo umoyo wake?
- (2) **Yohane 1:10.** Wenga mu charu, Charu chingwatika ndi iyo, kweni charu chengavi kumziwa.

- (3) **Yohane 17:14.** Ine ndaŵapaska mazu ghinu; ndipo charu cho chaŵatinkha, pakuti kuti mba charu cha, nge ndimo ine ndiriri wa charu cha.

9. Chifukwa chawezi waku Chiuta nyumba yazungula

Konkhosko lake: A Tonga avwana kuti vinthu vyose vyamampha vipaskika kumunthu, chifukwa cha wezi ndi lisungu laku Chiuta.

Tandauzo lake: Chiuta wapaska vyawanangwa ku mbumba yake chifukwa cha wezi ndi lisungu lake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndi thokozu, kumuwonga Chiuta chifukwa chakupereka vyamampha kuŵanthu ŵake, nge vyakurya, vuwa ndi vinyake vyaviyo. *Apharazgi* a mazu ghaku Chiuta achiska ŵanthu ndi nthanthi yeniyi kuwonga wezi ndi lisungu laku Chiuta vyo watitichitiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yona 4:2.** Ndipo wanguromba ku Ambuya, ndi wanguti, "Ndimurombani, Ambuya, ndatinge uku ndiko kunguŵa kukamba kwangu, penipo ndenga ndeche mu charu changu? Pa chifukwa cho ndinguthaŵiya ku Tarshishi; chifukwa ndinguziŵa kuti ndimwe Chiuta walisungu, ndi wawezi, wachizita kukalipa, ndipo wakuzala chanju, ndi wakugowoke uheni.
- (2) **1 Mikoka 4:10.** Ndipo Yabezi wadananga kwaku Chiuta waku Yisraele kuti, "Munditumbike ndi kukuzga charu changu, ndi kuti janja linu liŵenge nani, mundisunge ku uheni, mwakuti ureke kundipweteka," ndipo Chiuta wangu-mupaska cho wanguromba.
- (3) **Sumu 132:15.** Ndikamusambasiskanga mwaku vyose vyo wakavuka; ndigutiskenge usauchi wake ndi vyakurgha.
- (4) **Yoele 2:13b.** Ng'anamukiyani ku Ambuya Chiuta winu, chifukwa ngwamampha ndi walisungu, wambura kukalipa ruŵi, ndi wakuzara chanju chikuru, ndi wakugowoke uheni.

10. Chigawo nkhumupozwa

Konkhosko lake: ŵala-ŵala ŵatenele kuphwere *amupupuka* mumizi yawo; mwa-kuti ŵana ŵasambizgikenge malusu ghakupambana-pambana vyo vingaziŵa kuwovya kunthazi. Kweni kuŵajowo ŵaka cha, pamwenga kuŵanyoza cha, chifukwa mugoneze wo utuza ngwawu. Nawo ŵamusambizga so ŵana ŵawo. A

Tonga, asani kwe mleli wachakurya kunthazi, atachileleska ko kwe mupozwa kutipitiya kwake.

Tandauzo lake: wana nchiharo, ndiwo tigomezga kuti azamupanga fuku lakunthazi asani mugonezi wa wala wamara.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala wa zeru, viwi-viwi munyengo za maliro asani muhurwa pamwenga musungwana wafwa. Ndinthowa yimoza yaku liliya. Nyengo zinyake ndimazgu ghaku cheweska wo atinkha ndi kuchenya wana wawo ndi mathembo. Chenjezgo ku wana nda kuti aleki kurondo maluso ghaheni gho ghaziwa kuwadaniya nyifwa luwi. Viwi-viwi kujikanizga kuchita uzaghale/ulewi wenga andatorane nthengwa. Chifukwa mazuwa ghano kwe nthenda yiheni ya *Kaondeonde* (HIV/AIDS), yo yamala *asungwana* ndi *anyamana*. Sonu charu chiharengi yani asani wa mupupuka amara?

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marangu 6:6-7.** Mazu yagha ndikulanguliyani zuwa ili ghaje mu mitima yinu. Mughasambizgenge ku wana winu kwalwana; ndipo mughakambenge muchija mu nyumba zinu, ndi penipo mutenda mu nthowa, ndi penipo mugona pasi, ndi penipo muyuka.
- (2) **Sumu 78:5-7.** Angupereka malangulu ku wanthu waku Yisrael, ndi marangu ku mphapu yaku Yakobe. Angupereka virunguchizgu ku auskefwe kusambizga malangulu ghawo ku wana wawo, alinga kuti mgonezi wo utuza uvisambirenge, ndi kuti pavuli pake wakambiyenge wana wawo. Mu chifukwa ichi iwo nawo wakawikanga chigomekezezu chawo mwaku Chiuta, nyengo zose kuvwiya marangu ghake.
- (3) **Luka 18:16.** Kweni Yesu wanguwadaniya kwake, wakuti, "Tuzomerezgeni twana kuza kwaku ine, ndi mungatukanizganga cha; chifukwa ngwa twaviyo ufumu waku Chiuta."

11. Chikumbu chimoza kuti chituswa nyinda cha

Konkhosko lake: Po pe suzgu ukhumba munyako kuti wakovye, wijawija cha. Tingayeruzgiyapo kuti nkhunonono ukongwa 'chikumbu chimoza kuswa sabwi/nyinda.' Kulivi munthu wangaja yijayija pade, nge nchirwa mnyanja.

Tandauzo lake: Mu umoza mwe nthazi. Ta wanthu tijaliyana yumoza ndi munyake. Wala-wala atiti, *kekija nkha nyama, wawi mbanthu*.

Kuzirwa kwa nthanthi iyi: Wala-wala watiti nthanthi yenye yisambizga wanthu

kuzirwa kwa umoza mu nyumba zidu pamwenga mu mizi yidu. Mafumu ndi warongozgi wa zindale wakambiya wanthu umampha wakukolijanako mu mizi ndi mu charu chawo, mwakuti muwengi chimangu pe.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani 2 WaKaronga 17:2; ndi Yesaya 7-8; 36-39.* Mu mbiri pamwenga mkoka wa wana wa Yisraele mu muusu wa Fumu Davidi ndi mwana waki Solomononi vinthu vyose vyenga umampha. Mwenga uromba unande ndi chimango chakuzala. Chenga chinonono kuti warwani wasele mu charu échawo. Kweni charu chati chagawikana, wati wafwa Fumu Solomononi mu chaka cha 721 BC. Charu chaku nkhone cha Yisrael chingutoreka ndi Asuri, warwani wawo. Mu chaka cha 585 BC Juda nayo wangutoreka ndi Babulo, chifukwa chakuti wana wa Yisrael wangutayana, wenga pamoza cha.
- (2) *Yohane 17:21-25.* Yesu warombe asambizi wake kuti wawe amoza.
- (3) *1 WaKorinte 12:12-31.* Umoza wa Ekleziya wenge viwalo vya liwavu vyo vichitiya pamoza kuti umoyo wa munthu ufwashe. "Chifukwa uli ndimo liwavu ndimoza, ndipo lenavyo viwaru vinande. Kweni vyose viwaru vyo vya liwavu, nanga vinandi, vye liwavu limoza; viyo so ndi Kristu nayo....."

12. Chingana nyoko wawi ndi nyivu ndi nyoko mbwenu

Konkhosko lake: Asani apapi akota ndipu nyivu zame, kanande mbakunyozeke utinge alivi so nchitu mcharu. Nchakuzirwa mwa wana kwanja apapi wino chingana angakota nyivu tuul!

Tandauzo lake: Nchamampha cha kunyoza anyoko, chifukwa chakuti mbakukota pamwenga mbakavu. Apapi mbapapi mbwenu.

Kuzirwa kwa nthanthi iyi: Wala-wala wakamba nthanthi yeniyi nge nkhuhenjezga ahurwa ndi asungwana kuti angayuyuwanga pamwenga kunyoza mupapi cha. Mupapi ndi mupapi mbwenu. Nyengo zonse mpapi watenele kupaskika ulemu wa pade.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 10:1.* Mwana wazeru wakondwereska awiske, kweni mwana wakupusa nchitima ku anyina."
- (2) *Nthanthi 23:22.* Tegherezga ku usu mweniyo wangukupapa, ndipo reka kunyoza nyoko penipo wakota.

- (3) *Nthanthi 30:17*. Jiso lenilo liyeya awiske ndi kutukana kuvwiya anyina, lika-tondorekanga ndi wachaholi wamu dambo ndi kurghika ndi makuwi.

13. Chinjeru chendi ndamwene

Konkhosko lake: Munthu yo ngwakujikuzga wakhumba kuvwa cha vyo atimune-nene anyake, mazu ghachenjezgo.

Tandauzo lake: Nkhujidaniya urwane asane munthu waleka kuvwa chenjezgo la anyake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenya munthu wambura kuvwiya chenjezgo, pamwenga chichinyiwa chaŵanyake, asani waŵa musuzgu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yenyi:

- (1) *Nthanthi 1:7*. Kopa Ambuya ndiku kwamba kwa zeru; wakupusa wayeya chinjeru ndi visambizgu.
- (2) *Nthanthi 11:2*. Asani patuza kujikuzga pavuli patuza chilengesku; kweni pamoza ndi wakujiyuyuwu ndi zeru.
- (3) *Nthanthi 29:20*. Utumuwona munthu mweniyo ngwafulumila mu mazu ghake? Ungamugomezga mubereŵeza kwakuruska iyo.

14. Chinthu cho utanja ndicho chitikupata

Konkhosko lake: Viripu vinthu vinyake vyo ŵanthu atanja, kweni vitiŵananga so umoyo wawo. Nyengo zinyake abali wo utanja, pamwenga ma bwezi, ndiwo so atuŵa arwani ku umoyo wako.

Tandauzo lake: Munthu yo utanja ukongwa ndiyo waziŵa so kukugongoweska umoyo wako; pamwenga ndiyo waziŵa kuŵa murwani wako.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakusambizga *asungwana* ndi *ahurwa* kuti achenjengi, vinu angasere mu maluso ghaheni, ghenigho asani aghayamba ghajaliliyenge mu umoyo wawo. Ghawoneka nge ngamampha, kweni kunthazi ghaziŵa kunanga umoyo wawo. Chakweruzgiyapo ndi *moŵa*. Ŵanthu anande atanja kumwa moŵa wakupambanapambana, kweni anande so akuwo, utiŵananga umoyo wawo: atachiŵa akavu, anyake andeu, anyake akuba, anyake akutomboroka, anyake ambura zeru ndi kumaliya kukufuntha. Chingana ndi vyakurya vinyake vyo ŵanthu aturya, anyake viŵawuwa liŵavu lawo, anyake vitiŵapaska nthenda zinyake. Foja wananga mapapu gha munthu.

Nyengo zinyake nthanthi iyi yicheŵeska ŵanthu kuti achenjengi ndiwo atanjana nawo ukongwa chifukwa kunthazi aziŵa kuŵa arwani ku umoyo wawo. Nchamampha kusankha chinthu cho kuti chinanga umoyo wako cha. *Akutaula* akamba nthanthi iyi pakuchiska ŵanthu kwanja Yesu, yo wataska ku masuzgu ghose. Acheŵeska ŵanthu wo atanja maluso ghaheni gho ghangaziŵa kunanga umoyo wawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Hoseya 11:1-2*. Po Yisraele wenga mwana ndingumwanja, ndipo ndingumudana mwana wangu kutuwa mu Egipiti. Mo ndinguŵadaniya, ndimu so wangutuwiya kwaku ine; wangurutiriya kupereka sembe ku ŵaBala, ndi kuŵawoche vyakununkhira ŵangoza.
- (2) *Yeremiya 12:6*. Pakuti chingana mbana ŵanyinu ndi mphapu ya auskemwe iwo nawo ŵachita namwe kwakupusika, ŵaliya, kwakufikapo kuliriya imwe; mungavwananga nawo cha, chingana ŵangarongoro namwe mazu ghakunozga.
- (3) *Werengani Luka 22:54-62*. Yesu wangumwanja ukongwa Petro, kweni pavuli ndiyo so wangumukana katatu: "Kweni Petro wanguti, 'Wamunthu, kuti ndiziŵa cha chenicho ukamba.' Ndipo sosonu kweni wachirongoro iyo, tambala wangukokoŵereka. Ndipo wangung'anamuka Mbuya, wangulereska Petro. Ndipo Petro wangukumbuka nenedu la Ambuya, mo ŵangumunene, 'Weche wandakokoŵereke tambala, undikanenge katatu.'"

15. Chipepe cheku nyika: ndi wondwe²

Konkhosko lake: Mazu agha ghenga ghakujuriya rombo muvisopo vya ausekurufwi mwaka pakuromba kuti Chiuta, *Mlenga-vuwa*, waŵapaske. Mazu ghakuti nyika ghang'anamuwa mapire pamwenga *mitunthu*. Munyengo zake mapire ghavwalira luwondwe kurongo kuti vuwa yekupupi.

Tandauzo lake: Kuchanya kuwoneka vuwa yinande: chifuku chepafupi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika chifukwa nacho che pafupi pa rombo lakurombe vuwa munyengo za chilala. Asani vuwa ye pafupi kuza ŵanthu asangaruka pamoza ndi nyama viyo kuti charu chiŵe ndi maji.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Jobu 5:10*. Wang'iska vuwa pa charu, ndi watuma maji pa minda.

² A.G. McAlpine, *Tonga Religious Beliefs and Customs*, p. 383.

- (2) *Sumu 104:10*. Mubwibwituska maji mu madambo, ghatenda mukati mu mitunthu.
- (3) *Yesaya 55:10*. Pakuti mo vuwa ndi chiuyi viziya pasi kutuwa kuchaya, ndipo kuti viwere so kuwa cha kweni vizumbwiska charu chapasi, kuti chituzge-nge ndi kumezga, kupaska mbeu ku wakumija ndi kurgu ku wakurgu.

16. Chisausau che kuchanya

Konkhosko lake: Chithuzithuzi chochituza mu mitu yidu, pa nthanthi iyi, chilo-ngo nge maluzi ghatari, pamwenga vimasale vyo vime pachiziwi. Asani vuwa yaza vikukurwa ndimweza kuruta munyanja.

Tandauzo lake: Kuwunjikana kwa mitambo kuchanya, kurongo kuti vuwa yagona kuchanya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi mazu ghakundanga gha rombo. Mwaka ausekurufwi achirombe vuwa ayambanga rombo lawo ndi mazu ghe-nagha kuti Chiuta waŵapaske vuwa munyengo za chilala. *Akutaula (apharazgi)* a mazu ghaku Chiuta, achiska ŵanthu munyengo zo vuwa yakalala kuromba kuti Chiuta, *Mlenga-vuwa*, watipaske.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani 1 WaKaronga 18:41-45*. Tisambira kuti mchimi Eliya pa phiri Karmele wanguromba kwaku Chiuta kuti wapereke vuwa kuŵanthu po vuwa yinguleka kuwa. Nyengo yati yakapo yimanavi waka ka mtambo kangwamba pa nyanja ko kanguza ndi vuwa yikuru, ndipo pa nyengo ya chinkhonde ndi chiwi, wanguti, "Ehe, kamtambo kadokudoku nge ndi janja la munthu kakwera kutuwa mu nyanja." Sono wanguti, "Ruta kwera, kamunene Ahabu, Rongoso gareta lako ndipo rutanga usikenge, vinu vuwa yingakumika."
- (2) *2 Mikoka 7:13-14*. Asani ndijara, machanya kureka kung'iska vuwa, pamwenga asani ndalanguliya zombi kurgu vyamu charu, pamwenga ndituma nthenda mukati mu ŵanthu ŵangu. Ndipo asani ŵanthu ŵangu wo ŵadanika ndi zina langu ŵatijiyyuwa, ŵaromba ndi ŵapenja chisku changu, ŵaweko ku nthowa zawo ziheni, po ndipo ndikavwanga kuchanya ndi kuwagoŵoke uheni wawo, ndi kuchizga charu chawo.

17. Chiuta wakuchanya

Konkhosko lake: A Tonga endi chigomezgo chakuti palivi munthu yo waku-

wona Chiuta; pa chifukwa ichi palivi chinthu cho tingayeruzgiyapo Chiuta, nanga ndi mazu pe ghasoŵa ghakweruzgiyapo Chiuta.

Tandauzo lake: Chiuta kuti wawoneka ndi maso cha, ndi Karonga wa Waka-ronga.

Kuzirwa kwa nthanthi iyi: Akutaula mazu ghaku Chiuta akamba nthanthi iyi kurongo kuti musumba waku Chiuta wekuchanya; kweni so Chiuta ndiyo *Mle-nga-charu, Kajati*, kwaku Iyo marumbu ghatenele kuperekeka. Kulivi munthu yo wakuwona Chiuta wa muyaya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 19:1.* Machanya ghakonkhoma unkhankhu waku Chiuta; mtambo urongo nchitu za manja ghake.
- (2) *Yesaya 40:25.* Na sono muniyaniskenge ndi yani, kuti ndikozgani nayo? watiti Mtuŵa yumoza yo.
- (3) *Yeremiya 23:24.* Kumbi munthu wangajibisa mu malo ghakubisika kuti ine nditondeke kumuwona? atiti Ambuya. Asi ine ndizaza kuchanya ndi charu chapasi? Atiti Ambuya.

18. Chiuta wamto

Konkhosko lake: Fundu yikuru njakuti, nyifwa yituwa kwaku Chiuta, mwakuti yo wafwa wakawi pamoza ndi Ambuya. (Kweni anyake atiti nyifwa yituwa kwaku Satana).

Tandauzo lake: Munthu umoyo wake uturiya kwaku Chiuta. Mu chifukwa ichi, nyifwa ndi mdano waku Chiuta yo wasunga mizimu ya wakufwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika panyengo ya maliro, nge nkhuukhwimiska wo mbakuyowa, kuti mnyidu yo wafwa ndi mwana waku Chiuta, waruta ku Awiske wo amuto. Ndipo ndiwo amusunga umoyo wake. *Apharazgi* akamba kuti "Chiuta, Mlengi, watore kwaki umoyo wa mwana waki."

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marangu 34:5-6.* Viyo Mosese mteŵeti wa Ambuya, wangufwiya penipa mu charu chaku Moabu, kwakuyana ndi mazu gha Ambuya, ndipo wangumu-wika mu dambo mu charu chaku Moabu kuthyana ndi Betepeari, Kweni palivi munthu yo waziŵa malo gho wakuwikikapo mpaka zuŵa lino.

(2) **Sumu 27:10.** Ada ndi ama wāndisiya, kweni Ambuya anditonge.

(3) **Sumu 49:15.** Kweni Chiuta wawombonge mzimu wangu ku muunda chifu-kwa ndiyo wakandilondiyanga.

19. Chiuta, 'Mlimiliya' ndi 'Mlera-wana'

Konkhosko lake: Agha ndi mazina ghanyake ghaku Chiuta mu Chitonga, gho gharongo nkharu yaki.

Tandauzo lake: Chiuta ndi *M'paski* ndi *M'sungi* wa umoyo, ndipo ndiyo wape-reka vuna yose yamampha mu munda.

Kuzirwa kwa nthanthi iyi: Akutaula akamba nthanthi iyi pakuwonga Chiuta pa vyawezi vyo wapereka ku wanthu, nge ndi vuwa, vuna ndi vyose vyakovya umo-yu wa wanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 1:29.** Ndipo Chiuta wanguti, "Awonani ndakupaskani mbeu yose yakupasa chipasi yo yepa charu chose chapasi, ndi muti we wose wakuwa ndi nje mu chipasi chake vikaŵanga kurgha kwinu.
- (2) **Sumu 104:14.** Mumezge ng'ombe uteka ndi mbutu kuti munthu wazi-phwere, viyo wāronde vyakurgha mu charu.
- (3) **Sumu 136:25.** Ngwakupaska kurgha ku wanthu ndi nyama yose chifukwa nchamuyaya chifundu chake.

20. Chiwele vuli chingubaya Tungwa

Konkhosko lake: Pa Chitonga pe nthanu yeniyi yititi *Tungwa* wanguwere vuli wati wasoka kali ulendo wake kwa chiwona mbumba yake. Pavuli pake wangu-pima kuwele so vuli, penipo wangukumana ndi *Nyalubwe* ndipo wangumurgha.

Tandauzo lake: Nchamampha cha kuswa cho wapangana, pamwenga kuswa fundo yo wakhogza.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wanthu kuti nchamampha cha kuthawiriya pakukhozga kanthu, pamwenga pakukhozga fundu. *Apharazgi* acheweska wanthu kuti aleki kuwele vuli asani ang'anamuka mtima

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 19:17.** Ndipo wanguti wawatuzga, wanguti, "Thawani, pozomo-skani umoyo winu; mungalereskanga kuvuli cha chingana nkhumu kose mu dambo mo; thawiyani mu mapiri, vinu mungafwa"

21. Chiyuni-songang'a

Konkhosko lake: A Tonga endi nthanu yakuti, *Fumbanani mungabayana waka*,³ yisambizga kuti befu ndamampha cha pa muzi kwambura kuja kaulukaunkhaka kuti muteske danga tunthu. *Chiyuni-songanya* chingukhuwizga wanthu a mizi yiwi kuti abayane, chifukwa cha chisime. Sonu pavuli ati abayana chinguja pa muti ndikunena kuti, "Fumbanane mungabayana waka chifukwa ine ndini ndakhuwizga."

Tandauzo lake: Munthu yo wapereka fuzi kuti anthu apindikani pa muzi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenya munthu yo ndimwenda-nato (waboza) ndi wakutinkhiskana anyake. Nyengo zinyake yikambika pakucheweska munthu kuti waleki kwenda ndi munthu yo ngwamtimba-kuwi (wa mitima yiwi), waboza, ndi wachinyengo. *Akutaula* mazu ghaku Chiuta ache-nejzga wanthu kuti angayendanga cha ndi wanthu aheni ndi amaboza.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) *Sumu 1:1.* Wakutumbikika ndi munthu yo kuti watenda mu fundu ya waheni cha, ndi mu nthowa ya wakunanga kuti watuma cha, nanga ndi mukuteka kwa wakuyeya kuti wajamo cha.
- (2) *Nthanthi 29:22.* Munthu wachikwiya wayuska ndeu, ndipo munthu wa chikalalizga wachitiska utimbanizi unandi.
- (3) *Werengani Machitidu gha Wakutumika 19:21-34.* Apa tisambira mo munthu waku Efeso, zina lake Demetrio wangukhuwizgiya mzinda wa wanthu mu msumba uwa.

22. Chizimbu chakubisamamo

Konkhosko lake: "Chizimbu" ndinyumba ya kayuni. A Tonga achiti *chizimbu*, akamba nyumba yakugonamo, chingana yiwe yambura malata ndi nyumba mbwenu. Ndi mazu ghaku kuluwika.

Tandauzo lake: Nyumba yakugonamo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi, yikambika nge ndi viwongo kumunthu yo wajizenge nyumba yakujamo, kuruska kupempheska malo kuwanthu. Kuwa ndi nyumba utaskika kuvinandi. *Akutaula* achiska wanthu kuzomera Chiuta kuti chiwe chakubisamamo chawo munyengo yasuzgu.

³ Mcapu wa Chitonga, p. 22.



Nthanthi 21:

Chiyuni - Songang'a

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Luka 9:58.** Ndipo Yesu wanguti kwake, "Akambwe we nazo mphanji, ndipo tuyuni twa kuchanya vivimbu; kweni Mwana wa munthu walive pakusamira mutu."
- (2) **Sumu 84:3.** Nanga mbakawizuwizu watijizenge nyumba, wakaweruweru nawo vivimbu vyawo; wasunga twana twawo pa majochero ghinu, Ambuya wa mawanja, karonga wangu ndi Chiuta wangu.
- (2) **Nthanthi 27:8.** Mwenimo kalandiya kayuni kutuwa ku chizimbu chake ndimu wachitiya munthu mweniyo walanda ku nyumba yake.

23. Cho chingukwezga Pusi, chingukwezga Munkhwere

Konkhosko lake: Kukondwere pa suzgu ya munyako nkhuheni.

Tandauzo lake: Kuseka munyako yo we pasuzgu nchamampha cha, chifukwa mawa suzgu yaviyo yazamukuwa paku iwe.

Kuzirwa kwa nthanthi iyi: Sambizgo la nthanthi iyi njakuti titenele kuchitiya lisungu muniyidu yo we pasuzgu. Kaya mbanyidu wotisambira nawo sukulu, pamwenga kugwira nchito pamoza, tireke kuwaseka asani suzgu yawazinga, kweni tiwawovyi.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Jobu 19:21.** Muwe nane ndi lisungu O, imwe mwa wabwezi wangu, chifukwa janja laku Chiuta landikwaska!
- (2) **Sumu 35:19.** Kuti wakondwa paku ine cha, wo mbamawongo wangu kwam-bura kafukwa, wareke kuphaniya jiso wakunditinkha kwawaka.
- (3) **Nthanthi 24:17-18.** Ungakondweriyanga asani wakupindikana wako watuwa ndipo mtima wako ungasekeriyanga wachiguwa; vinu Ambuya angawonako ndi angakalipa, ndi kutuzgako kwaku iyo ukari wawo.

24. Cho chituza chitumba ng'oma cha

Konkhosko lake: Viripu vinthu vinyaki vyo vititiziya mumabuchi-buchi, yipu titenele kuja akunozgeka-nozgeka.

Tandauzo lake: Chinthu cho ncha paluwi chitenele kuchitika luwi-luwi.

Kuzirwa kwa nthanthi iyi: nthanthi yeniyi yicheweska (kusambizga) munthu

kugwira nchitu luwi yo wapaskika. Nchakuzirwa kusunga nchito yako kuti vinu munyako wangakuronda. Ndipo so asani nchitu zakupanikizga zinande uchita umapha cha. Yo ndi *mlinda-nyumba* wagona cha kopa kuti vinu mweneko nyumba wangamsaniya we mtulu, pamwenga akuba angasere kuyola vinthu. *Apharazgi* achiska a Khristu kujikhozga ndikuwa maso. Yesu watuza.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 102:7*. Ndicherezga wambura tulo, ndawa nge nkhayuni kakuwa kija pa bagha pachanya.
- (2) *Habakuku 2:1*. Ndimenge pa ulinda wangu kulonda, ndijenge pa chitanthali, ndi kukhazga kuti ndiwone cho wandikambiyenge, ndi cho ndimukenge pa madinginiku ghangu.
- (3) *Mateyu 26:41*. "Khazgani, ndi rombani, alinga mureke kusere mu kesedu, mzimu nadi ngwakukhumba kuromba, kweni liwavu ndakutomboroka."
- (4) *Marko 13:35-36*. Khazgani viyo: chifukwa kuti muziwa cha po mwene-nyumba wakazianga, manyi nkhu mazuro, manyi ndi usiku pakati, pamwenga pa tambala wakokoreka, pamwenga ku mlenji.
- (5) *1 Petro 4:7*. Kweni umari waku vyose wawandika: viyo muwe wavinjeru, ndipo ninizikiyani ku marombu.

25. Cho chiwenge pano nchakutose

Konkhosko lake: Munthu watenele kuseka munyake cha asani ghamuwiya masuzgu. Titenene kovyana, pakutuzgapo suzgu yo munyidu yamuwiya pamuzi. Ndi *nthanu* yo akamba pa Chitonga.⁴ Po mbewa zenga musuzgu zingufumba chovyö kunyama zinyawo. Kweni nyama zinyawo zingukana kovya. Pavuli pake nazo zingubayika po fumu yati yafwa mu muzi ndi urwirwi wa njoka. Nge nkharuso pa nyifwa *nyoli*, *mbuzi*, *ng'ombe* ndi vinyake vya viyo, vibayika nge ndi dendi pa nyifwa. Pakuthawa mbewa zatinge; *chochiwenge pano nchakutose*.

Tandauzo lake: 'Cho chawona munyako charutapo mawa chazamuwona iwe,' mwaviyo titenene kusekana cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga kuzirwa kwakovyana; pakuchitiya vinthu pamoza, mwa masanga. Kweni so ndichenjezgo kwakuyo wachita uheni pamuzi, chifukwa uheni waviyo uziwa kukwaska pa muzi, wo mbarunji. Mwakweruzgiyapo, wala atiti, asani munthu wachita *chigololo* pa muzi chilangu

⁴ Filemon K. Chirwa, *Nthanu za Chitonga*, pp. 54-57.

cho chituza chiziwa kukwaska wose pa muzi, kaya ndi zinyifwa, *mdulu*, ndivyose vya viyo.

Mazu ghaku Chiuta gho ghakhozgia Nthantha yeniyi:

- (1) **Yoswa 7:25.** Yoswa wanguti, "Chifukwa nchine ungutitore suzgu ifwe? Ambuya atore suzgu paku iwe zuwa lino." Ndipo waYisraele wose wanguwadina ndi mya ndi kuwawocha moto.
- (2) **Yona 1:7-8.** Ndipo wanguti yose ku munyake, "Zaninge, ndi tichite mphe-nduzga, mwakuti tiziwe chifukwa nchakuyani uheni uwu watiwiya." Viyo wanguchita mayera, ndipo mayera ghanguwa paku Yona. Viyo wanguti kwa-ku iyo, "Tinene chifukwa nchakuyani uheni uwu watiwiya ifwe? Kumbi mli-mu wako ngune? Ndipo waturiya nunkhu? Charu chako ndi ninchi? Ndipo ndiwe waku wanthu naŵa?"
- (3) **Mateyu 25:45.** Sono waŵamukenge, wakuti, 'Ndikuneneskiyani, mwakuti mwengavi kuchitiya yumoza waku wo wamanako kwakuruska, kuti mungu-chitiya ine cha.'

26. Cho utanja ndicho chipunduwa (Wonaniso nthanthi no. 14)

Konkhosko lake: Munthu watenele cha kunanga umoyo wake ndi malusu gho ghananga umoyo wamunthu.

Tandauzo lake: Kulutirizga luso lo utanja nchamampha cha asani mwe urwani.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yitcheŵeska munthu mweniyo watanja chinthu cho chiziwa kunanga umoyo wake asani warutizga mwesu waki. Tinga-yeruzgiya nge munthu yo watumwa mowa mwa ulowevu, pamwenga kukweŵa foja mwa uchidolo, ndi malusu ghanyake ghaviyo. *Apharazgi* achenjezga ŵanthu kuti asiye maluso ghahene gho atanja.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Nthanthi 31:3.** Ungapaskanga nthazi yako ku wanthukazi cha, nthowa zako kwaku ŵeniwo ŵabaya ŵakaronga.
- (2) **Yohane 5:14.** Pavuli Yesu wangumsaniya mu kasopi, ndipo wangumnene, "Awona, wachizgika: ungalakwanga so cha, vinu chinthu chiheniku chingakuwiya."

27. Chuma chiwe cha pa nyifwa, kweni pa umoyo pe

Konkhosko lake: nthanthi iyi yirongo mwambu wanthengwa za Chitonga. *Wala*

atiti, anyake mwaka a Tonga, enga ndiviyuma chifukwa chakwenda mu maulendo. Asani muoli wawo wafwa aperekanga ndarama, zo adananga *chisoka/mtupa*. Nyengo zinyake munthurumi waperekanga charu chakulimapo, pamwenga kuzengapo muzi.

Tandauzo lake: Chilowola chiwele ku munthurumi cha, pamwenga ku abali wake cha, asani muoli wake wafwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yipong'eka panyifwa ndi *wala-wala*. Viwi-viwi, asani munthu muwoli waki, pamwenga murumi wake wafwa. Kupe-reka ndarama (*mtupa/chisoka*) kutuwapo asani munthukazi wafwa, nkhoswe zifumba ndarama za *pamtupa* enga andaŵike thupi. Asani zaperekeka cha, nyifwa yiziŵa kuswela kuŵikika, pamwenga kutuzga.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 23:4.* "Ine nde mlendo ndi muyinga mukati mwinu; ndipaskenipo malo mukati mwinu kuŵa malo gha masanu, kuti ndiŵikepo wakufwa wangu kutuzgako ku maso kwangu."

28. Garu yiruma mbuyake

Konkhosko lake: Asani garu yendi nja yiruma mbuyake asani wayiyamba.

Tandauzo lake: Munthu watenele kujiphwele paku chita tunthu. Kulivi kuti ichi ndachiziŵiliya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga ŵanthu kuphwele umoyo wawo. Nchamapha cha kujikuzga mwakuvyo tichita chifukwa urwani tiziŵa cha po ubisama.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Hoseya 11:1-2.* Po Yisraele wenga mwana ndingumwanja, ndipo ndingumudana mwana wangu kutuwa mu Egipiti. Mo ndinguwadaniya, ndimu so ŵangutuwiyako kwaku ine; ŵangurutiriya kupereka sembe ku waBala, ndi kuŵawoche vyakunukhira ŵangoza.
- (2) *Nthanthi 3:34.* Ku wakuyeya, iyo ngwakuyeya, kweni ku wakujiyuyuwa walongo mwaŵi.
- (3) *1 Petro 5:5.* Mwaŵamanako, kwakulingana, therani ku ŵara. Ndipo mose ku ŵanyinu mujichinyiriye ndi kujiyuyuwa mtima, pakuti "Chiuta wamikana ndi ŵakujanja, kweni wapaska wezi ku ŵakujiyuyuwa."

29. Ine nde munthukazi ndi munthurumi

Konkhosko lake: Pa Chitonga munthu yo wakamba viyo ndimweniyo wamiya anyake, ndikujovya so yija.

Tandauzo lake: Ine ndija ndiziwa kuma m'malo gha munthukazi ndipuso gha munthurumi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yipong'eka pa mphara ya mlandu, po ateruzga makani ghakukwaska nthengwa. Sonu yo wendi mazaza pa munthurumi ndi munthukazi wakamba mazu agha, nge nkhumomereza cheruzgu cho chiripu, mu malo mwakuwose wawu. Nyengo zinyake nthanthi iyi yikambika kurongo kuti munthu yumoza waziwa kuchita nchitu zachinthurumi ndi zachinthukazi, mwakuti wajovye yija. Viwi-viwi, yo walivi wakumovya munyake.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 1:12.* Kweni wose wo wangumronde wakuvwaniya mu zina lake wanguwapaska mtufu wakwachiwiya wana waku Chiuta.
- (2) *WaHebere 9:15.* Ndipo pa chifukwa chenichi ndiyo mwendapakati wa chipanganu chifya, viyo kuti yati yawapo nyifwa yakwachipepeska pa maujumphi ghapa chipanganu chakudanga wo wadanika warondenge phanganu lo la chihara chamuyaya cho.
- (3) *1 Yohane 2:1.* Mwatwana twangu, ndikulembiyani vyenivi kuti mungalakwa cha. Ndipo asani munthu wangalakwa, nkhoswi te nayo ku Dada, Yesu Kristu murunji yo.

30. Ise te pakati-kati

Konkhosko lake: Munthu yo pa Chitonga, ndi mzati wa mbumba yose pa lwa-wo, pamwenga nyumba yo akuwiyamo. Nyengo zinyake tingati *chisina*, po akutuwa wose.

Tandauzo lake: Munthu yo nchisina, po fuku likutuwa. Nyengo zinyake akamba kuti wanthu aviyo "mbanangwa".

Kuzirwa kwa nthanthi iyi: nthanthi iyi kanande yikambika pa maliro, asani pabuka makani. Sonu wo akwaskika ndi *mkoka*, mweneko wa fuku wakonkhoska kurongoso vyose vyakuwapo, ndimo asungikiyengi amoyu. Nyengo zinyake yikambika kuchenjezga wo atijiwikamo waka kuti mbapakatikati, penipo weneke walipu. *Akutaula* mazu ghaku Chiuta, akamba nthanthi iyi pakunene wanthu kuti Yesu Kristu, ndiyu mwenechu wapakatikati kutitaska ku warwani widu. Yesu ndi mwenda-pakati.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 26:28*. Chifukwa izi ndi ndopa zangu za chipanganu chifya, zakudikiya pa chifukwa cha wanandi ku chireke cha vilakwa.
- (2) *Marko 12:10*. Asi mwaŵerenga na lembo ili: 'Mwa wo ŵakuzenga ŵangu-wupata weniwo waŵa mutu wa nyondu.
- (3) *Luka 1:32-33*. Mweniyo wakaŵanga mura, ndipo wakadanikanga mwana wa Wamdengwendi: ndipo Mbuya Chiuta wakampaskanga chitengu chaku Davidi awiske: ndipo wakausanga nyumba yaku Yakobe muyaya; ndipo muwusu wake kuti umarenghe cha."

31. Jenda-yija wangukukurwa ndi maji

Konkhosko lake: Munyengu za kale aTonga angwanja ukongwa kuruta ku *Joni* (South Africa), pamwenga ku *Harare* (Zimbabwe) ndi ku *Marambo* (Zambia). Nyengo zinande wo ayendanga ŵija, aliwanga ndi *nkhamo*, *nyalubwe*, ndi nyama zinyake za viyo, chifukwa endanga ŵija kwambura munthu waku ŵataska. ŵala-ŵala atiti, *Wo mbawi mbanthu ko kekija nkhanganyama!* Jenda-yija ndi *pusi* yo kanande ndimsyori ndipo watenda yija. Nyengo zinande watachikumana ndi soka.

Tandauzo lake: Mburwane ukuru kwenda wija, chifukwa asani chirwani chakuko palivi yo wakutaskenge.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yititisambizga kuti tendengi pamoza ndi anyidu, asani tepa ulendo utali, mwakuti asani kwe urwane titaskanenge. Viŵi-viŵi kwenda ndi usiku nanga kuŵi ukweru titijidaniya urwani. Wo tingenda nawo aŵi ankharo yamampha ndi akugomezgeka, chifukwa nawo aziŵa kuŵa arwani widu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 5:22-23*. Enoke wangwenda ndi Chiuta pavuli pa kuŵikaku Matusele virimika machumi pe chumi ghatatu (300) ndipo wenga ndi ŵana ŵanthurumi ŵanyake ndi ŵana ŵanthukazi. Viyo, mazuŵa ghose ghaku Enoke ghenga virimika machumi ghatatu ndi machumi ghankhonde ndi limoza, pachanya vinkhonde (365 years).
- (2) *Wakutaula 4:9-12*. Kuŵa ŵaŵi nkhwamampha kwakuruska yumoza, chifukwa mu kutakataka kwawo ŵendi mphoto yamampha. Pakuti asani ŵaŵa ŵaŵi yumoza wakayuskanga munyake; kweni owe kwaku yo we yija asani wawa walivi munyake wakumuyuska. Ndipo so, asani ŵaŵi ŵagona pamoza

wafundiskana. Kweni kumbi yumoza wajifundiska? Nanga yumoza wanga-muruska munyake pakumikana nayo, kweni wâwi wakamuruskanga, chingwe cha mitegha yitatu kuti chidumuka ruwi cha.

- (3) **Marko 11:1-2.** Ndipo wachiwandikiya ku Yerusalemu ku Betefage ndi Beta-niya, pa phiri la Olivete, wangutuma wâwi wa wasambizi wake. Wanguti kwa-ku wo, "Rutani ku muzi wakutghana namwe: ndipo sosonukweni muchisere musaniyenge mwana wa mbunda wakumangika, paku mweniyo wandajepo kali munthu chingana njumoza; muze nayo."

32. Juwani lapa mchenga nkhwambiya pamoza

Konkhosko lake: Chidika cha mu mchenga nchakusuzga kuchimbiyamo. Asani pe chiphalizgano kutenele kwambiya pamoza.

Tandauzo lake: Nchamampha kwamba mlimo wako luwi mwakuti ufiskike mu-nyengo yamampha.

Kuzirwa kwa nthanthi iyi: Ndi chenjegzo ku amupupuka kuti aŵenge akuno-zgeka nyengo yose pakuchita milimo yawo kuti yendengi umampha. Kulimbi-kiya, ndi kufwiliriyapo kwendi chanduku/phindu kunthazi. Wana wo we pa suku-lu alimbikiyenge masambilo ghawo. Kwenge ndi munthu yo we pa maphara gha kuchimbiya. Watenele kulereska kuvuli cha vinu wangachita mantha ndiyo watimurondo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 19:5.** Ajinthamo hema la lumwi mwaku gho, lo lituwa nge ndimo mwali wanthengwa watuliya mu chipinda chake, ndipo lisekere nge nchi-nkhara kuchimbiya mu nthowa yake.
- (2) **Yeremiya 12:5.** "Asani mwachimbiya pamoza ndi wanthu wakwenda pasi, ndipo wakuvuskani, na mungapindana nawo uli wakavalo? Ndipo asani mu charu cha chidika ndimu mutuwa pasi, na mulisuwâ la Yordane muchitenge uli?"
- (3) **I WaKorinte 9:24-27.** Asi muziwa kuti wakuchimbiya mu maphara wachimbi-ya wose, kweni yumoza ndiyu waronde mphotu? Chimbiyani viyo kuti muronde. Ndipo yose wakulimbaliimbiya mu maseŵero wajitinha mwaku vyose. Wachita viyo mwakuti waronde ndumbu yakuvunda; kweni ifwe njam-bura kuvunda. Ine ndichimbiya nge ngwakukayikakayika cha; kuti ndiba-kafuwa, nge ngwakukung'untha mude mwawaka cha; kweni ndijenyeska li-wavu langu, ndipo nditirithereska: vinu, ndati ndamemeze wanyake, nda-mweni ndingaŵa wakupatika.

- (4) **WaHebere 12:1.** Viyo nadi ifwe pakuzungurizgika ndi mtambo weni ukuru waviyo wa wakaboni, ndi pakututumika chizitu chose ndi ulakwi wo utiti-zombeza tichimbiya ndi chitatata maphara gho ghatimikikiya kunthazi.

33. Kajipempheri wanguweku ku Marambo, Virizanga wangwachifwa

Konkhosko lake: Kali a Tonga ayendanga pasi kuruta ku Marambo (yo sonu ndi Zambia), kwachigwira nchitu, ndi vyaru vinyake nge South Africa, Zimbabwe. Yo wenga mkata (mulesi), kupenja nchitu, wafwanga ndi nja, pamwenga wawengwa mkavu. Mweniyo wapenjanga nchitu, ndikuyisaniya, wawanga ndi chuma chinandi.

Tandauzo lake: Chinthu chose chamampha chisanilika ndi mtima wakupenja-peja, ndikulimbalimba. Yo wapempha wapaskika. Yo wapenja wasaniya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga, ndikuchewe-ska *Ahurwa* ndi *Asungwana* wo aleka kulimbikiya ndi chitatata pa Sukulu, pamwenga pa mlimu wo enawo. Munthu kuti wasaniye watenele kupenja kwam-bura kuvuka. *Apharazgi* a mazu ghaku Chiuta asambizga wanthu ndi nthanthi yeniyi, kuti atenele kugwiriska nchitu nthazi, zeru, ndi vyawanangwa vyo Chiuta wawapaska.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Mateyu 7:8.** Chifukwa yose wakupempha waronde; wakulembe wasaniya; ndipo ku wakugong'oska kujurikiyenge iyo.
- (2) **WaFilipi 2:12-13.** Viyo na, mwaŵakwanjiwa wangu, uli ndimo nyengo zose mwavwiyanga ndi penipo ndinguŵako kwinu pe cha kweni ukongwa limu sono pa kuŵako kwangu kunyake, takatakiyani utaski waku mwaŵeni mu wofi ndi chitenthe; chifukwa ndi Chiuta yo watakataka mwinu pose paŵi pa kukhumba ndi pa kuchita, chifukwa cha likondwa lake lamampha.

34. Kakuza kija kalaula

Konkhosko lake: Munthu watenele kufuka-fuka yija mwakuti wajovye. Kurele-ska ku anyaku pe cha. Kulivi kanthu katuza nge *Mana* ghakutuwa kuchanya.

Tandauzo lake: Asani ukhumba kanthu ujipilipitiye wija, mwakuti uje pa mampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgu ku wanthu, viŵi-viŵi wo

mbalesi kuti atenele kufuka-fuka mwakuti umoyo wawo uwe pamampha. Aleki kwenda-kwenda waka mcharu kwambura kuwa ndi phamphu lakugwira nchitu. Mawa wazamukhumbira munyako ndikumuchitiya sanje. *Apharazgi* atitisa-mbizga kuti *Chiuta watovya yo watijovya yija*.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 3:17.** Ndipo kwaku Adamu wanguti: "Chifukwa wavwiya mazu gha muwoli wako, ndipo warghapo muti wo ndingukuchenjezga kuti, 'Ungarghanga cha,' njakutembeka nyata yo chifukwa chako; mu kutakataka ukarghanga vyake mazuwa ghose gha umoyo wako."
- (2) **Chiyambo 42:1-2.** Penipo Yakobe wanguvwa kuti mwenga trigu mu Egipiti, wanguti ku wana wake wanthurumi, "Chifukwa chine mulereskana waka ku maso?" Ndipo wanguti, "Ehe, ndavwa kuti mwe trigu mu Egipiti; rutani, sikiyanyiko mukatiguliyeko trigu, alinga kuti tiwe wamoyo, kufwa cha."
- (3) **2 WaKaronga 6:1-2.** Sono wana wa wamchimi wanguti kwaku Elisha, "Awo-nani, malo gho tijamo pasi pa mtufu wako ngamana ukongwa kwaku ifwe. Utizomerezge tirute ku Yordane ndipo yose waku ifwe wakapingeko muti kuzenga malo ghakujamo kwenikuwa." Ndipo wanguwamuka, "Rutani."

35. Kakuza kija kasikuwa

Konkhosko lake: Pa Chitonga pe sambizgu lakuti, *asani unkhumba kanthu kamampha utenele kutuzga vuchi*.

Tandauzo lake: Kanthu kamampha kangaza waka cha, kambura kukavutikiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga *Ahurwa* ndi *Asungwana* kuti atenele kufwililiyapo pa nchito yo apaskika. Nge nchakweluzgiyapo, wana wa sukulu atenele kufwiliriyapo pa masambiro ghawo, mwakuti kunthazi nawo akaje wanthu wakuzirwa, ndi wakujovya wija.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 3:19.** "Ukarghanga chiwande, mu dukutira la chisku chako mpaka penipo uweriyenge ku nyata. Pakuti ungutoleka mwenimo; ndiwe fuvu, ndipo ukaweriyanga ku fuvu."

36. Kana kaku Chiuta

Konkhosko lake: Ichi nchimoza cha vituwu, pamwenga kakambidu ko karongo munthu yo ndi mwana waku Chiuta, *Wakuziziswa*.

Tandauzo lake: Munthu yo ngwa ulemu, ndijalidu lakukondweska Chiuta, waviyo atiti "ndi kana kaku Chiuta."

Kuzirwa kwa nthanthi iyi: Akutaula mazu ghaku Chiuta akamba nthanthi iyi, aching'anamuwa Yesu Kristu, *Mwana waku Chiuta*. Nyengu zinyake ang'anamuwa munthu yo waja umoyo wankharu yamampha; kwanja ndi kovya anyake, munthu walisungu ndi wachitima.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 9:35*. Ndipo wachija pasi, wangudana chumi ndi wawu watiti kwaku wo, "Asani yumoza wakhumba kuwa wachimoza, wawe wakumariya limu waku wose, ndi mteŵeti waku wose."
- (2) *Marko 10:15*. "Ndikuneneskiyani, yose yo wangaronde ufumu waku Chiuta nge nkhana cha, kuti wangasere mwaku wo cha."
- (3) *Yesaya 9:6*. Pakuti kwaku ifwe mwana wapapika kwaku ifwe kwapaskika mwana munthurumi, ndipo weruzgi ukawanga pa phewa lake, zina lake likadanikanga "wakupaska fundo, Wakuziziswa, Chiuta wa Nthazi, Dada wa Muyaya, Karonga wa Chimangu."

37. Kanda apa nani ndi kandepo

Konkhosko lake: nthanthi iyi yititilongo mo ubwezi wakufikapo utenele kuwiya. Bwezi litenele kuchitiya ulemu bwezi linyake, ngemo angwanjiyana, Davidi ndi Jonafani.

Tandauzo lake: Ndi wanthu wo atanjana ukongwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika paku sambizga wana wo we-ndi ma bwezi ghawo ghamagomezgeka. Mwakuti chingana wanthu wangapazga, iwo wepamoza nga! nga! nga! *Waliska* ndi *wapharazgi* watachito chilongolero cha ubwezi waku Davidi ndi Jonafani mu *Baibolo*. Ubwezi uwenge wamagomezgeko nyengu yose. Kuti 'vyaku Fu vyakuriya lwandi cha.' Ubwezi wa viyo, nchinyengo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *1 Samuele 18:3-4*. Ndipo Jonafani wangupangana phanganu ndi Davidi, chifukwa wangumwanja ngembumoyo wamweneko. Jonafani wanguzuwa munjirira wake, vidya vyake, lipanga lake, uta wake ndi ramba wake wangupaska Davidi.

- (2) *1 Samuele 20:41*. Wanguti waruta munyamata yuwa, Davidi wangukotopoka pa muru wa mya, wanguwa pasi kavunama wangukotama katatu; ndipo wangufyofyonthana yumoza ndi munyake, ndi kuliriyana yumoza ndi munyake. Kweni Davidi wanguliya kwakuruska.
- (3) *Yohane 15:13-14*. Chanju chikuru kwakuruska cho munthu wangaziwa kuwa nacho pa wabwezi wake, nkhipereka umoyo wake ku chifwa chaku wo. Imwe mwe wabwezi wangu, asani muchita vyenivyo ine ndikulanguliyani.

38. Kanje nkhamana, kweni mukati mwake mwe mtima wa muti ukuru

Konkhosko lake: Viripo vinthu vinyake vyo viwoneka kuzirwa cha mu maso ghidu kweni ku umaliye vizirwa ukongwa. Nyengo zinyake vitamba nge nkhanthu kaŵaka-ŵaka, kweni kunthazi chituwa chinthu chakuzirwa ukongwa.

Tandauzo lake: Munthu yo wanyozeka ndi wanthu, pamwenga mu maso gha wanthu, ndiyu watuwa murongozgi wa wanthu kunthazi, pamwenga, wakovya anyake pa muzi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala, nge ndichenjezgo kwakuwo anyoza ndi kudelera anyawo wo wepasi pawo, pamwenga akavu ndi akusuzgika. Nyengo zinyake yo munthu useka ndi kudelera, ndiyo wazamukuwa chovyvo chako kunthazi.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) *Wakutaula 4:13*. Ngwamampha munyamata mukavu ndi wazeru kwakuruska karonga mura ndi muzereza, mweniyo kuti wangaronde chenjezgu cha.
- (2) *Mateyu 13:32*. Yo nadi njidokudoku ku mbeu zose; kweni yati yakuwa, njikuruku ya tusungwi, ndipo yituwa chivwati, viyo kuti tuyuni twamude tuzenga vivimbu vyawo mu mphanda zake.

39. Kankhunguni aka katiyungwiska

Konkhosko lake: Asani munyumba mwe nkhunguni munthu wagonu tulu cha. Kuyanana waka ndi munthu yo wendi suzgu yo kuti yitimugoneska tulu cha, chifukwa chakughanaghana nthowa yo wangatuliya mu suzgu yo yamuwiya.

Tandauzo lake: Munthu yo we pasuzgo chifukwa chakuti wangujipwele umoyo waki cha, wagonu tulu cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kuchenjezga munthu yo umoyo wake watiumphwere cha. Asani suzgu yitamba kuza ndipu waghanaghana ukongwa mupaka tulu tukamuka. Nyengo zinyake ndi chenjezgo kwakuwo aseka anyawo wo wêpasuzgu, chifukwa aziwa cha kuti nyengo yinyake nawo suzgu yiwayiyenge. *Apharazgi* atitichiska kuzomela Chiuta suzgu yindatiwiye teche amoyo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 27:62-64.* Ndipo ndi mlenji, weniwo wenga zuwa la pavuli pa chiro-ngosole, wazukuru wara ndi waFarisi wanguwunjikana kwaku Pilato, wakuti, "Abwana, takumbuka kuti mrandizgi yo weche wamoyo wanguti, Pavuli pa mazuwa ghatatu ndiyukenge." Viyo langulani kuti muunda wo ukhozgeke mpaka zuwa lachitatu, vinu kokuli wasambizi wake wangaza ndi kumuba, ndi wangakambiya khamu lo, kuti 'Wayuka ku wakufwa': ndipo urandizgi wakumariya wo ukawanga uheniku kuphala kuwakudanga wo."
- (2) *Werengani Machitidu gha Wakutumika 5:33-40.* Tisambira kuti panyengo yo Apostole ataulanga zina laku Yesu, ndi kuwiya ukabone kuti nanga uli waYuda angumubaya kweni wanguyuka ku akufwa. Mphara yikuru ya waYuda agonanga tulu cha kuti avwengi akabone waviyo. Mwaviyo angupangana kubaya Apostole. Kweni wa malangu Mla, zina lake Gamaliele wanguwakanizga.

40. Kanthu kekose kendi nyengo yake

Konkhosko lake: Vinthu vichitika asani nyengo yaki yakwana.

Tandauzo lake: Nchamampha cha kuchichizga chinthu asani nyengo yake yindakwane. *Chitufya achichizga cha kutuluwa asani chenga chindafye.* Mu umoyo wa munthu nawo vinthu achichizga cha asani nyengo yindakwane.

Kuzirwa kwa nthanthi iyi: Ili ndisambizgo kuwanthu kuti atenele kulindizga nyengo yakwenele kuti kanthu kachitike umampha. Kuzizipizga nchinthu chakuzirwa kwaku ise tawanthu. nthanthi iyi yichenjezga so wanthu kuti, *kalakulaku nkhamampha cha.* Apharazgi muzinyifwa akamba kuti asani nyifwa yafika pa munthu, ndikuti nyengu yingukwana. Chinthu chose chichitika munyengo yo Chiuta mwenecho wachinozge kuti chichitike. Mazu agha ngaku khwimiskana mu ma uzitu ghidu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Wakutaula 3:1.* Kanthu kose kendi nyengo yake, ndi nyengo ya kafukwa ke kose pasi pa charu.

- (2) **Yeremiya 31:31-34.** "Ehe, mazuwa ghakazanga atiti Ambuya, penipo ndaza-muchita phanganu lifya ndi nyumba yaku Yisraele, ndi nyumba yaku Yuda, kuti ndakukozgana cha ndi phanganu lenilo ndinguchita ndi auskeu, pa nye-ngo yo ndinguwasoske janja kuwatuzga mu charu cha Egipiti, phanganu lo wanguswa, chingana ndenga murumi wawo, atiti Ambuya. Kweni ili ndi phanganu lo ndikachitanga ndi nyumba yaku Yisraele pavuli pa mazuwa gho, atiti Ambuya: Ndikaŵikanga dangu mukati mwawo, ndipo ndikalilembanga pa mitima yawo; ndipo ine ndikaŵanga Chiuta wawo, ndipo iwo ŵakaŵanga ŵanthu wangu. Ndipo munthu kuti warunguchizgenge so mwana-nasi wake nanga ndi mwana munyake cha kuti, 'Ziwa Ambuya,' pakuti wose ŵakandiziŵanga, kutuwa ku mumana mpaka ku mura, atiti Ambuya; pakuti ndikagowokiyanga mautimbanizi ghawo, ndipo uheni wawo kuti ndikawukumbukanga so cha."

41. Kanthu nkhalo, kamunyakho ndi nkhusku

Konkhosko lake: Munthu yose wendi mtufu pa kanthu ko nkhalo, kweni walivi mtufu pakanthu ko nkhamunyakho.

Tandauzo lake: Munthu wendi mazaza pa chinthu cho nkhalo, ndipo walivi mantha kuchita nacho po wakhumbiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge nchisambizgo kuŵanthu kuti aŵengi akujiipenje tunthu to tungaŵawovya pa umoyo wawo, ndikuŵa amtu-fu pa vinthu vyaŵenecho; mwakuti alekengi kuthamiya vinthu vya anyao. Vya-kupaskika ndi anyawo vyakukuskiyapo ŵaka. Kuthamiya chinthu chamwene asani chanangika uziŵa kusele nacho musuzgu yikuru. *Akutaŵa* mazu ghaku Chiuta akamba nthanthi iyi pakuchenjeza ŵanthu kuti aleki kuŵika umoyo wawo pa urwani, chifukwa mwenecho wa umoyo ndi Chiuta, yo waziŵa kuto umoyo waki nyengo yeyose. Palivi munthu yo wendi mtufu pa umoyo waki.

Mazu ghaku Chiuta gho ghazkhozga nthanthi yeniyi:

- (1) **2 ŴaKaronga 6:5.** Kweni penipo yumoza wawiskanga muti, mbavi yingukhwerukiya mu maji, ndipo wanguti, "Owe, Mbuyangu! Yenga yakubwereka."
- (3) **ŴaEfeso 4:28.** Wakuba yo wangawerezgapo kuba so cha; kweni ukongwa watakatake, ndi kutataliya ndi manja ghake cho nchamampha, alinga kuti wapataliye yo ngwakusawuka.
- (4) **Luka 12:20:** Kweni Chiuta wanguti kwaku iyo, 'Wakupusa we, usiku uno ŵawufumbiyenge mzimu wako...'

42. Kanthu nkhamabuchi-buchi mu manja muwenge mwaku-samba-samba

Konkhosko lake: Titenele kuja akunozgeka kumikana ndi masuzgu, gho gha-ngatibuchizga pakuza kwake.

Tandauzo lake: Munthu yo waja wakunozgeka-nozgeka nchipusu kumikana, pamwenga kupunda, masuzgu ghakuza mwakubuchizga.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kucheweska *Ahurwa* ndi *Asungwana* kuti atenele kuja akunozgeka nyengo yose, mwakuti kuthazi akapundenge maunonono; kaya nga ukavu, matenda, nyifwa, ndi vyose vyo vingawaziya mwakubuchizga. Kunozgeke umoyo wamampha kunthazi nkhwamba sonu. *Akutaula* mazu ghaku Chiuta akamba nthanthi iyi, pakuchiska wanthu kuja umoyo wakugomezgeka, ndi wa chiKhristu. Pakuchita viyo aja akunozgeke limu, mwakuti asani nyifwa yituzza mabuchibuchi atopa cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 13:32.* "Kweni vya zuwa liya pamwenga ora lo palive yumoza waziwa, chingana mbangelo kuchanya, chingana ndi Mwana yo, kweni Ada pe.
- (2) *1 WaTesalonika 5:6.* Viyo na tireke kura tulo nge mbanyake, kweni tiche-rezge ndi tizize.

43. Katundu wakuyeleka-yeleka ndiyo wafyo

Konkhosko lake: Atonga endi nthanu ya "*Wachiburumutiya ndi Wagonyo*"⁵ wo ati achita mulimu wamampha pakubaya nkharumu zo za punjanga wanthu mcharu chiya angurumbika. Kweni wagonyo pakupinga vinthu vyo vinguwawo-vya kunthazi murwendo lawo, wangufyoka ukongwa chifukwa chakuyeleka-yeleka katundu. Pakugawana vyuma vyawu *wachiburumutiya* wangupuma *wagonyo* pa msana ndi kunyoloka. Wagonyo nayo wangumupamantha ku maso, ndi kujulika.

Tandauzo lake: Munthu yo wawika mbiku milimu yake kwambula kuchita luwi wazamsaniya kuti njinande, ndikutondeka kufiska kuyichita.

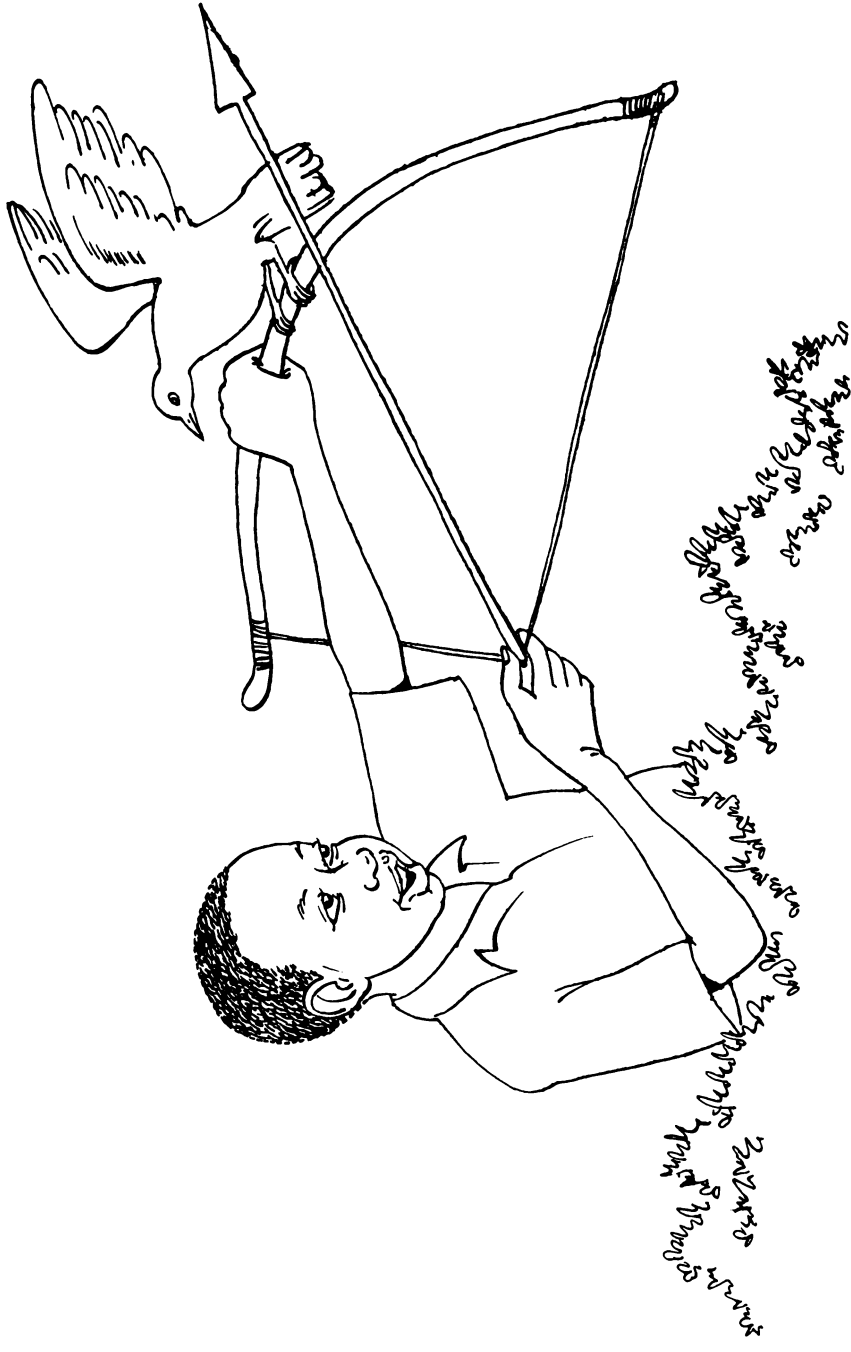
Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchiska wana a Sukulu kuti milimu yo atiwapaska asambizi wawo angaswelanga cha kuchita, chifukwa asani mayesu ghepafupi, azamtondeka kukwera visambizgu vyawo. Nchitu yaza-mukuwa yinande. *Apharazgi* nawo akamba nthanthi iyi pakuchenjezga wanthu

⁵ F.K. Chirwa, *Nthanu za Chitonga*, pp. 65-71.



Nthanthi 43:

Katundu wakunyeleka-yeleka ndiyo wafyo



Nthanthi 44: Kayuni asani kaja pa uta kalasika cha

wo maluso ghaheni ghame nkholozo mwawo, chifukwa panyengo yo azamuzi-wiya, kwazamkuwa kunonono kughasiya. Uheni wakuyeleka-yeleka ufyo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu ya Zisumu 2:15*. Tikoliyeni wakambwe, wakambwe wamanaŵamana, wo wananga minda ya mphereska, pakuti minda yidu ya mphereska ye ndi maluwa.
- (2) *Mateyu 11:28*. Zani kwaku ine, mose mwaŵakudinirwa ndi mwaŵakuzi-tiskika, ndipo ine ndikupumuzgeninge.

44. Kayuni asani kaja pa uta kalasika cha

Konkhosko lake: Munthu wapenja munyake kuti wamovye asani we pa suzgo. Pa Chitonga pe mwambu wakuti apapi angakamba cha nthengwa yamwana wa-wo munthukazi, atachikamba ambuyake, pamwenga abali ŵawo. Chifukwa kwa-ku yiwo ndi mzilo, atenele kuronde ŵaka vyo vyakambika ndiku khozgeka. Chifukwa che pamuto wawo.

Tandauzo lake: Nchinonono kweruzga makani gho ghe pamuto wako, pamwenga gho ghatikukwaska. Wija ungajovya cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi kanande yikambika pa kweruzga milando mu zimphara. Anyake atachikana kweruzgika asani mlando utiwakwaska, chifukwa cheruzgu chiŵiyengi rwande. Nyengo zinyake *nthanthi* iyi yikambika asani wakweruzga mulando watondeka, ngapo ng'anga yitondeka kujichizga. *Nthanthi* iyi yisambizga so ŵana kudana anyawo kuŵawovya asani suzgu ye pamuto wawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Luka 4:23*. Ndipo wanguti kwaku wo, Posepose mundineniyenge ntharika yeniyi, "Ng'anga, ujichizge; vyenivyo vyose tavwa vyachitika mu Kapernaumu, chitanga muno so mu charu cha kwako."

45. Ko kwafwa njovu kusowa cha

Konkhosko lake: Njovu ndi nyama yikuru ukongwa pasi pa charu; ndipo asani yafwa, mbiri yake yivwika kutari. Ndimozimozi mbiri yamunthu wakuzirwa, yivwika kutari.

Tandauzo lake: Nyifwa ya munthu wakuzirwa yivwika kutari, chifukwa munthu

waviyo ngwathenthe. Ndimoji-moji kuti chinthu chiheni cho wachita munthu wakuzirwa, thenthe lake livwika luwi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu yo ngwakuzirwa mu muzi, wachita kanthu, manyi wafwa, pamwenga wachita chinthu chiheni. Panyake yikambika nge ndichenjezgu, kwakuwo mbarongozgi kuti atenele kuchewa pakuchita vinthu, chifukwa zina lo lamuvwika luwi, kuti nawo engapo, ndakuyiwo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani Luka 24:13-24.* Chiyuka chaku Yesu chinguvwika mose mu Yerusalemu chifukwa wenga wa thenthe likuru. Kweni mbamanavi waka wo kuti anguvwa cha. Lekani wanthu wawi wa, angufumba Yesu mwenecho pakuleka kuziwa kuti ndiyo mweniyo akambanga nayo, "Ndipo yumoza, zina lake Kleopa, wangwamuka, wanguti kwaku iyo, Kumbi iwe uja paku wijawija mu Yerusalemu, ndi ureka kuviziwa vyakuwapo mwake mu mazuwa agha?"

46. Kubaya njoka nkhu mutu

Konkhosko lake: Njoka yibayika luwi asani utiyipuma ku mutu.

Tandauzo lake: Munthu watenele kupenja nthowa yeneko yakumaliya suzgu epa yamzinga.

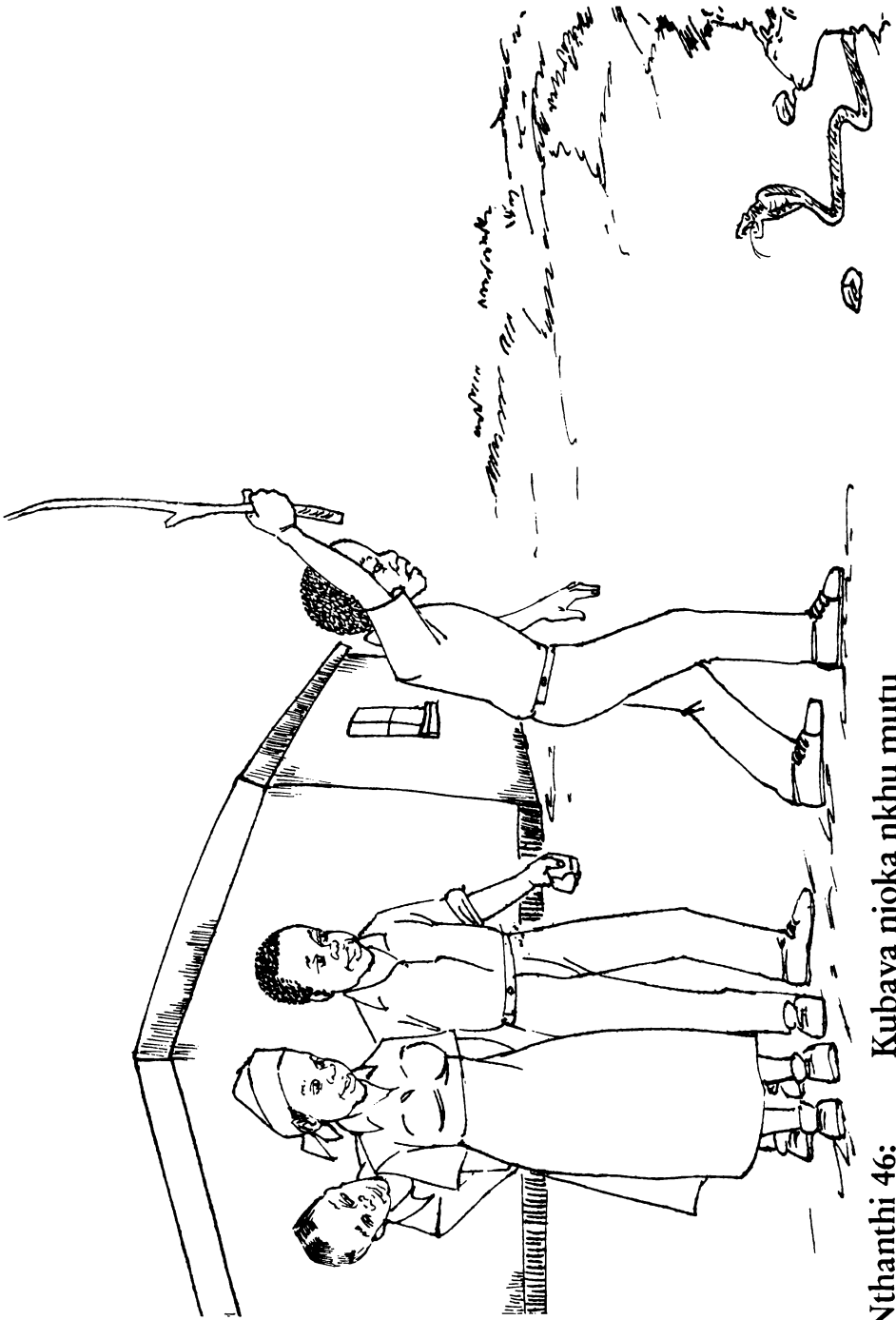
Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska Ahurwa ndi Asungwanga wo atondeka kugoda (kupunda) suzgu zo akumana nazo mu umoyo. Atenele kufumba wala, kuwanene nthowa zo angagode maunonono, kuti akuwenge umampha ndiso azeru.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 3:15.* Ndikawikangapo umawongo pakati pako ndi munthukazi, ndi pakati pa mphapu yako ndi mphapu yake; iyo watemenge mutu wako, ndipo iwe utemenge chitende chake.
- (2) *Nthanthi 6:20.* Wa mwana wangu, sunganga marangu gha ausu, ndipo unga-jowonga kusambizga kwa anyoko cha.

47. Kudanjiya nkufika cha

Konkhosko lake: Apa tiona chithuzithuzi cha pa masowelo, po wanthu aphari



Nthanthi 46: Kubaya njoka nkhu mutu

zgana juwani. Yo wepanthazi asani waleka kulimbikiya kuchimbiya, waziwa kuru-skika ndiyo watuza kuvuli.

Tandauzo lake: Nchamampha cha kujikuzga asani uwona vinthu vitikuyende umampha, kweni kulimbikiya mukachitidu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakususka munthu yo watiji-kuzga, pamwenga kujirongo pakuchita vinthu, asani vitikuyende umampha; chifukwa ndiwe pe wija cha. Anyako nawo aziwa kukuruska. *Apharazi* a cheweska kuti kujikuzga nkhuheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 9:35.* Ndipo wachija pasi, wangudana chumi ndi waŵi, watiti kwaku wo, "Asani yumoza wakhumba kuwa wachimoza, waŵe wakumariya limu waku wose, ndi mteŵeti waku wose."
- (2) *Marko 10:31.* Kweni wanandi wakudanga waŵenge wakumariya, ndi wakumariya wakudanga.
- (3) *1 WaKorinte 9:24.* Asi muziwa kuti wakuchimbiya mu maphara wachimbiya wose, kweni yumoza ndiyu waronde mphoto? Chimbiyani viyo kuti muronde.

48. Kufumba nkhuwona nthowa

Konkhosko lake: Kujikuzga kwakujipusika kuti uziwa vinthu vinande nchamampha cha, chifukwa alipo anyako wo aluska yiwe.

Tandauzo lake: Nchamampha kufumba kumunyako zeru mo ungayendeske kanthu wenga undachite, chifukwa wamubuchira kuti wananga vinthu. Kujiwikamo nkhwamampha cha. *Pula-pula, ngwamampha cha! Mufumbengi vinu mungafika ku masano.*

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska munthu mweniyo wananga chifukwa chakuleka kufumba danga. Chifukwa kufumba munyako wenga undanangi chinthu, nkukurongo nthowa. Wana wo wepa sukulu atenele kufumba asambizi wawo mwakuti asambizgike kuchita umampha mu masambiro ghawo. *Apharazgi* atisambizga kuti mazu ghaku Chiuta gharongozga ise. Ndi nthowa kutasambizga vyaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 7:7.* "Pemphani, ndipo kupaskikenge kwaku imwe; lembeni, ndipo musaniyenge, gong'oskani, ndipo kujurikiyenge imwe."

- (2) *Mateyu 7:14*. Chifukwa ndalifyakafyaka likomo, ndipo njifinyi nthowa, yaku-rongozge ku Umoyo, ndipo mbamanavi wakulibowozga.
- (3) *Yohane 14:5-6*. Tomase wamnene, "Kuti tiziwa cha ko muta; tiyiziwa uli nthowa?" Yesu wamnene, "Ine ndine nthowa, ndi uneneska wo, ndi umoyo wo; kuti yumoza wangaza ku Dada cha, kwambura kuti watuziya mwaku ine."

49. Kufunyiya mata pasi

Konkhosko lake: Pa Chitonga pe nthanu ya *Urghargha waku Kalulu*,⁶ penipo Kalulu wanguziwa kuti watondeka kuwezga ngongole pa ndumbu za saru zo wanguto, wangupempha akweni a Njovu kuti amugowoke - *Afunyi mata pasi*.

Tandauzo lake: Kupempha chigowoke epa wanangiya munyako.

Kuzirwa kwa nthanthi iyi: Nthanthi iyi yikambika muzimphara za milando, asani yo wepa mlando wapempha chigowoke ku weruzgi, pamwenga kwakuyo wamunangiya. *Akutaula mazu ghaku Chiuta* achiska wanthu kupempha chigowoke kwaku Chiuta vyo atimunangiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 18:26-27*. Viyo muwanda yo, wakuwa pasi, wangumuweyere, wakuti, "Ambuya, kunthyanipo nane, ndipo vyose ndikawerezgiyangapo kwaku imwe." Ndipo mbuyake wa muwanda yo wakukoleka ndi chitima, wangu-mgowoke, wangumreke mateu gho.
- (2) *Luka 16:24*. Ndipo iyo wangukuta, wanguti, "Ada Abrahamu, ndifwiyeni lisungu, tumani Lazaro, alinga kuti wabizge songu ya munwi wake mu maji, ndi waziziriske lilime langu; pakuti ndirumwiskika mu mlipu uwu."
- (3) *Luka 18:3*. Ndipo mwenga choko mu msumba weniwuwa, ndipo chazanga kwaku iyo, chakuti, "Nditaskeni ku mphindikwa yangu."

50. Kufwa (ndi luzu/nyota) chiparantha

Konkhosko lake: nthanthi iyi yikumbuska wanthu wo avwikanga kuti afwanga ndi nyota mu nthowa achiya ku Joni (South Africa) pamwenga ku Harare (Zimbabwe), pamwenga ku Marambo (Zambia), pamwenga ku Mphiwi (East Africa). Munthowa mowendanga mwengavi maji.

⁶ F.K. Chirwa, *Nthanu za Chitonga*, pp. 11-14.

Tandauzo lake: Maji ngakuzirwa kupaska umoyo ku munthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani kwe chilala, vuwa kulivi, mu misinnje maji ghakamuka. Sonu wanthu atufwa ndi vinyama viyo chifukwa cha nyota.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Weruzgi 4:19.* Sisera wanguti ku munthukazi, "Chondi ndipaskeko tumanavi twakumwa; pakuti ndendi nyota ukongwa." Jaelu wangujura thumba mo mwenga mkaka wangumpaska kumwa ndi wangumuvwinkha so.
- (2) *Sumu 107:5.* Wenga wanja ndi wanyota, ndipo wangutaya chigomezgu chose.
- (4) *Mateyu 25:35.* Chifukwa ndingufwa msara, ndipo mungundipaska kurgha: ndenga wa nyota, ndipo mungundimweska: ndenga mlendo ndipo mungundironde.
- (4) *Yohane 19:28.* Pavuli paku cho Yesu, pakuziwa kuti sono vyafiskika vyose mwakuti lifiskike lembo lo, watiti, "Nde ndi nyota."
- (5) *Yohane 4:13-14.* Kweni mweniyo yose wangamwapo maji gho ndimpaske-ngi ine, kuti nyota yikamkonga so cha muyaya: maji gho Ine ndimpaske-ngi ghaŵenge mwake chisima cha maji ghakubwibwitukiya ku umoyo wamuyaya.

51. Kuja umoyo wakuchigwangwala

Konkhosko lake: "Chigwangwala," nkhambeŵa kamanavi, kweni kakujikuzga ukongwa. Asani wakumana nako panthowa katuma kunthazi kwako joo! ndi ukari, kweni kachita kanthu cha.

Tandauzo lake: Munthu yo wendi umoyo wakujikuzga, pamwenga kujirongo, atimulinganizga ndi chigwangwala.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga wanthu wo arongo umoyo wakujikuzga; kweni palivi chinthu chakuzirwa cho atovya charu kuti chikwere, pamwenga kovya anyawo. *Akutaula*, akamba nthanthi iyi nge ndichenjezgo kwakuwo atijikuzga ndi uheni wo achita.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yeremiya 49:16.* Kofya ko we nako kwakupusika, ndi kujikuzga kwa mtima wako, iwe wakuja mu malijengwajengwa gha mya, iwe uthamiya utali wa



Nthanthi 51: Kuja umoyo waku chigwangwala



Nthanthi 52:

Kujikama uryengi kanthu ndi wala kusoka uwengi waka

mtunthu. Chingana uchita chivimbu chako nge ncha nombo, ine ndikakusisikiyanga pasi kutuwa kwenikuwa, atiti Ambuya.

- (2) **Luka 18:14.** Ndikuneniyani, wangusikiya uyu wakurunjiskika ku nyumba yake, kwakuruska yuwa; pakuti yose wakujikuzga wayuyukenge; kweni wakujiyuyuwa wakuzgikenge.

52. Kujikama, uryengi kanthu ndi wala, kusoka uwengi waka

Konkhosko lake: A Tonga wendi midauku yinande, umoza ndiwenuwu. *Ahurwa* ndi *Asungwana* watenele kupereka ulemu kuwala pakugwada/pakujikama achilonda kanthu. Pakulonde kanthu ulonde ndi manja ghaŵi, ndikuwonga, "Yewo".

Tandauzo lake: Asani upaska ulemu wala usambira vinande. Wakujikuzga wasambira kanthu cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndi chenjezgu ku amupupuka, kuti mwana wankharu yamampha warumbika ndi wala, ndipo waronde vitumbiko ndi zeru. wana wankharu yamampha pa muzi mbakurumbika ndipo ndivilongorelu vyamampha ku wanthu. Azeleza mbakusekeka ndi wanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Nthanthi 16:19.** Nkhwamamphaku kuwa ndi mzimu wakujiyuyuwa pamoza ndi wasauchi, kwakuruska kugawana vyachiskowa ndi wakukondwa.
- (2) **Luka 15:21.** Ndipo mwana yo wangumunene, 'Ada, ndalakwiya kuchanya ndi mu maso ghinu: kuti ndeche wakwenere cha kutamulika mwana winu.'
- (3) **WaFilipi 2:11.** Ndipo kuti lilime lose lizomerezge kuti Yesu Kristu ndi Mbuya, ku unkhankhu waku Chiuta Dada.

53. Kukana kwa mutu wa garu

Konkhosko lake: wanthu wo atendeska ma galimoto atitinene kuti mutu wa garu ngunonono ukongwa. Asani awukanda usweka bweka cha. A Tonga pa kukamba munthu yo ndi munonono mtima ateruzgiya mu vinande, chimoza chaku vyo ndi mutu wa garu.

Tandauzo lake: Munthu yo mtima wake ngunonono, ndipo walivi lisungu, wenge mutu wa garu, wo utondeka kuphwanyika.

Kuzirwa kwa nthanthi iyi: Ili ndi chenjezgu ku munthu yo walivi lisungu, ndi

wanyake. Nkhucheweska so wana wo akana kutumika ndi wala-wala. Nchamampha cha kukana kutumika ndi mla, chifukwa titaya thumbiko. Mtima unonono ndi wankhankhanya nguheni. *Apharazgi* a chenjezga kuti tireke kuwa ndi mtima unonono tichivwa mazu ghaku Chiuta. Ting'anamuke mtima.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Yona 1:1-10.** Apa tiona kuti Yona wangukana kutumikiya Chiuta wake ndikuthawiya ku charu cha Talisi (Spain). Mutima wake wenga unonono pakukana ko wamtumanga Chiuta.
- (2) **Werengani Luka 22:56-60.** Petro wangukana Yesu po wenga pasuzgu. Musungwana wanguza kumupanikizga kuti nayo wendanga ndi Yesu, kweni Petro wangukana ukongwa mupaka katatu kose. Petro wangurongo mtima unonono kukana Mbuyake ndi Mtaski wake wanguti, "Nditimuziwa cha ine yo ukamba."

54. Kukanda pa moto

Konkhosko lake: Wanthu watenele kujiteska danga enga andamuke pa kanthu ko kuti atikaziwa umampha cha. Kuselemu waka mumakani kwambura kuteska danga mutu wa makani, uziwa kusuzgikiya kumoza. *Garu yo yagona atiyiso-sombeka cha*, chifukwa yiziwa ku kuruma. Uziwa kusuzgikiya pa vinthu vyo vitikukwaska cha asani ulive zeru.

Tandauzo lake: Nchamampha cha kusosombeka anyaku wo atijifwasiya palwawo, chifukwa uziwa kusere pa suzgu. Kwesa wanthu, pamwenga kusosombeka dala munthu, ukomwengi wija.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wanthu kuti kusosombeka munthu yo wajijaliya phe, nchamampha cha. Nyengo zinyake uziwa kusokomole dala nkhondo kuti akupweteki. Kanandi taŵanthu titambiya dala Chiuta pakuchita uheni. Chiuta ndi mukali, waziwa kutilanga. Awonane, sonu nthenda yo yaza ya kawondewonde (HIV/AIDS). Panyake takwiyiska Chiuta lekani watilanga, ndi nthenda yeniyi ya Ezi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 106:29.** Ndi nchitu zawo wanguyuska ukari wa Ambuya, ndipo nthenda yakofya yingubuka mukati mwawo.
- (2) **Luka 11:53-54.** Wanguti watuwa kweniko iyo, walembi ndi wa Farisi wangwamba kumfynyikizga ukongwa, ndi kufumbana nayo ndi wanandi, waku-muwandamiya kwachikole kanthu kaku mlomo wake.

- (3) **WaHebere 3:17.** Ndipo mbayani wo wanguwatundiriya virimika machumi ghanayi? Asi mbakulakwa wo, vyaku weniwo vitanda vinguwa mu bozwa lo?

55. Kukupong'a mu ndimba ya maji

Konkhosko lake: Nyengo zinande munthu pakusankha anyake akwenda nawo; asani watiwaziwa umampha cha, wabuchira kuti amutaya musuzgu.

Tandauzo lake: Munthu yo anyake amutaya musuzgu, chifukwa chakuseleliya-po bweka; kweni anyake atimuthawa kuti amovyi, pamwenga kumutaska.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala pakuchenjezga *ahurwa* ndi *asungwana* kuti achenjengi ndi anyawo wo atenda nawo. Anyake akuwo mbarwani, aziwa kukurongozge ku urwani weniwo asani wawamo, pazamuwavi wakukuwombo. Nyengo zinyake yikambika nge nkhuizenya munthu yo wawa musuzgu, chifukwa chakuleka kuvwiya chenjezgu la wala, pamwenga la apapi. *Akutaula* akamba nthanthi iyi kuchenjezga wanthu kuti aleki kuchita uheni, pamwenga kurondo Satana yo waziwa *kuwataya mubuwo*; kweni kurondo Yesu, mweniyo wataska.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yona 1:12.** Ndipo wanguti kwaku iwo, "Ndinyamuweni, ndipo ndipong'eni mu nyanja; viyo nyanja yimuwiyeninge bata; chifukwa ndi ziwa kuti nchifukwa changu leka lirondo ili lamuwiyani."
- (2) **Mateyu 23:37-38.** "Yerusalemu, Yerusalemu we wakubaya wamchimi, ndi wakuwapong'a mya wo watumizgika kwako! Kwakaringa ndakhumba kuwunjika pamoza twana twako, nge ndimo nyakhutu waunjikiya twapiyupiyu twake kusi ku mapapiku ghake, ndipo kuti ungukhumba cha! Awonani, nyumba yinu yirekeka ndipo njamapopa."

56. Kuleska masozi

Konkhosko lake: Sangarusko lo tipereka kwakuyo wakwanjiwa wawo wafwa kuchita nge, nkholeska masozi kwakuwo aliya.

Tandauzo lake: Kusangaruska wo mubale wawo wafwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pa maliro ndiyo warongozga kukamba maronje wachilonde makhuzu ghawanthu. Nyengo zinyake yikambika kurongo mwana mulanda nge nkhumusangaruska po apapi wake wafwa. *Aku-*



Nthanthi 55: Kukupong'a mundimba ya maji

taula akamba nthanthi yeniyi, kuti Chiuta ndiyo waleska masozi ghakuwo aliya, chifukwa ndiyo msangaruski mkuru.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yesaya 25:8.** Akameziyanga limu nyifwa muyaya, ndipo Ambuya Chiuta wakaleskanga masozi ku visku vyose, ndipo soni ya wanthu wake wakatu-zgangamo mu charu chose chapasi, pakuti Ambuya ndiwo akamba.
- (2) **Mateyu 5:4.** "Mbakutumbikika wakutenje, pakuti iwo wasangaruskikenge."

57. Kulinda malinda-linda

Konkhosko lake: Kulindizga swi, kuti ndiwonenge nchitu yamampha pe, nkhu-heni. Chifukwa uziwa cha panyake nchitu yo ulinda watongi mnyake. Nyengu zinyake nyengo yo ulindizga ndiyu wazamtamiya, sono yo wazamto nchitu yiya ndi yani? Asani uswela kusoka ulendo suzgu yikusaniyenge penipo.

Tandauzo lake: Asani munthu watiti wakupaskengi nchitu yamampha, iwe uli-ndiyenge paku yo ugwira. Kusiya cha nchitu yo wayiko. Chifukwa kuti uziwa cha vyakunthazi, panyake apaskengi munyaki.

Kuzirwa kwa nthanthi iyi: nthanthi iyi, ndisambizgo kwakuyo walinda chinthu kwambura zeru. Nchamampha kugwira nchitu yo wenayo kuruska yo undayiko. Ndichenjezgo so kwaku yo wagomezga munyake kumugwiriya nchitu yake kwambura iyo mwenecho kufuka-fuka. Ndi chenjezgo so ku alimi wo aswela kupanda mbeu zawo luwi pa vuwa yakwamba. *Apharazgi* achenjeza wanthu kuti angaswelanga cha kuronde Mazu ghaku Chiuta, chifukwa nyengo njasonu kumzomera Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marko 1:14.** Kweni wati wakomboleka Yohane, Yesu wanguza mu Galile, wakumemeza evangeli waku Chiuta.
- (2) **Marko 10:21.** Ndipo Yesu, pakumlereska, wangumwanja, wangunena nayo, "Chinthu chimoza usowa; kanga kasaske chose cho wenacho, paska ku wakavu, ndipo ukawanga nayo mbiku kuchanya: ndipo zanga, ndirondo!"
- (3) **Chivumbuzi 10:6.** Ndipo wangurapiya paku mweniyo ngwamoyo ku muyaya ndi muyaya, mweniyo wangulenga kuchanya ndi vya kweniko, charu ndi vya mwenimo, ndi nyanja ndi vya mwake, kuti yireke kuwapo nyengo yakuswera so cha.

58. Kumuzi waku ndiko kwaku

Konkhosko lake: Nchamampha kukumbuka abali wako ko ukuwiya. Tituvwa mu uTonga kuti kali kwenga machona wo charu chinguwarya ku *Joni* (South Africa) pamwenga ku 'Ulendo', ndikuruwa kwawo kumuzi. Kweni suzgo zati zaŵawiya pavuli paki angukumbuka kuwele ku muzi manjamanja. Anyake afwi-yanga kweniko, avwikanga zina pe.

Tandauzo lake: Kunyoza ku muzi kwako nchamampha cha, chifukwa nyengo yazamukuza yo nyaliwezga wazamuwezga, wazamukhumba kuwele kwaku asani suzgo yakukwindika (kuzinga). Sonu yo wamukukulonde ndiyani asani unyoza ko ukuwiya?

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo ku *Ahurwa* ndi *Asungwana*, pamwenga ku wanthu wo anyoza kwawo, ndi abale wawo. Nyengo zinyake aziwa kukujowo musuzgu asani yakuzinga chifukwa po iwe wenga pamampha wa wanyozanga. *Apharazgi* atiti, kwidu kweneko nkhuchanya. Tireki kunyoza Chiuta yo wamulonde mizimu yidu asani tafwa. Kumuzi wa Ada a Chiuta ndiko kwidu kwenecho

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 47:30.* "Kweni ukandilarike pamoza ndi ada; undinyamuwe kudituzgamu mu Egipiti ukandiwiki mu masano ghawo." Wangwamuka, "Ndikachitanga uli ndimo mwakambiya."
- (2) Mwambi wa *Mwana wakusoŵa* utitisambizga po suzgu yati yamuwiya wanguwele kwaki ku awiske. Chingana uli wangusoŵa ndi charu wangukumbuka kwaki (*Luka 15:11-32*).
- (3) *WaHebere 13:14.* Chifukwa panu tirive muzi wakujaririya, kweni tipenja wo utuza.

59. Kupaska nkhusunga

Konkhosko lake: nthanthi iyi yirongo mo mutundu wa Chitonga uthamiyana. Wija ungachita kanthu cha. Yo watikovya epa we pasuzgu ndi mnyako. Taŵanthu tijaliyana.

Tandauzo lake: Ulemu ngwamampha kuchitiya anyaku, chifukwa nawo azakukovya po iwe suzgu yazakukuwiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndithokozo kwakuyo watovya munyaki. Nchamampa taŵanthu kovyana pose po tija. *Ahurwa* ndi *Asungwana* kovyana

nkhwamampha! Apharazgi achiska wanthu kupereka mipasko yawo kwakwenele kwaku Chiuta, nge nkhekuzga ufumu wake.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Mateyu 6:19-21.** "Mungajiwikiya mbiku panupasi cha, penipo nyenji ndi murozu vitananga, ndi penipo wankhungu wabukutuwa ndipo watuba. Kweni mujiwikiye mbiku kuchanya, kweniko nyenji chingana ndi murozu kuti vitananga cha, kweniko wankhungu kuti wabukutuwa chingana nkhuba cha, chifukwa ko kwe mbiku yako, kweniko ndiko kuwenge mtima wako.
- (2) **Yohane 4:10.** Wangwamuka Yesu wangumnene, "Asani unguziwa mpasku waku Chiuta, ndi mweniyo watukunene, 'Ndipaskeko ndimwe,' mphanyi iwe ungupempha iyo, ndi mphanyi wangukupaska maji ghamoyo."
- (3) **Machitidu gha Wakutumika 20:35.** Mwaku vyose ndakurongoni, kuti mwa wakutakatakiya viyo mutenere kuwovya wakutomboroka, ndi kukumbukaso mazu gha Ambuya Yesu, po wanguti iyo, "Nkhwamwawi kupaska kwakuruka kuronde."
- (4) **2 WaKorinte 9:7-8.** Munthu yose wapaske uli ndimo wajiteme mu mtima wake; kwachigwinini cha; pamwenga kwakukakamizgika cha; chifukwa Chiuta watanja mpaski wamasangu. Ndipo Chiuta ngwanthazi kumfurwiskiyani vitumbiku vyose alinga kuti pakukoroka nyengo zose mu chinthu chose, mufurwiye ku mlimu wose wamampha.

60. Kupereka mphepeska

Konkhosko lake: Kali mu visopu vya auskekurufwe aperekanga sembe kuti akondweske "azimu" (mizimu) ya ambuyawo.

Tandauzo lake: Nyengo zinyake wanthu apereka sembe pa muunda wa abale wawu mwakuti mizimu ya akufwa yileke kuwasuzga, pamwenga yiwapaskenge mwaawi ndi chimango mo atenda.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakupereka sembe (vyawanangwa) yakusangaruska azimu kuti aleki kusuzga wo mbamoyo. *Akutaula* aka-mba nthanthi iyi pakuchiska wanthu kupereka vyawanangwa kwaku Chiuta, kumuwonga vyo watiwachitiya.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Werengani WaLevi 5:1-13.** Tasambira ndi sembe zo waYuuda aperekanga kwaku Chiuta kumuwonga ndiku mukondweska.
- (2) **Malaki 3:9-11.** Mwatembeka ndi thembo, chifukwa mutindiba, mtundu wi-

nu wose watembeka. Zina ndi vyachichumi vyamphumphu ku nyumba yakusungiyamo, mwakuti muwe vyakurgha mu nyumba yangu. Po ndipo munde, atiti Ambuya wa mawanja, asani kuti nkhamujuliyanninga cha madangazi gha kuchanya, ndi kumupunguliyani vitumbiku vyakuzara. Nkhachenyanga zombe chifukwa chaku imwe, kuti wareke kurgha ndi kumwa vipasi vya nyata yinu, ndipo mpheriska zinu mu munda kuti zikatondekanga kupasa cha, atiti Ambuya wa mawanja.

61. Kurgha zina

Konkhosko lake: Iyi ndi nthowa yimoza yo a Tonga ahariya zina la fuko lawo, pamwenga kuhara ufumu wa ambuyawo.

Tandauzo lake: Munthu yo wahara zina, pamwenga vyuma vya asibweni wake, pamwenga apapi waki. Nyengo zinyake ndi munthu mweniyo wahara ufumu wapa fuko lawo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala-wala, asani pe makani ghakusankha yo waharengi (watongi) zina la ufumu, pamwenga la fuko lawo. Nyengo zinyake yikambika pa chimeta asani nyifwa yato yo wenga ndi vinthu (chuma) vyo wasiya, kuti vigaŵike kwakuwo akwaskika ndi zina lakuyo wafwa (abali). *Apharazgi* achiska wanthu kuti azomere Chiuta kuti akahare ufumu wake.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) ***Nehemiya 9:10*** Ndipo munguchita visimikizgu ndi vyaminthondwi paku Farao ndi wateweti wake ndi wanthu wose wa charu chake, pakuti munguziwa kuti wanguchita mwa mutonyolo pa auskefwe; ndipo mungujichitiya zina, uli ndimo lilili kufika msana wale.
- (2) ***Machitidu gha Wakutumika 17:31***. Chifukwa watema zuwa, mwaku lo wakhasa kweruzgiya charu mu urunji mu munthu yo wamumika; wati wapaska chimbondu kwaku wose pakumyuska ku wakufwa.
- (3) ***Chivumbuzi 2:17***. Yo we ndi gutu wavwenge cho mzimu ukamba ku mipingu. Ku wakupunda yo nkhamaskangapo vya mana gho ghakubisika, ndipo nkhamaskanga mwa utuwa, ndi pa mwa wo zina lifya lakulembekapo, lenilo palivi yumoza watiliziwa, kweni yo waronda pe ndiyo.

62. Kuronde ndi manja ghaŵi

Konkhosko lake: A Tonga mbanthu a ulemu ukongwa. Tingayeruzgiya nge po

alonde mlendo asani waza pamuzi. Mlendo atimupaska mayani cha, kweni dendi lamampha, nge *nyoli*, *nyama*, ndi *somba*. Ndipo atimunoze pakugona pamampha.

Tandauzo lake: Munthu watenele kuwa wa ulemu ndi wakuphwere alendo wotiwaiziwa kuti mbarwani cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani wanthu alonde mlendo wakuzirwa nge Fumu, pamwenga mula wa Boma: *Pulezidenti*, *nduna*, ndi akuvwika aviyo. *Apharazgi* akamba nthanthi iyi epa nyengo ya *Khrisimasi* yekufupi, kuti a Khristu anozgeke kuronde Yesu Kristu panyengo yakuzirwa yaviyo. Yesu watuza mcharu nge mlendo wakuzirwa ukongwa kuruska alendo wose wotiunde.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 1:12*. Kweni wose woti wanguumronde wakuvwaniya mu zina lake wanguwipaska mtufu wakwachiwiya wana waku Chiuta.
- (2) *Filemone v. 17*. Viyo asani utindesa ine nge ngwamasanga, mronde nge ndine ndamweni.
- (3) *WaHebere 13:1-2*. Kwanja wabali kwinu kujaririyenge, mungaruwirizga kwanja walendo nako; chifukwa viyo ndimo wanyake wanguondere wangelo wakusewe nawo kwambura kuwaziwa.

63. Kuruta mphichi ndi kayuni

Konkhosko lake: Munthu yoti wapong'a kayuni ndi mphichi, vyose virutiya pamoza kwambura kuwe.

Tandauzo lake: Munthu wazeru watenele kuwe kwaziwonga, yoti wamuchitiya umampha, pamwenga yoti wamovya panyengo ya masuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge nchisambizgu ku munthu yoti walivi njwi, pamwenga wambura kurumba ndi kuwonga, pakuvyo anyake amuchitiya. *Akutaula mazu ghaku Chiuta* akamba nthanthi iyi nge nkhuichiska wanthu kuti atenele kuwonga Chiuta pavyawezi yoti watiwachitiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Luka 17:17-18*. Ndipo Yesu wangwamuka, wanguti, "Asi woti chumi wangu-tozgeka? wankhonde ndi wanayi woti wepani? Asi wangusanirika wakuwere kwachipaska unkhankhu kwaku Chiuta, kweni mlendo uyu pe?"



Nthanthi 63: Kuruta mphichi ndi kayuni

- (2) **Wakolose 3:17.** Ndipo chose cho mungachita, mu mazu pamwenga mu nchitu, chitiyani vyose mu zina la Ambuya Yesu, ndipo muwongeni Chiuta Dada mwaku iyo.

64. Kusewe ndi chirwani mbuzereza

Konkhosko lake: Pa Chitonga pe nthanu yo yisambizga kuti, likhumbira ndihe-ni. *Kamzunguzeni* wangujiguziya nyifwa pa kuweta *Nyalubwe*, yo pavuli pake wangumukhakhanya.⁷ *nyalubwe* nayo asewe nayu?

Tandauzo lake: Munthu watenele kujiphwele ndi chose cho wachita.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgo ku wanthu kuti, kurondo maluso ghaheni mburwani, uziwa kujiguziya nyifwa, pamwenga kunanga umoyo wako. Wala-wala wacheweska wana wawo kuti kwesa vinthu vyo vingananga umoyo wawo mbuheni ukuru. *Apharazgi* achenjezga wanthu kuti kwesa Chiuta pakuchita uheni nkhudana *kandundu* kaku Chiuta.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Werengani Chituwa 32:7-10.** wana wa Yisraele wangwesa Chiuta mu mapopa kweni Chiuta wanguwalanga ndi zinthenda; nyengo zinyake kuwalanga mu zinkhondo.
- (2) **Jobu 21:20.** Maso ghawo penipo ghawona pharghaniko lawo, watumwako ukari wa Wanthazizose yiwo weneko.

65. Kusewe ndi lezara la uyi kose-kose

Konkhosko lake: Lezara ndawuyi ukongwa ndipu liswela cha kucheka munthu asani waliko uheni. Ndichimozi-mozi kuti asani munthu utimuziwa umampha cha, mtima wake, ungamukonga mwasaza cha. Panyake ndi murwani waziwa kukupweteka.

Tandauzo lake: Ndi munthu mweniyo kubwalo watijilongo nge ngwamampha, kweni mtima wake nguheni. Ndimurwane ndipo ndi mtesi.

Kuzirwa kwa nthanthi iyi: Wala-wala wakamba nthanthi iyi nge ndi chenjezgo kuti tingafwasanga cha ndi wanthu wo tileka kuwaziwa umampha. Aziwa kutipweteka. Viwi-viwi munthu yo ngwamtimba-kuwi. Kanande munthu wa viyo atimudana *mfwiti*, yo pamaso warongo ulemu kweni mtima wake ndi murwani

⁷ Mcapu wa Chitonga, p. 21.



Nthanthi 64:

Kusewê ndi chirwani mbuzereza

ndipo ngwasanje. Apharazgi atitichenjezga kuti Satana wawoneka nge mngelo wakuwala kweni nchirwani chakofya. Nkhuyu yinozga pa utiyiwona mu maso, kweni mkati mwe nyele, *chikome-kome cha nkhuu mukati mwenyele*.

Mazu gaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yesaya 8:20*. Kukusambizga ndi ku ukaboni! Kwakuneneska pa mazu yagha wakamba kulivi kucha.
- (2) *Yesaya 36:6*. Ehe, uyegeme paku Egipiti, ndodo ya dete liya lakuphwanyika lenilo likahomanga janja la munthu we yose wakuyegeme. Viyo ndimu waliri Farao karonga wa Egipiti kwaku wose wakuliyegeme pake.

66. Kutaya thayu

Konkhosko lake: Pa Chitonga pe nthanu yaku *Tambala ndi Zumbwe*.⁸ Pakukhumba kuchita maluso gho Zumbwe wangughaziwa cha wangujidumuwa mutu, ndikufwa. Kweni wana wake anguziwa kuti Tambala ndiyo wangubayiska auskewo. Sonu wana aku Zumbwe angukhumba kuwezge nduzga kuti abaye Tambala.

Tandauzo lake: Kuwezge uheni ku munthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu wakhumba kuwezge nduzga chifukwa cha uheni wo wakuchitiya munyako. *Apharazgi* akamba nthanthi iyi kuchenjezga wanthu kuti nchamampha cha kuwezge uheni munyako, kweni kugowokiyana ndiko kwamampha, chifukwa Chiuta ise watitigowoke epa tamunangiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 5:38-39*. "Mwavwa kuti kunguneneka, 'Jiso ku jiso, ndi jino ku jino.' Kweni ine ndikuneniyani, Ungamikana nayo mheni cha. Ndipo yose yo wakupamantha pa dakama lako lamarghe, umung'anamuliye linyake nalo."
- (2) *Yohane 18:10*. Viyo Simoni Petro, wakuwa ndilipanga wanguliwewepuwa, ndipo wangukose muwanda wa muzukuru mura, wangudumuwa gutu lake lamarghe. Zina la muwanda yo lenga Malko.
- (3) *WaRoma 12:19*. Mwawakwanjiwa, mungajitayiya thayu cha, kweni ndereni malo ku kandundu kaku Chiuta; pakuti kwalembeka, "Thayu ndaku ine; ine ndamwerezgapo, watiti Mbuya."

⁸ F.K. Chirwa, *Nthanu za Chitonga*, pp. 74-75.

67. Kutorana ndi Viyuni Marambo

Konkhosko lake: Pa Chitonga *Viyuni Marambo* ndivyenivyo viyinga vyaru ndi vyaru, chikhomo virivi. "Marambo" ndi zina lo a Tonga adananga achikamba yo tidana sonu "Zambia." Kwembiri yakuti viyuni vinyake vya chilendo ko vituliya viziwika cha. Nthanthi iyi yikutuliya ku nthanu yo yikamba ndi za musungwana *Ngoza*, yo kuti wanguvwiya cha vyo apapi wake angumunene kuti watenele kuwirwa ku munthurumi bweka cha, vinu wangachisuzgika. Kweni *Ngoza* wangujumphu chichinyiye cha apapi; wanguutorana ndi anyamata ambura kuziwiki nkharo yawo. *Ngoza* ati aruta nayo panyanja pakati angumujowo yija. Wanthu wa angume mapapa ndikubira pamaji jwaa!⁹

Tandauzo lake: Nchamampha kuvwiya mazu ghakucheweska mwakuti tireke kusele musuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga *ahurwa* ndi *asungwana* kuti atenele kuwa ndi zeru pakusankha chinthu cho chiwawovyenge kunthazi. Kaya nkhusankha munthurumi pamwenga munthukazi wakutolana nayo; kaya nkhusankha nchitu yakunthazi, kaya nkhusankha masambilo gho ghakovyenge kukupaska nchitu yachikhazi kunthazi. Nthanthi iyi yichenjezga so *asungwana* wo athawiliya nthengwa enga andafikepo. Nthengwa zikho cha chifukwa chakuleka kuvwiya apapi, ndipu so chifukwa chakuleka kusankha kwa kudekha (kufwasa).

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 24:1.* Ungawachitiyanga sanje cha wanthu waheni, chingana nkhu-nweka kuwa nawo pamoza.
- (2) *Werengani 2 Timote 3:1-9.* Paulo wachenjezga kuti wanthu wo achita mphurupulu umoyo wawu alutiriya cha, chifukwa munthu yose wawonenge kupusa kwawo.

68. Kuwezga janja/kase ruta kase weku

Konkhosko lake: 'Kamampha kawezga kamampha.' Pa Chitonga pe kuthamiyana, pamwenga kugomezgana yumoza ndi munyake.

Tandauzo lake: Asani munyako wakuchitiya ulemu, nawe utenele kuwezga ule

⁹ Nthanu iyi angukamba Anyaphiri (Mrs Rev. Wesley Manda) pa Kang'ongo po ndenga pa kafuku-fuku (October 1994).



Nthanthi 67: Kutorana ndi Viyuni marambo

mu. Viwi-viwi asani munyako wakupaska kanthu nawe zua linyake umukumbuke kumuchitiya wezi. Kuriyarwande cha. Nkhwamampha cha kupima kuti *Vyaku Fu vyakuriya lwande. Uchembele nkhuriyana!*

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 7:12*. Viyo vyose vyo mungakhumba kuti wanthu wachitiye imwe, namwe so muchitiye iwo kwakulingana: chifukwa chenichi nchilangulu cho ndi wamchimi wo.

69. Kuwika mphoro mlandu

Konkhosko lake: 'Mphoro' (mkuti) ndi sima yakugona yo wana anyaki ku mle-njilenji aturya.

Tandauzo lake: Kuwika chinthu kuti chikove nyengo yinyake po chazamukhu-mbika so.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani mphara ya mlandu yalanguka kuti mlandu azidumuwi pavuli mwakuti weruzgi ausande danga. *Apharazgi* akamba nthanthi iyi kuchenjezga wanthu kuti nyengo nja sonu kusele mu ufumu waku Chiuta. Wa Khristu atenele kuronde Yesu Khristu kweche sonu, mawa cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Machitidu gha Wakutumika 24:25-26*. Kweni wachipokoto iyo vyapa urunji, ndi kujitinttha ndi cheruzgu cho chikazanga, Feliko wangumbwambwantha, ndi wangwamuka, "Sono rutanga; ndipo ndichiwa ndi nyengo, ndamkukudana." Kweni so wagomezganga kuti chuma chingapaskika ndi Paulo kwa-ku iyo: chifukwa chenicho wamdananga kawikawi, ndi wakambiskananga nayo.
- (2) *Machitidu gha Wakutumika 28:23*. Ndipo wanguti wamteme zuwa, wanguza kwake mu chitandara chake wanandi; kwaku wo wangupatauliya makani gho, wakusimikizga ufumu wo waku Chiuta, ndi wakuwakope vyapaku Yesu, vyakutuwa ku langulu laku Mosese ndi ku wamchimi kwanda ku mle-nji mpaka ku mazuro.
- (3) *2 WaKorinte 6:2*. Chifukwa watiti, "Mu nyengo yakurondeka ndinguteghe-rezga kwako, ndipo mu la utaski ndingukovya."

70. Kwambiriya limu maji gheche mugongono

Konkhosko lake: Tingayeruzgiya nge po musinje utore asani kwe vuwa. Maji ghatutuka kamana-kamana. Asani uswela kwambuka mbwenu ukukulwenge. Asani ukhumba kutaska laya po lipaluka utenele kusunapu luwi musono.

Tandauzo lake: Epa uwona suzgo ye pafupi kukuzinga, nchamampha kusaniya luwi nthowa yakutaskikiya, pamwenga kuyithawa yenga yindakuzingizge.

Kuzirwa kwa nthanthi iyi: Ndichenjezgu ku *Ahurwa* ndi *Asungwana* kuti mungalindanga suzgu mpaka yimusaniyeni cha, kweni saniyani nthowa luwi yakuthawiya. Wana wa sukulu atenele kulimbikiya kuti kunthazi akaŵi ŵanthu akujovya ŵija. Yo wasele mu maluso ghaheni watijidaniya suzgu pa umoyo waki. Nchamampha kuleka luwi maluso ghaheni ghenga ghandame nkhorozu mu umoyo widu. *A pharazgi* a Mazu ghaku Chiuta atiticheŵeska ndi *nthanthi* yeniyi kuti tingaswelanga cha ndivinthu vya pa charu, kwambura kung'anamuka luwi mtima. Yesu watitichenjezga kuti palive nyengo yakuti tikaŵike akufwa, pamwenga tikaraliske mbumba zidu. *Nyengo njasono kusere.*

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yesaya 55:6.* "Penjani Ambuya penipo angasanirika, danani paku iwo penipo weche pafupi."
- (2) *Luka 9:57-62.* Ndipo ŵachika iwo mu nthowa yumoza wanguti kwaku iyo, "Ndazamrondo imwe kose ko mungaruta." Ndipo Yesu wanguti kwake, "Akambwe ŵe nazo mphanji, ndipo tuyuni twa kuchanya vivimbu; kweni Mwana wa munthu walive pakusamira mutu." Ndipo wanguti ku wamwenga, "Rondo ine." Kweni iyo wanguti, "Ambuya, ndizomerezgeni kuruta danga kwachiŵika ŵada." Kweni wanguti kwaku iyo, "Reka ŵakufwa wo ku-ŵika ŵakufwa, ŵakufwa pe ŵaŵikanenge ŵija; kweni iwe ruta memeza ufumu waku Chiuta." Ndipo wamwenga nayo wanguti, "Ndazamrondo imwe, Ambuya; kweni danga ndizomerezgeni kwachirayirana ndi ŵamu nyumba yangu." Kweni Yesu wanguti kwaku iyo, "Palive yumoza wakuŵikapo janja lake pa chilimiru, ndi wakulereska ku vyakuvuli, ngwakwenere ku ufumu waku Chiuta."

71. Kwambiriya nkhubona pakati

Konkhosko lake: Pa chizungu pe nthanthi yakuti, *Kayuni ko kadankha kufika pa malo ndiko kasaniya munyolo.* Mbuneneska, pa Chitonga napo ndi viyo. Munthu yo wakhumba kuti wasaniye chamampha watenele kwamba luwi. Waza-mufikiya pamampha asani pa malo wafikapo luwi.

Tandauzo lake: Nchamampha kutuzgapo suzgu luwi yenga yindakuwe. Chilonda asani uleka kuwikapo luwi munkhwala chinyekenge. Kuzomerezga suzgu kuti yikusere mbuheni limu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yititisambizga kuzirwa kwakuja wakunozgeka-nozgeka. Titinthimikenge pa kuchita kanthu. *Ahurwa* ndi *Asungwana* atenele kunozga vyakunthazi kwawo weche amupupuka. Asani ukhumba kuti matenda ghaleke ku kuko, nchamampha kujiko, pamwenga kumwa mankhwala wo ng'anga yingakupaska. Wana wo wepa Sukulu atenele kuswela cha kwambiya pamoza ndi anyao visambizgo. Nchitu yidu yikuru nkhuwa maso nyengo zonse vinu suzgu yingatizinga kwa mabuchi-buchi. *A pharazgi* atiticheweska kuti tiwe masu. *Yesu watuza!*

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) Tikumbuki a mwali ankhonde wa azeleza, wo anguleka kunozge limu nyali zawo. Wachiza mweneko wa nthengwa wanguwajalika kubwalo. Kweni amwali wankhonde wo anguchenje angulondeleka ndi mwenecho wa nthengwa (werengani *Mateyu 25:1-13*).
- (2) *Marko 2:2*. Ndipo wanguwungana wanandi, viyo kuti mwengavi so malo chingana mpha nkhomu; ndipo warongoronga nawo mazu gho.
- (3) *Luka 2:7b*. Ndi wangumlalika mu murgheru. Pakuti kwengavi kwaku wo malo mu nyumba ya walendo.

72. Kwawiyako Chiuta

Konkhosko lake: Pa Chitonga "Limphezi," pamwenga chinthu chose chakuziziswa atiti ndi nthazi yaku Chiuta. Nthenda zichiwa anyake atiti, 'Chiuta watitilanga chifukwa cha mauheni ghidu gho tichita'.

Tandauzo lake: Ching'anamuwa, nthenda yo yamala wanthu kumuzi wa mwenega/unyake, nge ndimo sonu nthenda ya HIV/AIDS yawiya mcharu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala, kurongo nthazi yaku Chiuta, asane kumalo ghanyake kwawa nthenda yiheni ndi yakofya yo yimala wanthu. Ndipo so ndi chenjezgu kuti wanthu waleki kuchita uheni, kweni wawopi Chiuta vinu wangaŵalanga wose. Mu nthanthi iyi apharazgi acheweska wanthu kuti aleki kuchita uheni chifukwa Chiuta waziwa ku wamara ndi zinthenda ziheni. Ndichenjezgu ku *Ahurwa* ndi *Asungwana* kusiya uheni, vinu Chiuta wangaŵalanga ndi zinthenda ziheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chituwa 9:8-10.** Tisambira kuti wana wa Egipito angulangika ndi zinthenda za mapumba chifukwa chakukana kutuzga wana wa Yisraele mu ukapolo.
- (2) **Chituwa 9:15.** Pakuti pa nyengo yino mphanyi ndikutambaruwa kale janja langu kukupuma iwe ndi wanthu wako ndi videru, ndipo mphanyi mukudumulikako ku charu chapasi.
- (3) **Yesaya 37:36.** Ndipo mungelo wa Ambuya wanguruta, wangubaya vikwi machumi pe chumi ndi machumi ghankhonde ndi ghatatu (185,000) mu ugowi waAsiriya; ndipo penipo wanthu wanguyuka ndi mlenjilenji, ehe, yawa wose wenga wiwanda.
- (4) **Amosi 3:6.** Kumbi mbata yingambika mu msumba, ndipo wanthu wangareka kuopa? Kumbi chiheni chingawamo mu msumba, kwambura kuti chachitika ndi Ambuya?
- (5) **Luka 21:11.** Ndipo viwengero viyeuye vikuru, ndi mu malo-ndi malo vilala ndi videru; ndipo viwengero vyakofya, ndi visimikizgu vikuru vyakutuliya kuchanya.

73. Kwe karakato

Konkhosko lake: Pa Chitonga anyake avwana kuti wanthu wo akutema minkhwala yiheni ayuka epa wafwa, ndi kusanduka *nkharamu*, *nyalubwe*, *njoka*, ndi vya viyo.

Tandauzo lake: Ndi mweniyo munthu wapunda nyifwa, ndi kusanduka chikozgo chinyake.

Kuzirwa kwa nthanthi iyi: Wala-wala wakamba nthanthi iyi asani chirwani chaza mu muzi kofya wanthu, nge kukoroma kwa *Nkharamo*, *Nyalubwe*, ndi vinyake vya viyo. Wanthu azizwa kuti, vyaza ndiyani po charu chenga bata. Mwa viyo wanthu agomezga kuti ndi mzimu wa munthu yo wakufwa sonu wasambuka chirwane.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) Mu **Yohane 11:43-44.** Tisambira kuti Yesu wanguyuska Lazaro ku nyifwa. Wangudana Lazaro kuti, "Lazaro tuliya kuno kubwaro!"
- (2) Pa **Yohane 20:1-10.** Tisambira ndi chiyuka chaku Yesu kunyifwa. Yesu ndi *Karakato waŵa karakato*. Chifukwa nthazi ya awiske Chiuta yingumuyuska ku nyifwa. Yesu yija ndiyo wakupunda nyifwa. Wanyake wo tituvwa ndi vibi-

zi/maselemusi waka, chifukwa chakurya minkhwala, atiti atachisanduka viko-
kozgo vinyake.

74. Likhwechu lamunyako payika, mawa le pako

Konkhosko lake: Cheruzgo cho upereka pa munyako, nawe so wazamukweruzgika ndi chenicho.

Tandauzo lake: Titenele kuseka munyidu cha asani weruzgika pa uheni wo wachita, chifukwa nase po tazamubudiya taza mukweruzgika viyo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yituma pa mutu wa "Cheruzgu," cho tipereka ku wanthu mu zimphara zidu. Yo mlandu kuti wamuwiya cha waleki kuseka yo chamuwiya. Kuchita viyo nkhujiukuzga. Nyengo yinyake nawe wazamukuwa pa mlendo unyaki po cheruzgo chazamukuwa paku iwe. *Ahurwa* ndi *Asungwana* kusekana cha asani munyako we pasugzu. Ku khwichizga munyako nchamampha cha mawa chazamuwona iwe.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 7:1.* "Mungeruzganga cha, alinga kuti mureke kweruzgika."
- (2) *WaRoma 12:19.* Mwaŵakwanjiwa, mungajitaiya thayu cha, kweni ndereni malo ku kandundu kaku Chiuta; pakuti kwalembeka, "Thayu ndaku ine; ine ndamwerezgapo, watiti Mbuya."

75. Lilime lenge moto

Konkhosko lake: Apa lilime nchakweruzgiyapo waka, kurongo kuti tunthu tumana-tumana, asani uleka kutuphwele, tuziwa kukutonda pavuli pake. Iwe waza mubuchira we pasuzgo.

Tandauzo lake: Nchakuzirwa kuphwele tunthu, nanga uli tuwoneka mu masu kuwa tumana.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga munthu kuti watenele kuche-
wa pakuchita vinthu. Asani mpha mzinda munthu watenele ku mukiyamo bwe-
ka cha kanthu kwambura kuteska danga, ndi kuthowa ko makani gharazga; kopa
kuti ghangayuska viwawa vikuru. *Apharazgi* akamba nthanthi iyi kuchenjezga
Akhristu kuti atenele ku jiko, chifukwa vyakulongolo vipasuwa mipingo. *Lilime*
ndi moto lipasuwa muzi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yesaya 30:27.* Ehe, zina la Ambuya lituwa kutali, lakunyeka ndi ukari wawo,

ndi mu usi ukhomi wakukwera; milomo yake njakuzaza ndi kukwiya, lilime lake le uli ndi moto wakocha.

- (2) **Yoele 2:3.** Moto ukole paurongo pawo, ndi kuvuli kwawo mlipu utocha. Charu chenge ndi munda wa Edene paurongo pawo, kweni kuvuli kwawo mabozwa ghasokwa, kulivi kanthu kakupozomoka kwaku iwo.
- (3) **Yakobe 3:5.** Viyo lilime nalo nkchachiwari kamanavi ndipo lijithamiya ukongwa. Awonani moto umanaviweni nawo utocha lisuwa likuru!

76. Limphezi liweliyamo cha mu chimiti

Konkhosko lake: Viripo vinthu vinyake vyo vichitika kamoza pa nyengo.

Tandauzo lake: Mwaŵi uwerezga cha. Asani wausaniya uwunchakatiye, ndi kuwukankhaŵiya ndi manja ghaŵi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga munthu kuŵa wakuphwele vinthu ndipo so wamagomezgeka. Yichenjezga so *ahurwa* ndi *asungwana* kuphwele ndi kukoreska cho asaniya pa umoyo wawo. Asani ndi chuma, kukhum-bika cha kumwaza bwekabweka, chifukwa asani chamala uchisaniyengi so cha. *Apharazgi*, atiti, asani walangika kamoza utenere kupe mtima.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Mateyu 3:8-12.** Muchite vinthu vyo virononge kuti imwe mwareka uheni Mbavi yajikika ku nkhorozu za miti, chimuti chose chakureka kupasa vipasi vyeneko chitemeka ndipo chipong'eka mu moto.
- (2) **Werengani Luka 15:11-21.** Kumbukani mwana wakusoŵa yuwa wangumwaza chuma cha awiske. Wangusoŵe dondu ndi kusuzgika ukongwa. Wangurya vyo nkhumba zaryanga. Pavuli pake wanguwele ku awiske.
- (3) **Chivumbuzi 3:11.** Nthuza ruŵi: koreska cho we nacho, alinga kuti paŵevi yumoza wakupoka ndumbu yako.

77. Mafurukutu ngawaka mapundi nkhubikiya ŵanthu; mawala ngatuswa vyaka

Konkhosko lake: Ŵalipo ŵanthu ŵanyake wo iwo mbakujirongo pakuchita tunthu. Atijiwoneska nge mba zero, penipo cha kweni akuchenje mwakupusa (mwa uzeleza).

Tandauzo lake: Kuchenjeriyamo bweka unangengi vinthu vyaŵeni. Kujikuzga uwayukengi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga "kujiko." Mamphuru ghananga vinthu. Ndi chenjezgo kwa kuwo wendi mtima wakujikuzga kuti iwo ndiwo mba zero. Munthu waviyo kuti mu mupaske nchitu mbwenu watondeka kuchita, pamwenga waziwa kunanga nchitu. Waviyo mbachenjezi ndi wakukwamphuwa waka uku zero walivi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 11:2.* Asani patuza kujikuzga pavuli patuza chilengesku; kweni pamoza ndi wakujiyuywa ndi zero.
- (2) *Nthanthi 16:18.* Kujikuzga kudanjiya paurongo pa pharghaniku, ndi mtima wakujikuzga paurongo pa kuwa.
- (3) *Yeremiya 49:16.* Kofya ko we nako kwakupusika, ndi kujikuzga kwa mtima wako, iwe wakuja mu malijengwajengwa gha mya, iwe uthamiya utali wa mtunthu. Chingana uchita chivimbu chako nge ncha nombo, ine ndikakusiskiyanga pasi kutuwa kwenikuwa, atiti Ambuya.

78. Maliro nkhuliyana

Konkhosko lake: Pa Chitonga pe kujaliyana, palivi munthu yo watiti *ine nde munthu ndija*, nge munthu yo we yija pa chirwa cha pa nyanja.

Tandauzo lake: Wanthu watenele kovyana nyengo zose, kaya ndi nyengo ya mleli, pamwenga nyengo ya masuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska wanthu wo kuti atenda cha mumaliro gha anyawo. Akuziwiiriya umoyo wakuja wija. Kweni nyifwa yisankha cha, asani ye paku iwe ukhumbenge anyako ku kovya. *Ahurwa* ndi *Asungwana* asambirenge kovya milimu ya pa maliro, nge nkhumika, kubika, pamwenga, *ahurwa* azeru awovyengi kukumba dindi, ndikupereka ma uthenga ku wanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 7:12.* Viyo vyose vyo mungakhumba kuti wanthu wachitiye imwe, namwe so muchitiye iwo kwakulingana; chifukwa chenichi nchilangulu cho ndi wamchimi wo.
- (2) *Werengani Yohane 11:1-44:* Pa nyifwa yaku Lazaro, AYuda wo anguzengezgana nayo angucherezga zi sumu ndi kutenje pa nyifwa yake.
- (3) *1 WaTesalonika 4:18.* Viyonthu sangaruskanani ndi mazu yagha.

79. Malo gho utanja kusambapo ndigho patachikukole mung'ona

Konkhosko lake: Titenele kuphwele umoyo widu chifukwa soka liziwika cha po lakutisaniliya.

Tandauzo lake: Urwani usanilika pa malo po utanja.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yicheweska wanthu wo umoyo wawo ati-wuphwele cha. Ndisambizgo ku *ahurwa* ndi *asungwana*, kuti umoyo wawo anga *wuwikanga pa muswa cha*, aziwa kuliwa ndi Satana yo wanyenge tawanthu ku chita uheni. Ndichenjezgo kuti achewenge kwenda kwawo mu malo gho atanja chifukwa mwe urwani.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **1 Samuele 18:10-11.** Kunguti kwacha ndi mlenji mzimu uheni ungumufikiya Sauli kutuliya kwaku Chiuta, ndipo wabwebwetanga mu nyumba yake, po Davidi wambanga kaligu; nge ndimo wachitiyanga mazuwa ghanyake; Sauli wenga ndi mkondo mu janja lake. Ndipo wangupong'a mkondo, pakuti waghanaghananga, "Ndimukandirizgiyenge Davidi ku chimati." Kweni Davidi wangupozomoka kawi.

80. Manda ghawole pa khomo

Konkhosko lake: Manda ndi wowa wo ume mu malisowa ghakufupi ndi mizi. Kanande wanthu waziwa cha kuti wowa wame pafupi pawo, mwaviyo aziwa kugona ndi nja, kweni kumulenji azamusaniya *manda* ghavundiya pafupi ndi nyumba yawo.

Tandauzo lake: Urwani uziwa kubisama pafupi. Munthu watenele kuziwa kuti vinthu vyose viko zgana cha. Urwani, pamwenga nyifwa titenda navyo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo. Nchamampha cha kupi-ma kuti epa titenda-tenda kulivi urwani. Kanande urwani ubisama pafupi pidu. Wala-wala atiti, *nyifwa titenda nayo*. Mwaviyo nchakuzirwa kuphwele ukongwa umoyo widu. *Ahurwa* ndi *asungwana* lekani kwenda mwija ndi usiku, chifukwa urwani nawo utimurondone. *Po mutanja ndipo mwazamuliwiya! Apharazgi* asambizga kuti tiwenge maso, tendengi ndi Ambuya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Marko 13:32-36.** Apa tisambira chenjezgo lakuti kukhazga ndi kuwa maso nchinthu chakuzirwa chifukwa zuwa lo Ambuya aziyengi tiziwa cha. Mwaviyo titenele kuchenje ndi kukhazga.

- (2) **Luka 12:20.** Kweni Chiuta wanguti kwaku iyo, "Wakupusa we, usiku uno wawufumbiyenge mzimu wako; ndipo vyenivyo warongoso, viwenge vyaku yanu?"

81. Mata gha Mula ghatuwa pasi cha

Konkhosko lake: Chinthu cho wakamba mula chileka cha kufiskika. Mazu gha mula ghatenele kunganyoza cha. Pa Chitonga pe nthanu yakuti, "Mwaka mugonezi wa *wamupupuka* ungubaya wala wawo wose, kweni mwana munyake wangubisa awiske, ndiwo angutaska Fumu yawo, po yinguzingirizika ndi chinjoka chikuru mu singo lake. Mula wanguwasambizga zero."¹⁰

Tandauzo lake: Wala-wala wendi zero.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga wana "Kuvwiya" vyo akamba wala. Ndichenjezgo so kwaku wo athamiya zero zawo, kweni asani we musuzgu atuza ku wala kuti awawove. *Apharazgi* achiska wanthu ndi nthanthi iyi kuvwiya Chiuta, chifukwa ndiyu *nkhokwe ya zero*. Mazu ghaku Chiuta gho wakamba ghawe pawaka cha, mpaka ghafiskika. Chiuta ndi Mula wa wala wose mcharo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) Vyo wangukamba Eli ku wana wake, Hofini ndi Finehasi vingufiskika Muwenge mazu agha:
 - (i) **1 Samuele 2:25.** Asani munthu walakwiya munyake, Chiuta wakamuwiyanga mwenda-pakati; kweni asani munthu walakwiya Ambuya, kuti ndiyani yo wakamuweyeriyanga iyo. Kweni ndipo uli wanguvwiya mazu gha auskeu cha; pakuti linguwa khumbu la Ambuya kuwabaya.
 - (ii) **1 Samuele 4:11.** Bokosi la phanganu laku Chiuta lingukwamphulika; ndipo wana wawi waku Eli, Hofini ndi Finehasi, wangubayika.
- (2) **Luka 1:37.** Pakuti kwaku Chiuta kuwengevi nkhanu yose yiziranthazi.

82. Matakho ghaŵi ghaleka cha ku kwenethana

Konkhosko lake: wanthu watenele kusambira kuja pamoza. Vyakuweleweta kuti vireke limu cha po pe wanthu.

Tandauzo lake: Po pe wanthu vyakurongoro kuti vipamba cha, chifukwa zero nazo zakupambana.

¹⁰ Nthanu iyi angundinene a Godfrey Chiya Phiri, Oct. 1994, kumuzi kwawo ku Tukombo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kaŵi-kaŵi ndi ŵeruzgi amilandu mu mabwalo. Ndichenjezgu kwakuwo atiŵapempha kuti agowokiyane vyo ayambana. Kaŵi-kaŵi vichitika muzinthengwa, kupindana ndiku kweŵeskana. Vyaviyo kuti vipambiya limu cha. Chakuzirwa nkhwgowokiyana.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Ŵerengani Chiyambo 13:5-7.* Apa tisambira kuti vyamu mulomo vingubuka pakati paku Abrahamu ndi muphwa waki Loti, kulimbana za malo. Abrahamu wangupima kuti chenga cha zeru kuti muphwa waki Loti wamuleke malo, kuruska kupindana waka.
- (2) *Luka 22:24.* Ndipo so kunguŵa suskanu mwaku wo, yakuti, njani waku wo wawoneka kuŵa mraku.
- (3) *Ŵerengani Machitidu gha Ŵakutumika 15:39-40.* Pangubuka mphindano pakati paku Paulo ndi Barnaba pakulembe kuti ato Marko pa ulendo wawo. Paulo wangukana sachizgu ili mwaviyo angupambana. Barnaba wangwenda ndi Marko, Paulo wangwenda ndi Sila.

83. Maungu tikumwa, matali tikurya! Kwajanji so?

Konkhosko lake: Ili ndirombo kuwonga wezi waku Chiuta pakupereka vipasi ndi wowa kuti ŵanthu ŵaryenge pa vuwa zakwamba. Ndi chirongorelo kuti Chiuta wapereka vuwa zamampha.

Tandauzo lake: Ndi viwongo kwaku Chiuta, kuti watisunga pakutifikiska ku vuwa zifya, kuti tirye vyantheta: vipasi ndi wowa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi pemphero pa visopo vyo aperekanga auskekulufwe kali, kwaku Chiuta - *Mlera-ŵaranda, Mpaski, Msungi* ndi *Mle-nga-vuwa (Nyangoyi)* - kumuwonga chifukwa cha wezi ndi lisungu lake pakutuma vuwa kuŵanthu ŵake. *Ŵaliska* ndi *ŵapharazgi* asambizga ŵanthu kumuwonga Chiuta mu mapemphero pakutipaska vuwa. Titenele kurongo viwongo vidu pakupereka vyakurya/vuna ndi ndrama.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marangu 26:5-10.* "Ndipo mukamukanga paurongo pa Ambuya Chiuta wi-nu, kuti, 'MuAramu wakuyingayinga ŵenga ada; ndipo iyo wangusikiya ku Egipiti ndi wangugonera mwenimuwa, ndi mbumba yake yimanavi; ndipo muwa wangukuwa kuŵa mtundu ukuru, wakurimba, ndi wakwandana. Ndipo ŵaEgipiti ŵangutichitiya nkha. Ŵangutisuzga, ndipo wangutinyekezga

uwanda uzitu. Sono tinguliriya ku Ambuya Chiuta wa auskefwe, ndipo Ambuya anguvwa mazu ghidu, ndi anguwona kusuzgika kwidu ndi kuta-kataka kwidu, ndi suzgu lidu. Sono Ambuya angutituzga mu Egipiti ndi janja lakutambaruka, ndi chofyu chikuru, ndi visimikizgu ndi vyakuziziswa. Wangutitole mumalo yagha ndi wangutipaska charu ichi, charu chakutawala mkaka ndi uchi. Ndipo ehe, sono ndituza ndi vipasi vyakudanga vya mu munda wo imwe Ambuya mwandipaska.' Ndipo mukaviwikanga pasi pa-rongo pa Ambuya Chiuta winu."

Apa tisambira *chivwanu* cha wa Yisraele pakuwonga Chiuta wawo ndi sembe zakuperekange ndi vuna yifya.

- (2) *Chiyambo 1:29*. Ndipo Chiuta wanguti, "Awonani ndakupaskani mbeu yose yakupasa chipasi, yo ye pacharu chose cha pasi, ndi muti we wose wakuwa ndi nje mu chipasi chake vikawanga kurgha kwinu."

84. Mawonekedu ghanyenga

Konkhosko lake: Munthu pakukhumba chinthu watenele kurondo kutowa cha, kweni kukho (kulama) kwachinthu. Munthu waziwa kutowa limu mu mawonekedu, penipo ndi mlesi.

Tandauzo lake: Kutowa nkhanthu cha, kweni kukho, pamwenga kukoma pakugwira nchitu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndichenjezgo ku *ahurwa* ndi *asungwana* kuti pakusankha yo atoranenge nayo nthengwa, ateskengi mwa-zeru, chifukwa *mawonekedu gha munthu ghapusiska*. Kwenge pakusankha chinthu mu sitolo kulondo kutowa pe cha, kweni kukho kwa chinthu. *Akutaula* mazu ghaku Chiuta, acheweska aKhristu kuti anganyengekanga ndi vinthu vyo viwoneka nge vyakunozga ku umoyo wamunthu, kweni mwe urwani ndi nyifwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 7:13-14*. "Sereni mu likomo lalifyakafyaka: chifukwa ndikuru likomo, ndipo njisani nthowa, yakurongozge ku wanangiku, ndipo mbanandi wakusere mwaku lo. Chifukwa ndalifyakafyaka likomo, ndipo njifinyi nthowa, yakurongozge ku umoyo, ndipo mbamanavi wakulibowozga."

85. Mazu gha wala ghawe pawaka cha

Konkhosko lake: A Tonga aziwana kuti mwakuiwo alimo azeru zakuruska anyawo. Aviyo zeru zawo zitovya kukuzga unthu wamunthu. Nchamampha kuchezga kaŵi-kaŵi ndi *nkhwantha* za viyo.

Tandauzo lake: Cho mula wakamba chiwe pawaka cha, chitachifiskika kunthazi; chingana wana wanyoza mazu gha wala.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala asani wana waleka kuvwiya. Ndi chenjezgo ku wana kuti enga andachite cho akhumba kuchita, atenele kufumba danga mula kuti wawarongo nthowa. Nyengu zinyake wakweruzga mlendo wakamba nthanthi yeniyi nge nkhusambizga uteki wa wanthu. Kutu cho chingukambika ndi mula kali, sonu chafiskika. Apharazi acheweska wanthu kuti mazu ghaku Chiuta ghawe pawaka cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani 1 Samuele 2:22-25; 4:10-11:* wana waku Eli, Hofini ndi Finehasi, pakuleka kuvwiya auskewo, wana angwachimara ku nkondo.
- (2) *Werengani Yesaya 8:16-18:* kawika-kawika Yesaya wawaneniyanga wana wa Yisraele kuti avwiye Chiuta wawo, Kweni pakuleka kuvwiya, Chiuta wanguwalanga.
- (3) *Yesaya 36:1-2.* Mu chirimika cha chumi ndi vinayi cha karonga Hezekiya, Senakaribu karonga wa Asiriya wanguza kuzachilimbana ndi mizi yose ya malinga yaku Yuda ndi wanguyito. Ndipo karonga wa Asiriya wangutuma mathenga kutuliya kwaku Lakishi ku karonga Hezekiya pa Yerusalemu, pamoza ndi liwanja la nkondo. Ndipo wanguma pafupi ndi ngalande ya tha wali la panena pa nthowa yakuya ku munda wa wakuchapa.
- (4) *Werengani Marko 13:1-23.* Yesu wanguchenjezga asambizi wake kuti Yerusalemu wazamubwanganduka, chifukwa cha mkwiyo waku Chiuta. Ndipo nade uchimi waki ungufiskika pa nyengo yo Pompe, mula wankondo ya waRoma wangupunda Yerusalemu yose mu 70 AD. Kwamba nyengo yo waYuda wenga pasi pa muwusu wa waRoma.

86. Mazu gha wala ghayanana ndi sabora wakali, mweniyo wawawa cha

Konkhosko lake: wanthu atenele kuvwiya chenjezgo la wala.

Tandauzo lake: Mazu ghavinjeru ghapozga maghanoghano ghakuparyanika, mwaviyo chamampha cha, kufunya vyo akamba wala-wala, gho ndi mazu ghakunkhozga ndigha urongozgi wa zeru.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yipong'eka nge ndichenjezgo ku ahurwa ndi asungwana wo ajumpha chichinyi cha mazu gha wala.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 7:1*. Wa mwana wangu, sunganga mazu ghangu, ndi uwike mbiku marangu ghangu mwako.
- (2) *Nthanthi 5:1-2*. Wa mwana wangu, utegherezge ku zero zangu, wika gutu lako ku kuwamo kwangu; alinga kuti usungenge maghanaghanu gha zero, ndi milomo yako yivikiriyege chinjeru.

87. Mazua nganande, weya wang'ombe ngumana

Konkhosko lake: Nchamampha kugowokiyana asani mwa wanthu mwayambana, chifukwa yazamuwapo nyengo yo mwa mukumana kunyaki, mwamukhumba kovyana. Palivi munthuyo wangawerenga weya wang'ombe. Kweni mazua gharuska mbwenu unandi waki.

Tandauzo lake: Kugongoweskana, pamwenga kukwiyiskana, kuti nkhwanampha cha. Kusunga kukhose ukali nchihehi, chifukwa munyako yo wayambana nayo, wakukovya asani suzgu yakuwiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga "Chigowoke." Asani wanthu ayambana nchamampha kugowokiyana, chifukwa phuzu ku phuzu nchihehi. Nyengo yinyake mwamukumana kukhumba kovyana. *Apharazgi* atitisambizga kugowokiyana, chifukwa ifwe tose Chiuta watitigowoke ma uheni ghidu gho ghakwiyiska Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 5:23-24*. Wangumuweyere ukongwa, wakuti, "Kana kasungwana kangu kaziririka ke pafupi kufwa, zani, muzichiwika pake manja ghinu, alinga wachizgiki wawe ndi umoyo." Ndipo Yesu wanguruta pamoza nayo. Ndipo mzinda ukuru wamrondonga; ndi wamfinyirizganga.
- (2) *WaGalatia 6:1*. Mwa wabali, asani munthu wakoreka mu ubudi wakuti e, imwe mwa wamzimu munyoroskeni waviyo mu mizimu wa upovu, pakujithowa wamweni, vinu nawe so ungeseka.

88. Mazuwa ghasintha

Konkhosko lake: Ta wanthu titenele kusambira kujaliyana. Kuja chakichaki cha.

Tandauzo lake: Wa munthu nyengo zinyake usuzgika, nyengo zinyake utuwa pamampha. *Apharazgi* acheweska wanthu ndi zua lifinyi la Mbuya lo likazanga.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska wanthu wo aleka kovya anyawo

asani iwo we pamampha. Taŵanthu titachiruwa kuti nyengo yizengi yo nasi taza-mukhumba chovyo ku anyidu. Mu mizi yidu mwe ŵakavu, ŵakupunduka ndi wose ŵaviyo. Titenele kuŵawovya asani ise te pamampha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 27:1*. Reka kujikuzgiya la mawa, pakuti uziŵa cha mwenimo likaŵi-yanga.
- (2) *Ŵerengani Yesaya 4:2-6*. Yerusalemu wazamukuŵa msumba wa mlele nyengo zo zikazanga.
- (3) *Ŵerengani Amosi 5:16-20*. Amosi wanguchima kuti "Zua la Ambuya" lika-zanga ndipu liŵengi lakofya ukongwa. Paza muŵavi pa kuthaŵiya.
 - (i) *Amosi 9:11*. "Mu zuŵa lo ndamuyuska msasa waku Davidi wo ukuwa ndi kulongoso madangazi ghake; ndi kuyuska vyakubwanganduka vyake, kuwuzenga so nge ndi mu mazuŵa ghakali."
 - (ii) *Ŵerengani so Yesaya 3:1-6*. Yesaya wakamba vikuru ndi masuzgo gho ghaza-muŵako kunthazi po msumba wa Yerusalemu wazamutoreka, ndikuwusika ndi mitundu yinyake.

89. Mbaŵa kume masengwe nkhuŵambala lisitu

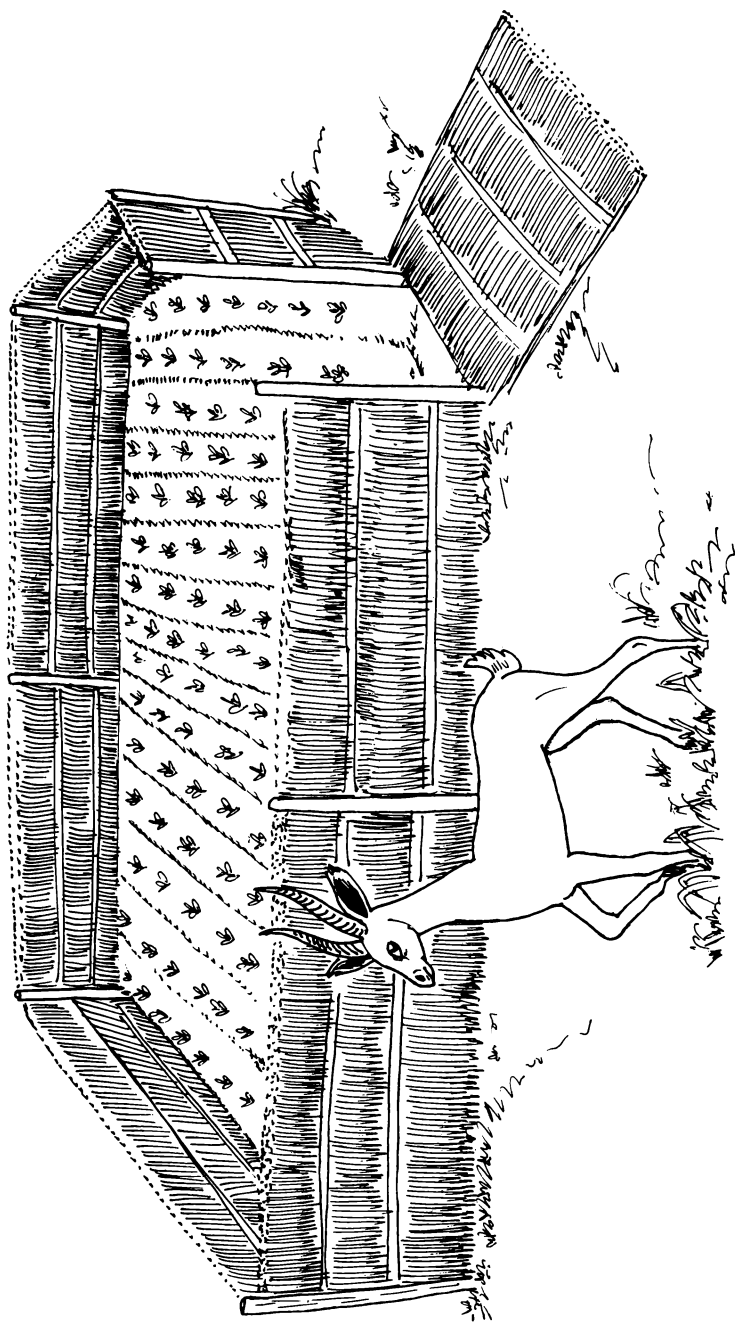
Konkhosko lake: Asani munthu wakhumba kuti umoyo wake uŵi utali watenele kujiphwele ukongwa ndi umoyo waki. A Tonga, nthowa yinyake yakubayiya nyama akumba *mbuna* ndikuzenga lisitu. Nyama yo yitenda mumphepete pe njazeru chifukwa yingawa cha mu mbuna.

Tandauzo lake: Ŵanthu wo akhumba kuti aje mazua ghanande mucharo ajowo maluso gho ghangawatole luŵi kunyifwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo ku *asungwana* ndi *ahurwa* kuti asani muleka kwenda ndi zeru mutayengi luŵi umoyo wino. Mwa ŵana a sukulu muleki kuseleliyamu mu malusu ghaheni gho achita anyino vinu ghangamutayani musuzgu. *Maguru ghaheni ghananga jalido lamampha*. Nchamampha kuŵambala uheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 9:11*. Pakuti mwaku ine mazuŵa ghako ghakandananga, ndipo virimika vikasazgikiyangako ku umoyo wako.
- (2) *Nthanthi 10:27*. Kopa Ambuya kutandaniska umoyo, kweni vilimika vya wamphurupuru vikaŵanga vifupi.



Nthanthi 89: Mbaŵa kume masengwe nkhuwambala lisitu

- (3) *Nthanthi 22:5*. Minga ndi viwana vyemu nthowa ya wakupuruska; mweniyo watijiphwele wakajanga kutali nawo.

90. Mbunu yaku pundu

Konkhosko lake: nthanthi iyi yirongo, kurongo munthu yo ndi mususi (waku-suka). Pa Chitonga pe nthanu ya *Mbunu yaku Pundu*.¹¹ Mweniyo wangufwa chifukwa chakwanja vyakuvunda-vunda. *Uku vingunowa! Uku nako vingu-nowa!*

Tandauzo lake: Munthu yo ngwakutotoka (kusuka) wakhorwa cha ndi chinthu chimoza, ndipu wato bweka vinthu kwambura kusankha. Mahuli ghaphwele cha pakusankha mabwezi ghau, pamwenga alumi ndi awoli aweni.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo pakukamba munthu yo ngwakusuka (kutotoka). Munthu watenele kukhorwa ndi chinthu cho wenacho. Nyengo zinyake nthanthi iyi, yikambika kucheŵeska munthu yo ngwakubinira (ngwasanje) vinthu vya anyake, kuti viŵe vyake. *Akutaula* mazu ghaku Chiuta, achenjezga ndi nthanthi yeniyi, ŵanthu wo mbasanje, ankharyi, ndi akupoka (kuphanga) vyaŵeni, kuti ndilusu liheni pa maso ghaku Chiuta. Munthu wakhorwe ndicho wenacho.

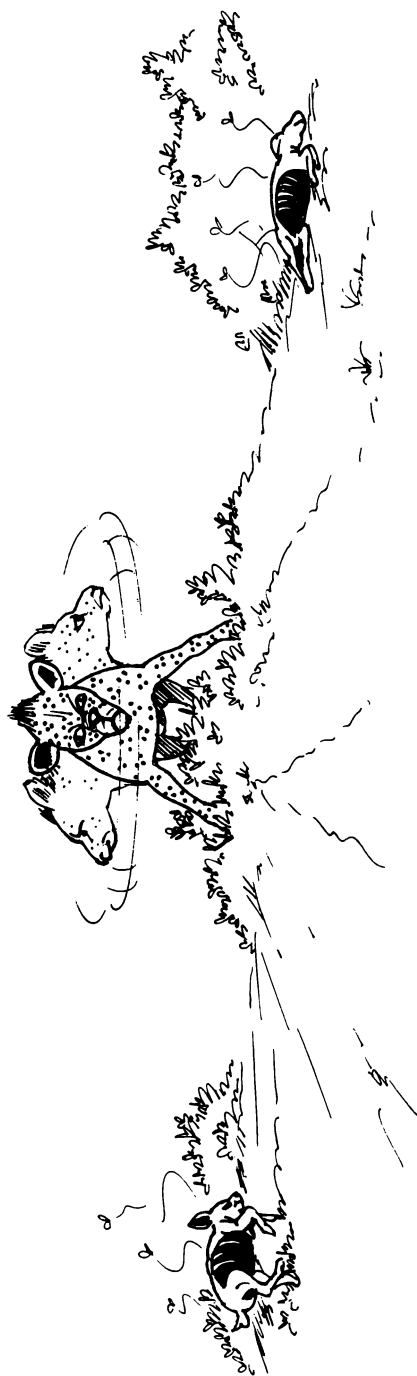
Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *2 Samuele 11:2-3*. Ndipo kunguŵa kuti zuŵa limoza nyengo ya mazulo, Davidi wati wasoka pa chita po wangugona kupumuwa wachenda pa bagha la nyumba wanguwona munthukazi wachisamba; ndipo wenga munthukazi wakutowa ukongwa. Ndipo Davidi wangutuma ndi kufumbiriya za munthukazi yo. Ndipo yumoza wanguti, "Asi uyu ndi Betesheba, mwana munthukazi waku Eliamu, muwoli waku Uriya muhiti?"
- (2) *1 ŴaKaronga 18:21*. Ndipo Eliya wanguza pafupi ndi ŵanthu wose, wanguti, "mpaka zuŵanji mwendenge wakuganthiyaganthiya ndi makhumbo ghaŵi ghakupambana? Asani Ambuya ndiwo Chiuta, murondoni, kweni asani ndi Bala, iku rondoni mweniyo." Ndipo ŵanthu kuti ŵangumwamuka nanga ndi mazu cha.

91. Mlamba ndiyo watunga

Konkhosko lake: Mlamba ndi somba yaku telemuka ukongwa asani wayikole

¹¹ F.K. Chirwa, *Nthanu za Chitonga*, pp. 33-36.



Nthanthi 90: Mbunu yaku pundu

saza. Unga gomezganga kuti nchipusu cha kuyiko asani ye pa maji. Nchamampha ku koleska yo wenayo mu manja.

Tandauzo lake: Munthu watenele kufwililiyapo pa mlimo wo wapaskika kwa ku yiyo. Ku wukole saza cha, chifukwa wamampha wo upenja uwusaniyengi cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgo kuwanthu wo asiya zinichitu zawo, chifukwa chalikhumbira pa kugomezga kuti amusele nchitu zamampha. Nyengo zinyake atayiya limu nchitu zawo. Nyengo za sono wanthu anande ataya zinthengwa zawo zamampha pa kugomezga kuti amuto munthukazi munyake. Kweni atachisaniya soka liheni, panyake kuto so matenda ghaka *Wondewonde* (AIDS), nyengo zinyake kumara nthengwa zawo. Munthu wakhorwe ndicho Chiuta wamupaska. *Apharazgi* achiska tawanthu kuti timamatiye paku Yesu, pamwenga Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chituwa 20:17.* "Ungaŵiniwanga nyumba ya munyako; ungaŵiniwanga muwoli wa munyako; pamwenga wanchitu wake munthurumi, pamwenga wanchitu wake munthukazi, pamwenga ng'ombe yake, pamwenga mbunda yake, pamwenga kanthu ke kose ka munyako."
- (2) *Chivumbuzi 3:11.* nthuza ruwi: koreska cho we nacho, alinga kuti paŵevi yumoza wakupoka ndumbu yako.

92. Mlendo ndi dungwi

Konkhosko lake: Viripu vinthu mu umoyo vyo kuti vijaliliya cha. Pa Chitonga pe nthanu mu *Mcapu* yo yisambizga umampha wa ulemu pa kulonde alendo. Pa ŵahurwa ŵatatu yo wangulichitiya ulemu *khongwe* wanguronde vyakurya ndi vitumbiko, po mu charu chiya mwenga nja yikuru.¹² Ahurwa wo angulichitiya chipongo, ndikuleka kulironde angufwa ndi nja. Dungwi ndi chiyerezegelo chifukwa liswela cha kukamuka asani kwafunda.

Tandauzo lake: Mlendo nyengo zinande nchawanangwa ndipu waja kanyengo kamanavi. Mwaviyo mlendo ngwakusuzga cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska wanthu kuti kuronde mlendo nchamampha. Kweni tiziŵe so kuti nyengo zale ŵanyake mba kuba pamwenga mba kubaya. Mwaviyo mlendo yo tironde timupaske ulemu, asani ngwakuziŵika, chifukwa ngwakuja nase kanyengo kamanavi. Nyengo zinyake mlendo

¹² "Khongwe ndi Mhurwa", *Mcapu wa Chitonga*, pp. 15-16.

wapinga uthenga wamampha. Yesu ndi mlendo wakuzirwa mu nyumba zidu. Titenele kumronde nyengo zose.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani Chiyambo 18:2-15.* Tisambira apa kuti Abrahamu ndi Sara anguronde vitumbiko pa kuronde alendo atatu wa. Anguza ndi uthenga wamampha kuti Sara wawengi ndi mwana munthurumi.
- (2) *Werengani Chiyambo 19:12-13.* Walendo wati wafika ku Sodomu ndi Gomora, Loti nayo wanguwaronde umampha. Walendo angumunene chisisi chaku Chiuta pa misumba yiya. Muchifukwa ichi Loti ndi mbumba yake angutaskika, po Chiuta wangupong'a moto mu Sodomu ndi Gomora.

93. Mlendo ndiyo wabaya njoka

Konkhosko lake: Pa Chitonga pe nthanu yaku *Kalulu ndi Nyalubwe*. Po mphara yingutondeka kweruzga mlendo, *Kalulu* wangubulika kutuwa ku dondo. Amphara angumufumba kuti weruzgi mlendo. *Kalulu* wangweruzgadi mlandu mwavinjeru ndi kwambura sanji. Apa tiona kuti *mlendo ndiyo wendi kamlomo kakuthwa*.

Tandauzo lake: Mlendo waziwa kuthowa kanthu mwa vinjeru ko panyaki kangatonda weneku wa muzi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakufumba mlendo kuti wovoye unonono wo ulipo. Yichenjezga mwa wana kuti mungachitanga nkhaza cha ndi mlendo, chifukwa asani mwe pasuzgu, waziwa kumuwikani pa *usenguli*, paku movyane kusuzgu yinu. *Apharazi* atiti tichitiye ulemu alendo. Kweni wawi mlendo wakuziwiki, wankhaza cha. Kweni so atiti tironde Yesu mu mitima yidu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani I WaKaronga 17:8-15.* Tisambira kuti Eliya wangovya *choko* cha ku Zarefata. Kwenga nja yakofya, kweni choko chinguchita wesi ku mlendo, pakupereka kakurya kake kose ko kangujako. Iyo watinge wataya, kweni ku mazulo wangulingizga mu *chiphuli* chake, wanguwona kuti ufwazazamu so.
- (2) *Yoswa 6:22-23.* Sono Yoswa wangunena ndi wanthu wawi wa wangutumika kuskola charu, "Rutani mu nyumba ya murewi yo, mutuzgeni munthukazi ndi wake wose, nge ndimo mungumurapiya." Viyo wanyamata wo wenga skoli wangusere, wangumutuzga Rahabi, awiske, ndi anyina, ndi wazichi wake

ndi wake wose; wanguwuzga wabali wake wose, ndipo wanguwamika kubwalo ku ugoŵi wa waYisraele.

94. Moto walimbuni utocha lisuwa likuru

Konkhosko lake: Titenele kuchewa ndi tunthu tumana-tumana chifukwa tuziwa kubuka kuwa tukuru.

Tandauzo lake: Tunthu tumana-tumana tuziwa kupereka wanangiku ukuru ku wanthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo kwakuwo asosombeka anyawo, chifukwa nkharo yaviyo yiziwa kwambiska vivulupi ndi kusweka muzi. Wo we panthengwa atenele kuzizipizga asani pakati pawo pabuka tumakani. Nchamampha cha kutuwa nagho luwi makani kubwalo, kwambura kuteska danga unonono ndi upusu waki. Nthengwa zinandi zimara chifukwa chakuleka kujiko ndi kuzizipizga. Suzgu ya pavuli yituwa yikuru asani pe wana.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

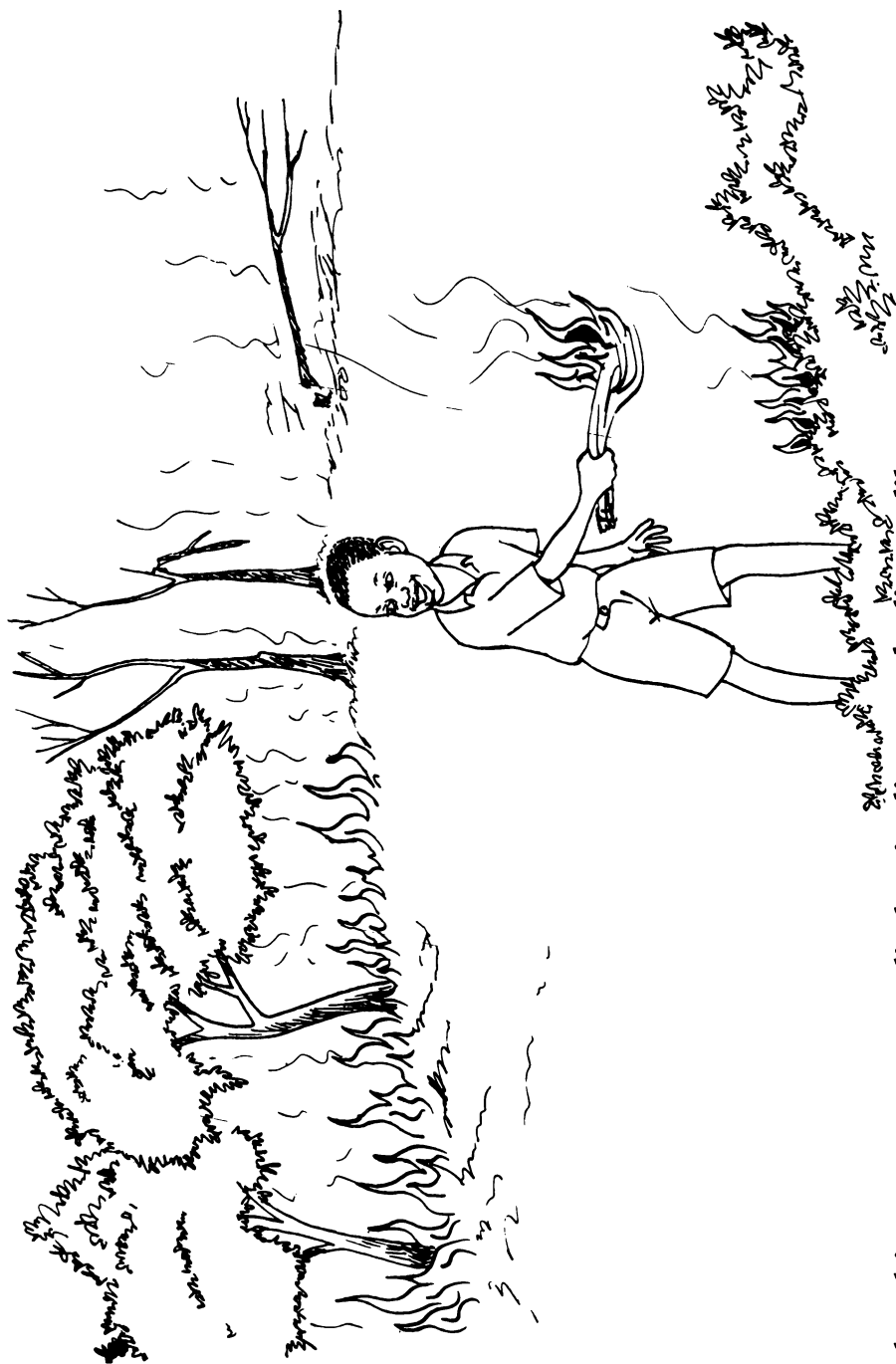
Werengani Yakobe 3:3-10. Apa tisambira kuti tunthu tumana-tumana tuziwa kuwa ndi nthazi zakuchita vinthu vikuru:

- (1) Vitinthiru vimana limu, kweni asani tiwika mu milomo ya wakavalo vitovya kuti ativwengi tichipetuwa liwavu lawo. Kweni kavalo nchinyama chikuru ukongwa.
- (2) Ngarawa nazo chingana zikuru ukongwa kweni zipetulika ndi sigiru yimavani, nanga mphepo zingaputa ndi nthazi.
- (3) Lilime nalo nkachiwalo kamanavi limu mu munthu, kweni lijithamiya ukongwa.
- (4) Moto umanavi nawo utocha lisuwa likuru!

95. Mtiti ungamugolore cha pa mazila ghake

Konkhosko lake: Mtiti nkhayuni kamana ukongwa mu viyuni vyose vyo Chiuta wakulenga. Kweni asani chirwani chaza kufupi ndi mazila ghake, wikalipa ukongwa. Viyuni vikuru vitopa kuya kufupi ndi chizimbu chake.

Tandauzo lake: Munthu watenele kupaskika ulemu ndimo walili, manyi ndi mumana pamwenga mula, kaya walivi masambiro; pamwenga ndi mtundu unyake; kaya ndi mkavu wakutini, kaya ndi munthukazi pamwenga munthurume watenele kupaskika ulemu waki.



Nthanthi 94: Moto walimbuni ndiwo utocha lisuwa likuru

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo ku munthu yo wanyozo wo wēpasi paki, chifukwa iyo we pamalo ghapachanya. Yichenjezga so wanthu wo akwamphuwa vya anyawo, pa mtufu wo apaskika. Nanga mbana amunyu-mba yimoza atenele kupaskana ulemu. Chiuta titenele kumugolore cha chingana kuti wawoneka ndi masu shidu cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Amosi 3:10*. "Kuti waziwa cha kuchita urunji," atiti Ambuya, "wo walonga vivurupi ndi kuphanga mu malinga ghawo."
- (2) *1 WaKorinte 1:27*. Kweni Chiuta wasankha vyakupusa vya charu, alinga kuti waŵalengeske wazeru; ndi vyakutomboroka vya charu wasankha Chiuta, alinga walengeske vyanthazi.
- (3) *Werengani 2 Samuele 12:1-15*. Tisambira kuti Davidi Karonga wa Yisraele wanguusikika ndi mchimi Natani Chifukwa chakuyuywa Uriya, ndikumubaya mwakuti wato muoli waki, Betesheba. Nanga uwi ndi mazaza pamwenga usambazi unandi, nkhumanga ukongwa kuphanga muoli wamweni, pamwenga mlumi wamweni, pamwenga vyuma vyake.

96. Mu moyo ndi mu sitolo

Konkhosko lake: Sitolo yisunga vinthu vyaku pambana-pambana. Ndichimozi-mozi kuti wana wo wapapika ndi mupapi yumoza asiyana jalido, ndi kawonekedu kawu.

Tandauzo lake: Wana wo wawa mu nyumba yimoza mpaka apambane mnkharo, mzeru ndi kawonekedu. Anyake atuwa wanthu amagomezgeka, anyake azeleza ndi akusuzga.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wanthu wo anyoza nyumba za anyao kuti wana wawo mbazeleza, penipo panyaki njumoza pe yo walivi nkharo. Mwaviyo nchamampha cha kuwayulana. Wana wamunthu yumoza waziwa kupambana munkharo ndi zeru.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani 1 Samuele 16:6-13*. Tisambira kuti wana anayi aku Jese: Eliabu, Abinadabu, Shama ndi Davidi, nkharu yawo yenga yimoza cha, nanga uskeu wenga yumoza. Chiuta wanguwona msinkhu, pamwenga nthazi cha. Kweni wanguwona kuziza mwaku Davidi kuti ndiyo wangawa Fumu ya wa Yisraele.

- (3) **Werengani Marko 14:45-46.** Njumoza wa wa khumi ndi wawu wa asambiri aku Yesu yo wangumukombo. Kuti wose wenga aheni cha.
- (3) **Chiyambo 25:27.** "Wanguti wakuwa wahurwa yaŵa, Esau wenga chiwinda chakuziwa kubaya nyama, munthu wamu dondo; kweni Yakobe wenga wakuzika phe, wajanga mu mahema." Apa tiona kupambana nkharu mu wana amunthu yumoza.

97. Mukucha nkazunguliyanga chulu

Konkhosko lake: Alipo a Tonga anyaki wo agomezga kuti *chiwanda (thupi)* la munthu lisambuka chulu (chiduli). Muunda wo ngudala usambuka chulu.

Tandauzo lake: Munthu yo wafwa wachita nge kuti wazunguliya kuchiri kunyake ko kuti wawoneka so cha.

Kuzirwa kwa nthanthi iyi: Ndisambizgo kuwana, kuti nyifwa yenge munthu yo wachitange watuwapo kanyengo kamanavi waka, kweni kuti mumuwonenge so cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yohane 16:16.** "Kanyengo kamanavi kuti mundiwonenge so cha; ndipo so pavuli pa kanyengo kamanavi ndipo mwazamkundiwona."
- (2) **Luka 9:44.** "Imwe mujiwikiye mu makutu ghinu mazu yagha; chifukwa Mwana wa munthu wakhasa kuperekeka mu manja gha wanthu."

98. Munthenkhu wariya pa chipando

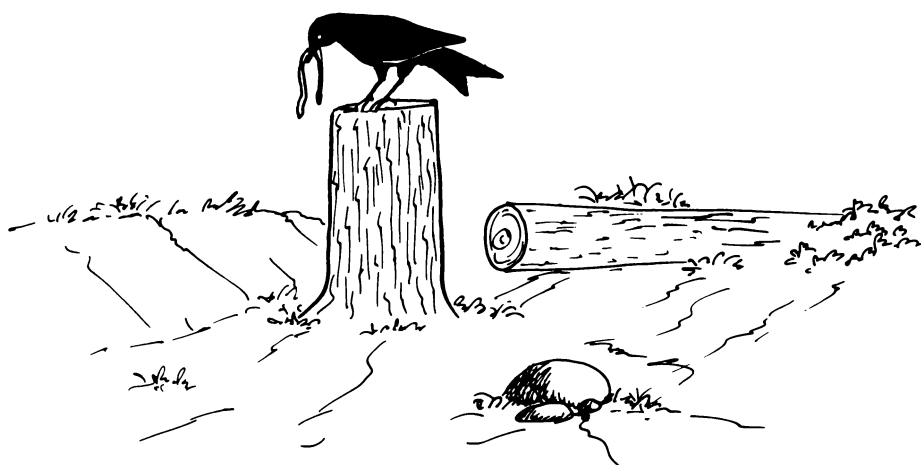
Konkhosko lake: "Munthenkhu" nkhayuni kafipa ka kuchenje ukongwa. Asani kako chizimu katachibota pa chimiti ndikuriya penipo. Kayuni aka katijipaska ulemu ukuru pakurya vinthu.

Tandauzo lake: Munthu watenele kujipaska yija ulemu, enga andamupaske anyake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga *Ahurwa* ndi *Asungwana*, kukuwa ndi nkharo yamampha ndi kupereka ulemu ku wala. Tingayeruzgiyapo, kuti ndi nkharo yamampha cha kurya epa titenda, pamwenga kuriya wima, asani palipo pakuja.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 9:58.** Ndipo Yesu wanguti kwake, "Akambwe we nazo mphanji, ndipo



Nthanthi 98: Munthenkhu wariya pa chipando

tuyuni twa kuchanya vivimbu; kweni mwana wa munthu walive pakusamira mutu."

- (2) **1 WaKorinte 11:34.** Ndipo asani yumoza watufwa msara, warghe kwake ku nyumba, alinga kuti mureke kuwungirana ku chisusa. Ndipo vyo vya jako ndazamurongoro po ndiziyenge.
- (3) **Mateyu 6:18.** Alinga kuti ungawoneka cha ku wanthu kuti ufunga, kweni ku ausu wo wemu udesi: ndipo Ausu watikuwona mu udeki, wakuwerezgiyengopo.

99. Munthu wambura kuvwa wabuchira mbavi ye mu mutu waki

Konkhosko lake: Munthu wazeru watenele kuvwiya marango kwambura kuchi-chizgika.

Tandauzo lake: Nchamampha kuvwiya marango ndi kugharondo mwakuti waleki kuwa musuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndichenjezgo ku wana wo mbachikana malango, kuti aleki maluso ghaheni. Kuvwiya nkhwamampha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Mateyu 8:12.** Kweni wana wa ufumu wapong'ekenge ku mdima wakubwaro: kweniko kuwenge chitenje ndi mukukutu wa minyu.
- (2) **WaHebere 2:2.** Chifukwa asani mazu gho ghangukambika ndi wangelo ghanguwa ghakukho, ndipo ubudi wose ndi mtafu unguronde chilambula mphoto chakurunjika.

100. Munthu wamtimba-kuwi

Konkhosko lake: Munthu yo wakuti uku-vyanowa, uku-vyanowa. Ndimunthu yo ndi mwenda-nato. Wato boza kutuwa kumunyake kwachinene so munthu munyake. Pavuli pake kuwakuwizga. Munthu yo titmuda kuti, *chiyuni songang'a*.

Tandauzo lake: Munthu waboza/kanthiyali.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kucheweska wanthu kuti angafwasanga cha ndi munthu yo ndi mtesi, waziwa kukuwika mu urwani. Ndisambizgo ku *asungwana* ndi *ahurwa* kuchewa ndi wanthu wo kuti nkharu yawo atiwiwiza cha. Angawoneka nge mbakuziza kweni mu mutima mbarwani, ndipo makhumbu ghawo ngaheni.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Sumu 12:2.** Munthu yose wakamba utesi ku mwanasi wake; ndi milomo yauteremusi, ndi mtima wa paŵi mtimbakuŵi wakamba.
- (2) **Marko 14:10.** Ndipo Yuda mkeriote, yumoza wa chumi ndi waŵi, wanguruta ku ŵazukuru ŵara, alinga wampachiriye kwaku wo.
- (3) **1 Timote 3:8.** Kwakulingana nako ŵateŵeti ŵakaŵanga ŵakongorekwa, ŵa malilime ghaŵi cha, ŵakumwa vinyo cha, ŵanduzyi-vyasoni cha.
- (4) **Yakobe 1:8.** Ndi munthu wa mtima wapaŵi, wakusaŵasaŵa mu mendedu ghake ghose.

101. Munthukazi wakuja pa khonde watuba vyaŵeni, po anyaki ali-ma yiyu cha

Konkhosko lake: Kuŵa ndi umoyo wamampha nkhujiwigwiriya nchitu ndi phamphu/linthata. *Kakuza kija kasikuwa.* Ungarya vyamampha cha asani ureka kugwira nchitu.

Tandauzo lake: Ŵanthu ŵagwira zinchito mwakuti ajengi ndi umoyo wamampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wo mba zinyumba zawo. Kuti nthengwa yizirwe ndi yachikhazi, mose panyumba muŵi akukoma, kujiliska mwija ndi kujivwalika, kwambura kupempsheska ku ŵanthu, pamwenga kuba vyaŵene. Nthanthi iyi yichiska mulesi yose kugwira nchito ndi phamphu/linthata. Phamphu ndamampha.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Nthanthi 12:24.** Janja la wakutakataka likausanga, penipo mukata wakaŵiwiki-kanga ku nchitu yakuchichizgika.
- (2) **Nthanthi 12:27.** Munthu mukata/ mulesi kuti wakayikonga cha nyama yake, kweni munthu wakutakataka yo wakalondanga chuma chakuzirwa.
- (2) **Nthanthi 15:19.** Nthowa ya mukata/ mulesi yiŵinda ndi minga, kweni gurwi wa ŵakunyoroka ngwachiwande.
- (4) **Nthanthi 18:9.** Mweniyo ngwakudembeleka mu nchitu yake ndi mwana munyake waku yo waparghang'a.
- (5) **Nthanthi 19:15.** Ukata utaya mutulo tuzitu, ndipo munthu mulesi waka-komwanga ndi nja.

- (6) *Nthanthi 22:13*. Mukata watiti, "Kwe nkhamu kubwalo! ndikabayikanga mu mseu!"

102. Mutu dulika-dulika

Konkhosko lake: Munthu yo we pasuzgu, ndikupenja-penja chovyo, apa ndi apa. Ndi mazu ghaku-kuluwika.

Tandauzo lake: Munthu yo wapenja anyake kumovya; kweni nanga angamovya, ndi mtayisi; nyengo yinyake wakhumba so chovyo chaviyo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge nkhumena, pamwenga kuseka munthu yo mutimovya kweni wakhorwa cha, ndipu watopo kanthu cha. Maghanoghano ghake gharongo kuti walivi zero. Munthu wambura kurumba vyo anyake atimuchitiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani Mateyu 25:24-30*. Munthu yo wangupaskika Talente pamoza ndi wanyake, iyo lake wangupinduwa cha. Wanguza kumweneko wa Matalente manja-manja, ndiwanguti, "Mbuya, ndingukuziwa kuti we munthu mnono-no, wakuvuna po wengavi kumija, ndi wakuyora po wengavi kuparghang'a, ndipo pakopa ndingwachibisa pasi talente lako. Awona, we nalo lako."
- (2) *Werengani Luka 15:11-20*. Mwana wakusowa wanguwele ku awiske *Mutu dulika-dulika*, kurapa chifukwa cha kutwanga kwake. Ndipo wanguti waji-wezga mu mtima wanguti, "Wamphotu waringa wada wafurwa ndi vyau-kurgha vinandi, ndipo ine panu ndiyowa ndi nja. Nkhasokanga, ndikenge ku wada; ndipo ndinenenge nawo, Ada, ndalakwiya kuchanya ndi pamaso pinu: Kutu ndeche wakwenere cha kutamulika mwana winu: ndichiteni nge njumozwa wa wamphotu winu."

103. Muyane ndi Chiuta

Konkhosko lake: Pa Chitonga pe chigomezgo chakuti amoyo ndi azimu aka-mbiskana asani mapemphero ghawo ghatende mu *Mzimu Ukuru* waku Chiuta, pakuti mizimu ya wanthu akufwa yiruta kwaku Chiuta.

Tandauzo lake: Munthu watenele kukozga Chiuta, pamwenga kuyanana ndi nkharu yaku Chiuta.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi *apharazgi* a mazu ghaku Chiuta, pakuchiska wanthu kuti akozgane ndi Yesu mu nkharu, kuwa akuzika,

kwanja, lisungu, ndijalidu lamampha. Kaŵilo kaviyo ndiko wakhumba Chiuta kuti ndimo tijaliyenge.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 12:30*. Ndipo wanjenge mbuya Chiuta wako ndi mtima wako wose, ndi ndi mzimu wako wose, ndi vinjeru vyako vyose, ndi ndi nthazi yako yose.
- (2) *ŴaEfeso 5:1*. Viyo muŵe ŵakumwezga Chiuta, uli mbana ŵakwanjiwa.
- (3) *ŴaFilipi 2:5-6*. Kaghanaghanidu ko kenga mwaku Kristu Yesu, kaŵe mwinu, mweniyo pakuŵa mu muwiru waku Chiuta wengavi kulipima yanu lake ndi Chiuta kanthu kakuphangika.

104. Mwagwira nchitu

Konkhosko lake: Chituwu ichi, pamwenga nthanti iyi, njakupacha munthu yo wachita chinthu chiheni pamuzi. Nyengo zinande, ndi munthu yo atimugo-mezga kuti ndiyo wabaya munyaki. Nyengo zinyake ghang'anamuwa kuwonga pa mlimu wamampha wo munthu wachita. Sonu ndi mazu ghakufinga, kweniso ndi mazu ghakuwonga. Ndi mazu ghaku kuluŵika.

Tandauzo lake: Cho wakhumbanga wafiska, pamwenga wabaya yo watinkhanga; pamwenga mwachita umampha nchitu yo mungutumika.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ŵala, pakuwamo kuti walipo yo wachita chinthu chaviyo, pa muzi. Viŵi-viŵi, asani pe nyifwa yo yaŵa-po kwa mabuchibuchi. Munthu yo agomezga kuti ndiyo wabaya, atiti, *Wagwira nchitu*, nge nkufinga pachinthu chiheni cho wachita. Nyengo zinyake yo wachita chinthu chaviyo waziŵa kuliya boza kuti waleki kuziŵikŵa kuti ndiyo wabaya munyake.

Panyake nthanthi iyi yikambika kurumba munthu pa mlimu wamampha wo wachita. *Akutaula* akamba nthanthi iyi pakuthokoza ŵanthu, asani mupingo ukuwa, ndipo ŵanthu anande asele kuvwana mwaku Mbuya. Nchitu ya viyo yendi marumbu kwaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Machitidu gha Ŵakutumika 7:51-53*. "Mwanononu ku singu, ndi mwambura kuchinjika ku mtima ndi makutu, nyengo zose mumikana ndi Mzimu wakupaturika: nge mbauskemwe, namiwe viyo. Nunju wa ŵamchimi auskemwe wengavi kumndondoloska? Ndi ŵanguŵabaya wo ŵangutauliya limu

ndi kazidu ka Murunji yo; mweniyo sono imwe mwakombo ndi mwabaya. Mwawenimwe munguronde dangu lakupaskika ndi wangelo, ndi mwengavi kulisunga."

- (2) *Mateyu 25:23*. Wanguti kwaku iyo mbuyake, Nchamampha, muwanda wamampha ndi wamagomekezgeka we, pa vinthu vimanavi waŵa wamagomekezgeka ndikuŵikenge pa vinandi; sere mu chimwemwe cha mbuyako.'

105. Mwana kopa kazimu nkhumuluma

Konkhosko lake: Mwana kuti waziŵe kuti ichi nchamampha, ichi nchiheni, watenele kusambizgika ndi apapi.

Tandauzo lake: Chinthu cho cha kuchitikiya ndisambiro likuru.

Kuzirwa kwa nthanthi iyi: nthanthi yeniyi yisambizga ŵanthu kukunthiyapo pa maunonono gho asaniya, chifukwa masuzgu ghamala cha pa umoyo. Nyengo zinyake nthanthi iyi ndichenjezgo; kucheweska ŵanthu kuti aphwelengi ma umoyo ghawu; pa kureka vinthu vyo vipunduwa nge mowa, *chamba*, *kumwa minkhwala* yakunanga mitu, *chigololo*, ndi vyose vyaviyo. Asani urutizga vyendi mphoto yake, yeniyi ndisuzgu, ndipu wazamukuti, *kumasu mamu*!

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yesaya 46:8*. "Kumbukani ichi ndi ghanaghanani, jikumbuskeni, imwe mwaŵatimbanizi."
- (2) *Luka 13:5*. Ndikuneniyani, Awa na: kweni kwambura kuti mung'anamukenge, mose muparghanikenge kwakukozgana.
- (3) *Chivumbuzi 2:16*. Viyo ng'anamuka, vinu ndingaza kwako ruŵi, ndikurwana nawo ndi lipanga la mlomo wangu.

106. Mwana mranda wasambira vyo ŵanthu ŵakamba pa mphara

Konkhosko lake: "Mphara" pa Chitonga ndi bwalo po akambiya milando, pamwenga po pachezga anthurumi ŵala ndi ahurwa; zisima aturiya wose pamoza penipo; *kugoma nchuwa*; *kuruka mphasa*, *mono*, *kupanjira mayembe* ndi *zimbavi*, ndi vyose vyaviyo. ŵana aronde marangu pa *mphara*. Chitima nchakuti le mphara zimara! Pa Chitonga pe nthanu mu "Mcapu"¹³ ya ŵa *Bongolo ŵaŵi*. Yo wenga mranda wanguvwa marangu ghaku chinyiya, wangutaskika. Yo wenga

¹³ *Mcapu wa Chitonga*, pp. 14-15.

ndi nyina wangutafula. Chati chaza chipwepwi wangufwa chifukwa wangukumba cha zenji laki laku bisamamo.

Tandauzo lake: Asani munthu wakhumba kuwa wa zeru, nchamampha kuvwiya vyo akamba apapi, pamwenga wala-wala.

Kuzirwa kwa nthanthi iyi: Wala-wala akamba nthanthi iyi kusambizga wana wo waleka kuvwiya apapi wawo.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Werengani nthanthi 14:1-6:** Wana wo mbakuvwiya chenjezgo akuwa azeru. Asani arondo visambizgo vyo akamba wala-wala awengi ndi umoyo utali ndi akuja akukondwa mu umoyo wawo.
- (2) **Nthanthi 22:6.** Sambizga mwana mu nthowa yeniyi watenere kwendamo, ndipo pa wawa mura kuti wapatakengemo cha mwaku yo.

107. Mwana ndi chola (Mwana nchola)

Konkhosko lake: Uleka mwana wako cha mweniyi ndichovyo chaku kunthazi.

Tandauzo lake: Mpapi nchakwenele cha kukana mwana waki, chingana wanangi, nchamampha kumugowoke.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala kuchenjezga munthu yo ndi mkari ukongwa pa wana. Mwana ngwakuzirwa chifukwa pa ulendo ndiyo watitipingiya katundu, pamwenga kumutuma. Tiyeni tanje wana widu.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Werengani Chiyambo 22:2-7.** Apa tisambira kuti Abrahamu wanguto mwana wake Yisaki ku mupingizga nkhuhi kuruta kwachipereka sembe kwaku Chiuta. Pakurongo kuti mwana ngwakuzirwa, Chiuta wangupereka mberere kuwa sembe.
- (2) **Sumu 127:3.** Ehe, wana nchihara cha Ambuya, Chipasi cha nthumbu ndi mphoto.
- (3) **WaEfeso 6:4.** Ndipo mwausaukeu, mungakaralizga wana wina cha, kweni muwalere mu kulanga ndi kuchichizga kwa Mbuya.

108. Mwana wa mTonga nchigumbuli watijiwundiya pasi

Konkhosko lake: "Chigumbuli", nkhasomba kakuchenje ukongwa. Asani kawo-

na chirwani kasele kusi ku mchenga. Kaziwa kujibisa ndi maŵanga ghake kuti kaleki kuziŵika ndi chirwani.

Tandauzo lake: Nchamampha cha munthu kujiŵika mu urwani, pamwenga kuseŵe ndi urwani.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska *Asungwana* ndi *Ahurwa* kuŵa avinjeru pose po angaja. Ndipo so nchamampha cha kujirongo asani we kwa-ŵeni. Chita mo achitiya ŵeneko ndikuteska majalido, ghawo ndikuja nawo mu chimango.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) ***Daniyele 1:4.*** ŵanyamata ŵambura kalema, ŵakutowa, ŵakuwamo vinjeru vyose, ŵakuzazika ndi mziŵiro, ŵakuwamo visambizgu, ndi ŵakuziŵa kute-ŵeta mu nyumba ya karonga, ndi kusambizgika malembo ndi gha ŵa-Kaldiya.
- (2) ***ŴaEfeso 4:14.*** Kuti tireke kuŵa so ŵamujedu ŵakufunchiskika ndi kuyungwi-skika ndi mphepu yose ya kasambizgidu kamu fuzi la ŵanthu, mu uchenjezi wakunyengere ku urandizgi.
- (3) ***Mateyu 10:16.*** "Awonani, ndikutumani imwe nge ndi mberere mukati mu zimphumphu. Viyo muŵe ŵachinjeru nge ndi zinjoka, ndi ŵakuzika nge ndi zinkhunda."

109. Mwana wa mumalundi

Konkhosko lake: Mwaka mu uTonga mwenga dangu lakuti yo ndi *muŵanda* (kapolo), pakurongo kuti wepasi pa ambuyake, wagwadanga, ndikuko mumalundi ghambuyake. Mwaviyo ŵanthu aziŵanga kuti ndikapolo. Ndi mazu ghakukuluŵika.

Tandauzo lake: Munthu yo ndi *kapolo* pamwenga muwanda, pamwenga wakuzi kwazija ndiwo mbabali ŵake cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ŵala, pakunena munthu yo ngwakuzi, pamwenga yo kuti ndimweneko muzi cha. Mweniyo kuti ngwapa-kati-kati cha. Sonu mwakukuluŵika mazu kuti waleki kuwamo cho chikambika, ndimu akambiya mazu ghenagha. Akutaula akamba nthanthi iyi kurongo kuti taŵanthu te aŵanda Ambuya, titenele kugwada pasi pamalundi ghaku Yesu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 15:13*. Chanju chikuru kwakuruka cho munthu wangaziwa kuwa nacho pa wabwezi wake, nkhipereka umoyo wake ku chifwa chaku wo.
- (2) *Yohane 8:35*. Ndipo muwanda kuti wajaririya mu nyumba muyaya cha: mwana ndiyo wajaririya muyaya.
- (3) *WaHebere 3:5*. Ndipo Mosese nadi wenga wamagomekezgeka mu nyumba yake yose nge ngwakuteweta, kuti waŵe kaboni waku vyo vyakambikanga.
- (4) *Jobu 7:2*. Nge ndi muwanda yo wakhumba muduzi, nge ngwanchitu yo wapenja malipilo ghake.

110. Mwana wa munyako ndi samba-mumanja wako ndi rgha-ngako

Konkhosko lake: Ku wana widu tirongo mtima wamampha, kweni ku wana wanyidu tirongo mtima wa nkha. Tisambuska wana wanyidu nge mbakapolo, uku widu m' anangwa.

Tandauzo lake: Nchamampha cha kuchitiya phuzu ku mwana wa munyako ndi kufukatiya waku pe.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga munthu yo watanja wana waki pe, kweni wo mbaki cha, watiwatinkha. *Mwana wa munyako ngwako*. Taŵanthu tijaliyana yumoza ndi munyake. wana wo mba abali widu, nawo mbidu tiwaphwele po tiphwelele widu. Kunthazi weniwo nawo wamkutovya epa suzgu yatiwiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 12:31*. Lachiwi ndenili, "Wanjenge mwanase wako nge ndiwe wamweni. Dangu linyake ngendi ghenagha palive."

111. Mwana wachiti nyama walinga wayiwona

Konkhosko lake: nthanthi yakulingana ndi yeniyi mu Chizungu atiti, *kulivi usi utuwa pambura moto*. Chinthu asani chachitika pe kanthu ko kayambiska viyo.

Tandauzo lake: Asani wanthu akambakamba kanthu ndikuti uneneska ulipu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pa mphara ya mlandu. Pamwenga po wanthu apindana. Asani akabone anande asimikizga kanthu, ndikuti uneneska ulipu. Nyengo zinyaki yikambika muzinyumba mo mwe wana aboza.

Asani awona kanthu ko aŵika apapi ŵawo atachisumuliya ŵanthu. Sonu wo atuvwa atiti mwana wakamba ŵaka cha, ndikuti wachiwona chinthu cho wakamba. Mwana wa viyo atiti ndi *mwawa wavibweto*.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 12:2-3.** Kweni palive kanthu kakubenekereka ko karekenge kuvunulika: ndi kakubisika keniko karekenge kuziŵikwa. Chifukwa chenicho vyose vyo mwarongorore mu mdima, mu ukweru vivwikenge; ndipo chenicho mungurongorole mu gutu mu vipinda vitaulikiyenge pa mabagha pachanya. (Wonani so **ŴaHebere 4:13**)
- (2) **Yohane 18:26-27.** Watiti yumoza wamu ŵawanda ŵa mzikuru mura, mbali waku yo Petro wangumdumuwa gutu. "Asi ndingukuwona iwe mu dimba po pamoza nayo?" Kweni Petro wangukana mbwenu: ndipo sosonukweni tambala wangukokoŵereka.

112. Mwana wakuti kaya kuti wachila cha

Konkhosko lake: Chinthu cho anande atichikayikiya, kanandi uneneska ulipo.

Tandauzo lake: Mwe uneneska muchinthu cho ŵanthu ŵanande ŵakambapo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu yo watama ute nda urutiliya, ŵanthu wataya chigomezgo. Nchamampha cha kutaya chigomezgo luŵi. Mungachita mphwayi cha kumutamizga. Ndisambizgo ku *ahurwa* ndi *asungwana* kuti angafwanga mphwayi cha asani umoyo uchita nge usuzga. Mutenele kuŵa achitatata.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yohane 20:27.** Sono wanena ndi Tomase, "Hanawo kuno munwi wako, ndi lereska manja ghangu; hanalo janja lako, ŵika mu liŵaghara langu: ndipo ungaŵanga wambura kuvwana cha, kweni wakuvwana."
- (2) **ŴaRoma 14:23.** Kweni yo wakayika, wasuskika asani waturgha, pakuti wareka kurghiya kwamu chivwanu; ndipo chose cho chirive kutuwa mu chivwanu nkhumakwa.

113. Mwana wambula kuvwa wangume masengwe ku masu

Konkhosko lake: Pe nthanu pa Chitonga,¹⁴ yo yititi, "nyama zose zingudanika

¹⁴ A Richard Godfrey Chiya Phiri, ndiwo angundinene nthanu yeniyi po ndachitanga kafuku-

kuti zilonde masengwe. Zo tiwona zinguronde mo titiziwone le. Kweni nyama yimoza yingupempha kuti masengwe ghake ghome kumasu. Zinyake zingumunene kuti masengwe ghaku maso kunthazi ghamusuzgengi, kweni iyo yinguvwiya cha. Mwaviyo cho yingupempha yingupaskika. Kweni kwati kwaŵa chilala vuwa yinguleka kuwa. Maji mucharu mwengavi. Kweni nyama zati zakumba chisime chakuti nyoo! Zo zenga ndi masengwe kugontho zingumwa. Kweni yo yenga ndi masengwe kumasu yingutondeka, chifukwa masengwe ghadanjiyanga pa maji; viyo yingufwa ndi nyota, chifukwa chakuleka kuvwiya."

Tandauzo lake: Munthu wambura kuvwiya umoyo wake umaliya musuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ŵala pakuchenya munthu yo waŵa musuzgu, chifukwa chakuleka kuvwiya vyo ala amuneniyanga. Munthu wambura kuvwiya ngwakujikuzga. ŵeruzgi mu zimphara akamba nthanthi yeniyi kusambizga munthu wambura kuvwiya. Ndisambizgo so kuŵana wo ŵe pasuzgu chifukwa chakuleka kuvwiya apapi ŵawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

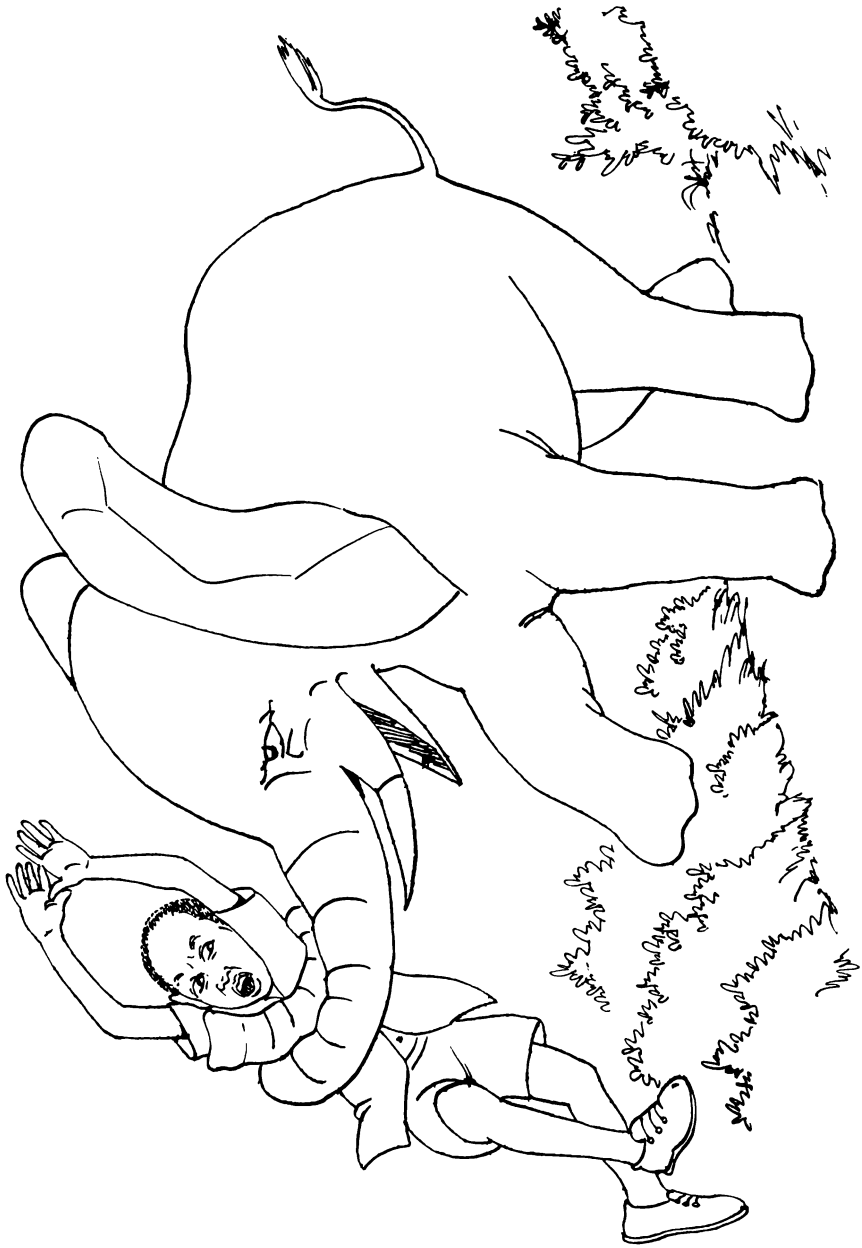
- (1) *Nthanthi 13:10.* Ndi mutafu wambura kuphwere ŵachita ndeu, kweni ŵeniwo ŵazomera kuŵapanga fundu ndi zero.
- (2) *Nthanthi 23:19.* Ayivwa, wa mwana wangu, ndipo uŵe wa zero, ndipo longozge muwongo wako mu nthowa yo.
- (3) *Nthanthi 23:22.* Tegherezga ku usu mweniyo wangukupapa.

114. Mwana wangu wakana marangu, yiku yimulange ndi Njovu

Konkhosko lake: Asani mwana wavwiya cha marango gho utimusambizga, nkhuonono ukongwa kuti wakuwe ndi nkharo yamampha. *Njovu* nchakweruzgiyapo waka, chifukwa ndi chinyama chikuru cho chendi nthazi ukongwa. Asani chako munthu wangachira cha; pamwenga wangafwanthumuka cha.

Tandauzo lake: ŵana ŵaleke kunyoza vyo apapi, pamwenga ŵala-ŵala atiŵasambizga. Kuvwiya nchinthu chakurumbika ukongwa ku mwana.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgo ku ŵana wo aleka kuvwiya marango gho atiŵasambizga ala. *Aliska*, pamwenga *apharazgi* asambizga ŵanthu kuvwiya marango ghaku Chiuta. Asani tileka kuvwiya marango ghaku Chiuta watilangengi.



Nthanthi 114: Mwana wangu wakana marangu yipu yimulange ndi njovu

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Marangu 28:15-19.** Chiuta walangengi wanthu wo wavwiyengi cha marango ghake.
- (2) **Nthanthi 29:1.** Mweniyo wasuskika kawikawi kweni wangangamika mbwenu khosi lake wakaswekanga kwamabuchibuchi wambura machizgika.
- (3) **Yesaya 7:18.** Mu zuwa liya Ambuya akambiyanga kayuzi nyeze yo ye pa fundu la tumisinji twa mu Egipiti, ndi akambiyanga njuchi yo yemu charu cha Asiriya.
- (4) **Yeremiya 34:3.** "Kuti ukapozomokanga cha ku janja lake, kweni nadi ukakolekanga ndi kuperekeka mu janja lake; ukamuwonanga karonga wa Babiloni maso ndi maso ndi kurongoro nayo mlomo ndi mlomo; ndipo ukarutanga ku Babiloni."

115. Mweniyo wakwamphuwa kamunyake kake nayo kakwamphurikenge

Konkhosko lake: Wanthu aleki kuphanga vinthu vya wanyawu mwachinyengu, pamwenga munthowa yakuba.

Tandauzo lake: Munthu watenele kubinila (kukhumbira ndi sanji) chinthu cha munyake cha. Yo ndi mlongozgi watenele cha kukhumbira chinthu chakuyo wepasi paki. Yo ndi mlomba watenele kukhumbira kanthu ka mkavu cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika, kuchenjezga wanthu kuti aleki kuchitiya uheni anyawo, nanga nkhwerezgiya kwanja makani, asani wapa mazaza ghaviyo. Munthu yose we pasi padango. *Apharazgi* akamba nthanthi iyi pakuchenjezga a Khristu kuti sanji njiheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani 2 Samuele 12:15-23.** Apa tisambira po mchimi Natani wanguza kuchenjezga Davidi, Karonga wa waYisraele pakubinila muoli waku Uriya ndikuto kuwa muoli waki, wati wabaya Uriya.
- (2) **2 Samuele 16:20-22.** Penipo Absalomu wangunena ndi Ahitofele, "Pereka fundu yako; tikachitanganji?" Ahitofele wangunena ndi Absalomu, "Kasereni mu mbiligha za auskemwe zo wakusiya kuti zirindengi nyumba; ndipo wakavwanga Yisraele yose kuti mwajichita kuwa wakutinkha auskemwe, ndipo manja ghose ghaku wo we pamoza namwe ghakakhomeskekanga."

- (3) **Mateyu 18:32-34.** Sono mbuyake wangumdana, ndi wanguti kwaku iyo, "Muwanda mheni we, ndingukugowoke mateu ghako ghose, pakuti unguniweyere; asi kungwenere iwe nawe kumuchitiya lisungu muwanda munyako mo ine ndinguchitiya iwe lisungu?" Ndipo mbuyake wangukalipa wangu mpereka mu ulinda wa wakumangika, mpaka walipe ghose mateu ghake.

116. Mzimu ndirinde

Konkhosko lake: Alipu wanthu anyaki wo avwana kuti epa titenda mu malo ghanyaki mwe mizimu yawanthu akufwa: nge mumapopa, mu matundu, mu masano, mumaji ndi mu mapire. Mizimu yinyake njiheni, kweni yinyake njampha.

Tandauzo lake: Mumdimba wanyifwa.

Kuzirwa kwa nthanthi iyi: Wala-wala wakamba nthanthi iyi asani munthu watenda munthowa yo yendi maurwane. Viwi-viwi mu malo gho mwe mizimu yiheni: mu mapiri, muzimphanji ndi matundu. Nthanthi iyi yikhwimiska so wanthu kuti aziwengi kuti atenda ndi nthazi ya azimu. *Apharazgi* a Mazu ghaku Chiuta atisambizga kuti "Mzimu waku Chiuta" ndiwo utitivikiliya pose po titenda.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 23:4.** Nanga nditenda mu phata mu munkhorwe wa nyifwa; kuti ndopenge uheni cha; chifukwa imwe mwe pamoza nane; nthonga yinu ndi ndodo yinu vitindisangaruska.
- (2) **Sumu 116:3-4.** Yingundizinga mikowa ya nyifwa, maurwirwi gha muunda ghangundikwetere; ndinguzazika mantha ndi chitima. Sono ndingudana ku Ambuya, "Chondi, Ambuya, Nditaskeni!"
- (3) **Jobu 3:5.** Mdimba ukuru ndi mduzi wa nyifwa viliwange kuwa lawo. Mitambo yiwe pachanya pake, mdimba wa zuwa ulitenthemeske.

117. Mzinda unyenga

Konkhosko lake: Ndi nyengo zose cha kuti mzinda urunjika pakukhozga fundu. Kaguru kamana kaziwa kuwa ndi zeru zakuluska zeru za mzinda.

Tandauzo lake: Munthu watenele kujiteska cho wakamba po pateka wanthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yicheweska wo watorana nthengwa kuti aleki kuvwa vyo atiwapazga wanthu, chifukwa wanthu kwawu nkhubasuwa nthengwa za anyawo. Pa kususkana, wo alongozga ndali, nawo akamba nthanthi

yeniyi nge ndichenjezgo kwaku wo arondo ko kwe mzinda. *Ahurwa* ndi *asungwana* mutenele kuteska vyo anyino akamba mu maupu, vinyake viziwa kumpuluskani. *Apharazgi* acheweska wanthu kuti aleki kuthawiliya chimzinda kuti ndiko kwe uneneska, kweni kwaku Yesu ndiko.

Mazu ghaku Chiuta gho ghakhozga nthanthi iyi:

- (1) *Nthanthi 24:1*. Ungawachitiyanga sanje cha wanthu waheni, chingana nkhu-nweka kuwa nawo pamoza.
- (2) *Werengani Machitidu gha Wakutumika 27:10-11*. Tituvwa kuti Paulo wangwesa kuchenjezga kapitao wa ngalawa ndi mwenecho wangalawa kuti ule-ndo wawo wa panyanja uwengi ndipharyaniko likuru. Kweni angukana kuvwiya munthu waku Chiuta vyo wangukamba. Suzgu yinguwako yikuru kunthazi.
- (3) *Machitidu gha Wakutumika 27:21*. Ndipo pakuwavi kurgu mazuwa ghana-ndi, Paulo wangusoka mukati mwawo, ndi wanguti, "Mwawanthu, mphanyi munguvwiya ine kureka kusoro ku Krete, wanangiku uwu ndi uyowi uwu mphanyi palivi."

118. Nanga wanthu wawe azeru pe, wawapo wakuruska munyake

Konkhosko lake: Pa wanthu wawi azeru, yumoza mupaka watachiluskako munyake.

Tandauzo lake: Wanthu apambana mu zeru nthazi ndi kachitiro kavinthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga munthu yonwakujikuzga, ndiwakujirongo kuti iyo waziwa vyose. *Akutaula* mazu ghaku Chiuta akamba nthanthi iyi pakucheweska wanthu, kuti Chiuta pe ndiyo wazeru zose yo waziwa vyose.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 3:7*. Ungajisanduskanga wazeru mu maso ghaku wamweni; wopanga Ambuya, ndipo utuweko ku uheni.
- (2) *WaRoma 12:16*. Yanani mu mtima yumoza ndi munyake. Mungasuwiriyanga vyathamu cha, kweni sunganani ndi wakuzimbwa. Mungawanga wakujirumba cha.
- (3) *Nthanthi 13:20*. Mweniyo watenda pamoza ndi wanthu wazeru, wasanduka kuwa wa zeru.

119. Ndakana Chiuta mkali

Konkhosko lake: Kanande a Tonga anena mazu agha nge ndi rapu, pamwenga thembo. Chiuta ndi mkali nge *limphezi* lo limara wanthu.

Tandauzo lake: Munthu yo waziwa kuti ndimuneneska walapa kuti asani ngwa boza Chiuta wa mulangi, mwakuti anyaki awone uneneska wo ulipo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu we pa mlandu. Asani akabone atimupanikizga paku vyo wachita. Sonu walapa nthanthi yeniyi, kujirongo ukongoreka waki. *Apharazgi* acheweska wanthu kuti nkhuheni kuzumbuwa zina laku Chiuta po palivi uneneska.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

Yesaya 65:16. Viyo kuti yo watijitumbika mu charu wakajitumbikanga mwaku Chiuta wa uneneska, ndipo yo wachita rapu mu charu wakarapiyanga mwaku Chiuta wa uneneska; chifukwa masuzgu ghakudanga gharuwika ghabisika kwangu ku maso.

120. Ndakukambiyanga kuti ndi nyanga cha mheni ndi tiringanengi

Konkhosko lake: Alipu wanthu wo agomezga kuti suzgu yituzwa ndi kuloweka. Mbanande mu uTonga avwana viyo.

Tandauzo lake: Munthu yo ugomezga ukongwa ndiyo waziwa kukupweteka; kuti ndi nyanga pe cha yo yibaya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga *Ahurwa* ndi *Asungwana* wo anyengeka ndi maupu ghaheni. Aziwa cha kuti umoyo wawo uziwa kunangika luwi ndi nkharo yiheni. Yo utanjana nayo ukongwa ndiyo waziwa kukubaya ndi maluso ghake ghaheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

(1) **Werengani Machitidu gha Wakutumika 14:19-20.** Kweni wanguzako wa Yuda, wakutuwa ku Antioke ndi Ikonio: ndipo wangukopa mizinda yo, ndi wangumpong'a Paulo mya, ndipo wangumguziya kubwaro kumuzi, pakughanaghana kuti wafwa. Kweni wachimzingiriya wasambizi, wanguyuka ndi wangusere mu muzi: ndipo ndi mlenji wangutuwako pamoza ndi Barnaba kuruta ku Derbe.

(2) **Machitidu gha Wakutumika 17:5.** Kweni wa Yuda pakukoreka sanji, wangu-

jitole wanthurumi wanyake watimbanizi ndi waheni, ndipo pakonganiska mzinda, watimbanizganga muzi, ndipo pakudumiya nyumba yaku Jasone, walembenga kuwatole ku khamu lo.

- (2) *Nthanthi 24:1-2*. Ungaŵachitiyanga sanje cha wanthu waheni, chingana nkhu-nweka kuŵa nawo pamoza; pakuti milomo yirongoro za urwani.
- (4) *Luka 22:21*. Kweni wonani, Janja la wakundikombo le nane pamoza pa gome.

121. Ndarama za pamutu

Konkhosko lake: Pamwambo wa nthengwa ya Chitonga, asani *chimalo* (chilowola) chinguperekekapo cha, nthengwa yaviyo *nja dono*, pamwenga ya *chigololo*. Nyengo zinyake akamba kuti "Ndi nthengwa yakusomphorana." Sonu asani kweviyo ankhoswe afumba munthurumi kuti wapereke *ndarama za pamutu*, pavuli pake aziŵa kukambiskana za chilowola.

Tandauzo lake: Ndrama zo ziperekeka chifukwa chakunyenga munthukazi, ndikumusompho, kwambura apapi ndi ankhoswe amuthukazi kuziŵa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yipong'eka pa mphara ya mlando, asani munthurumi waziŵika, pamwenga amukole pa chigololo (pa uleŵe) ndi munthukazi. Amphara atimweruzga kuti wapereke "ndarama za pamutu" ku apapi amunthukazi, chifukwa watimbanizga mwana wawo.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) *Werengani Chiyambo 20:4-18*. Tisambira mo Abimeleke wangutore muole waku Abrahamu (Sara) mwakukwamphuwa. Kweni Chiuta wangumulanga wati waziŵa kuti wato muoli wamweni. Mwaviyo pakupereka Sara kwaku Abrahamu, wangupereka so ndi vyuma vinande nge vya pamutu: Sono Abimeleke wanguto mberere ndi ng'ombe ndi ŵawanda wanthurumi ndi wanthukazi wanguŵapaska kwaku Abrahamu, ndipo wangumuwezge Sara muwoli wake. Ndipo Abimeleke wanguti, "Awona, charu changu che paurongo pako, uje penipo pose ungakhumba." Kwaku Sara wanguti, "Awona, ndapaska mzichi wako chikwi chimoza (1,000) cha siliva, nge nchisimikizgu paku iwe mu maso ghaku wose ŵeniwo ŵendi iwe, ndi paurongo pa munthu we yose kuti we mukongorekwa."
- (2) *Marangu 22:28-29*. Asani munthurumi wakumana ndi mwali wambura kujaririka ndi munthurumi, ndipo watimuko ndi kula nayo, ndi wasanirika, sono munthurumi yo wangula nayo wakaperekanga ku wiske wa mwali yo ndrama za siliva machumi ghankhonde (50) ndipo munthukazi waŵenge muwoli

wake, chifukwa wamutimbanizga: wareke kumupata mu mazuwa ghake ghose.

122. Ndendengi waka ndi charu, nde munthu na!

Konkhosko lake: Chithuzithuzi cha nthanthi iyi chilongo munthu yo watenda mubozwa yija-yija, mwambura wakumovya kupenja mpumulo.

Tandauzo lake: Munthu wakuyinga-yinga waka, wambura muzi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi munthu yo walivi wakumovya ndipo walivi chikhomo chenecho pa kuja. *Apharazgi* a mipingo nyengo zinande akamba nthanthi iyi pakucheweska wo asele mipingo yakupambana-pambana kwambura kuja chikhazi ndi mpingo umoza.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 4:12-14.* "Uchilima, nyata kuti yikawerezgangapo so cha kukupaska nthazi yake: ukawanga wakuthawathawa ndi wakuyingayinga pa charu chapasi." Kaini wanguti ku Ambuya, "Kulangika nkukuru kwakuruska mo ndingakunthiyapo. Awonani, mwandidikiska msana wale ku nyata; ndipo ndikabisikanga chisku; ndipo ndikawanga wakuthawathawa ndi wakuyingayinga pa charu chapasi, ndipo we yose wakundisaniya wakandibayanga."
- (2) *WaHebere 11:8.* Ndi chivwanu Abrahamu, wanguti wadanika, wanguvwiya kuti watuwemo kuya ku malo ghenigho wakarondanga nge nchihara; ndipo wangutuwa, wambura kuziwa ko wayanga.

123. Ndiruta kwa ama ungandipweteka

Konkhosko lake: Nchachilendo cha pa Chitonga kuwona kuti anthukazi pamwenga anthurumi wo asuzgika pa nthengwa awele ku *umphara* wawo (apata).

Tandauzo lake: Nchamampha cha kuzizipizga kuja ndi munthurumi pamwenga munthukazi yo watikusuzga ukongwa chifukwa uziwa kutaya unthu wako, pamwenga kutaya kuzirwa kwako.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndichenjezgo kumunthu yo waja chikhazi cha ndi muoli wake pamwenga mulumi waki. Munthukazi pamwenga munthurumi watachikumbuka po wajaliyanga mu chimangu ndi apa-pi wake wenga wandaŵirwe, pamwenga wandato. Tiyeni tisungi awoli widu pamwenga alumi widu pakuwapaska ulemu ndi ku waphwele umampha. Kupatana nkhwamampha cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 15:17.** Ndipo wanguti wajiwezga mu mtima watinge, "Wamphotu wari-nga wa wanda wafurwa ndi vyaukurgha vinandi, ndipo ine panu ndiyowa ndi nja."

124. Ndisunga matumbu ghinu

Konkhosko lake: Pa Chitonga wanthu 'ajariyana' (kovyana), munyake ndi munyake, chifukwa ko *kekija nkhanganyama*. Wana wamunyake aziwa kulereka ndi nyumba yinyake. Ndi mazu ghaku-kuluwika.

Tandauzo lake: Ndisunga wana winu (pamwenga, 'ndisunga abali winu').

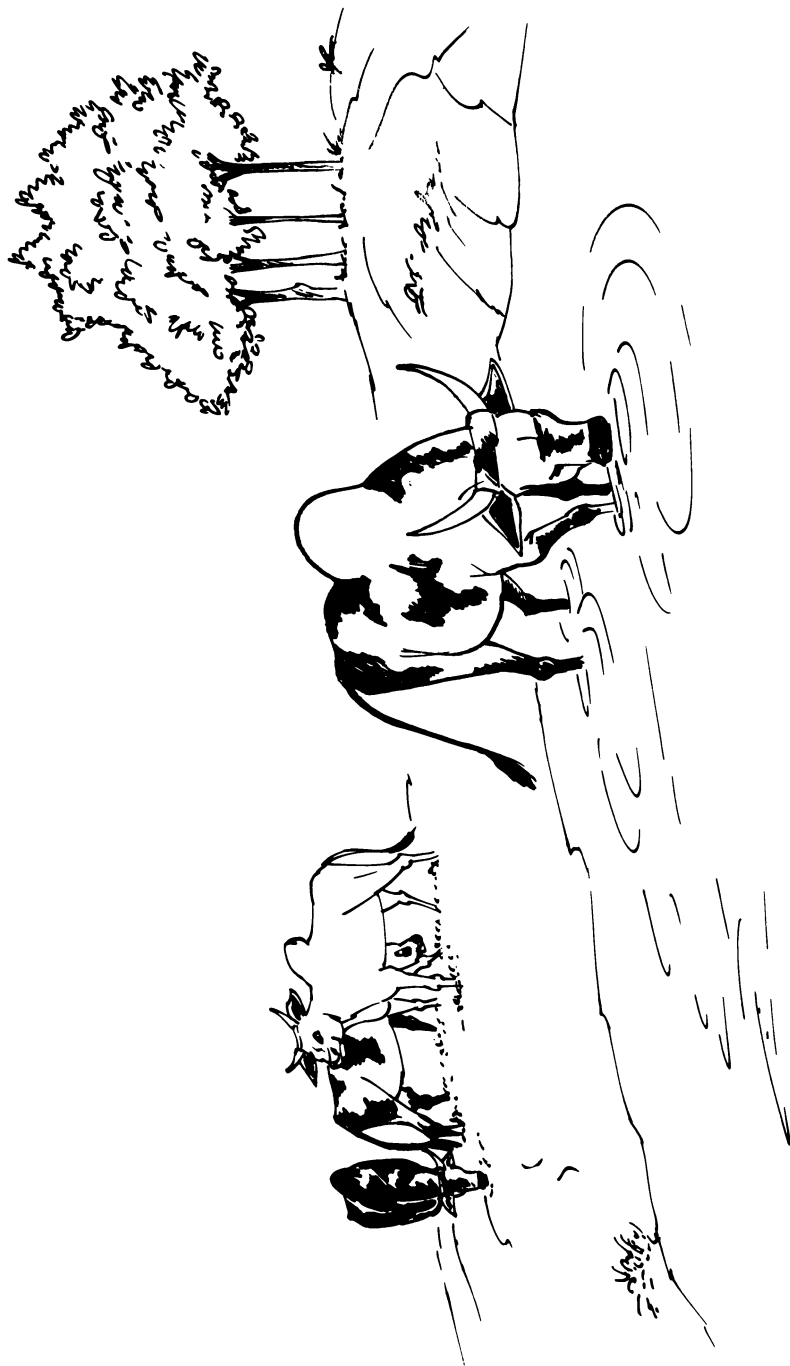
Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge nkhučenja wanthu wo kuti arumba cha chovyo cho watiwachitiya munyawo. Viwi-viwi asani ulera wana wawo. Nyengo zinyake, yikambika nge nkhučhiska wo iwo awona nge nkhu-nonono kurela wana anyawo. Kovyana nchinthu chakuzirwa. Tikumbukengi kuti *Kepa munyako umwiya naji, ke pako ungamwa maji cha*. Akutaula mazu ghaku Chiuta akamba nthanthi iyi pakusambizga wanthu kuzirwa kwakovyana mu m'pingo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 4:8-9.** Kaini wanguti kwaku Abelú mhurwa wake, "Tiye ku munda." Ndipo penipo wenga mu munda, Kaini wangusoke pa mhurwa wake Abelú, ndi wangumubaya. Sono Ambuya anguti kwaku Kaini, "We pani Abelú mhurwa wako?" Iyo wanguti, "Kuti ndiziwa cha; kumbi ndine msungi wa mhurwa wangu?"
- (2) **WaRoma 12:13.** Muwe wakusangana nawo mu maukavu gha wakupaturika; wakutakatakiya wezi ku walendo.

125. Ng'ombe yo yadanjiya yitumwa maji ghakutowa

Konkhosko lake: A Tonga aziwikwa nge mbanthu wakudanga kuronde masambiro, ndi kwenda muvyaru vinande vyakuzingirizgana navyo, kusambira majalidu gha wanthu, ndimo agwiriya zinchito zawo. Anande akuwo asiya mbiri zamampha. Izi zaŵa nge *zimphachi* kujula nthowa kuti wanande aziwe malonda ndi masambiro. Mu uTonga mwenga wanthu aŵa: Filimoni K. Chirwa, Clement Kadali, Manowa Chirwa, Alexander Muwamba, Uraya Chirwa, Diamond Manda, Rev Isaac Mandole Kamanga, Samuel Longwe, Rev Yesaya Zerenji Mwase, Kalimanjila, Rev Bright Mhone, Hanock Ng'oma, a Rev. W. Manda Rev



Nthanthi 125: Ng'ombe yo yadaniya ndiyo yitumwa maji ghakutowa

Yoramu Mphande, Edward Boti Manda, ndi wanyake wakuwo, wachalipu ndi moyo wanyake wakufwa. (Muwakumbukenge waviyo).

Tandauzo lake: Kwambiriya kanthu kupaska munthu uromba unandi, ndipo utuwa ndi mbiri yamampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska *Ahurwa* ndi *Asungwana* kwamba kuchita kanthu, anyako enga andayambe, mwakuti usakate. Yichiska so alimi kuti kukolola vinande nkhwambiriya kupanda vuwa zakwamba. Tiyeni tisambiri ku Virimbi vya mu uTonga, mu midauko ya a kutisiya, ndiwo alipo ndi moyo.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Chituwa 16:21.** Mlenji ndi mlenji wanguviyora, we yose pa unandi weniwo wanguziwa kurgu; kweni penipo lingufunda lumwi vingusongonoka.
- (2) **WaFilipi 3:13.** Mwa wabali kuti ndijipima ine kuti ndachibwakiya sono cha; kweni chinthu chimoza ndichita, pakujiruiya vyakuvuli, ndi kutambazukiya ku vyakuurongo.

126. Njovu yitufwa ndi mivwi yinande

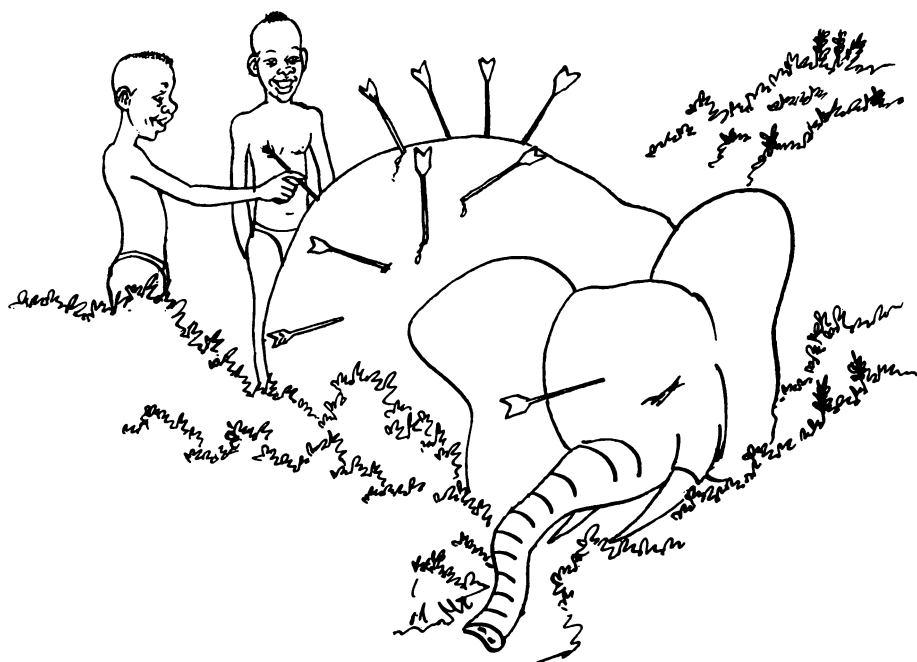
Konkhosko lake: Zilipo nyengo zinyake zo a Tonga achita chiwira, kuti milimu yawo yendengepo luwi. *Unandi ndi nthazi.* Ndichu chifukwa ateruzgiya kuti mivwi yinande ndiyu yibaya Njovu.

Tandauzo lake: Mlimu ukuru uchitika ruwi ndikovyana.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pa kuchiska munthu yo we pamasuzgu kudana anyake kuti amovye. Chifukwa *ko kekija nkha nyama.* Wanthu aziwenge umoyo wakujaliyana, pa kovyana. *Apharazgi* a mazu ghaku Chiuta nawo akamba nthanthi iyi kuchiska mipingo yawo kuti akoliyanengeko mu zinchitu zawo mwakuti ufumu waku Chiuta ukuwenge. Ndi mdano kuti *aliska* pamwenga *apharazgi* awenge anande mu nchitu yaku Chiuta.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Ruti 2:3.** Viyo wanguruta ndi wangukonkho mbeu muvuli mwa wakuvuna; ndipo wanguza ku chigawa cha munda cho chenga chaku Boazi yo wenga wa mbumba yaku Elimeleke.
- (2) **1 Samuele 4:9.** "Khwhimani; ndipo mujikhozge nge mbanthurumi, mwa waFilisti, vinu mungawa wawanda ku waHebere nge ndimo iwo wanguwiya kwaku imwe; jikhozgeni mwaŵeni nge mbanthurumi, ndipo rwani."



Nthanthi 126: Njovu yitufwa ndi mivwi yinande

- (3) **WaGalatia 4:2.** Kweni we pasi pa walinda ndi walereze mpaka ku nyengo yo yakutemeka ndi awiske.

127. Njuchi yo yakuruma ndiyo yako

Konkhosko lake: Munthu yo wendi suzgu watachiruta kwakuyo ndi mubale wake kuti wamovye, nge njuchi yo yakhumba kuti yikurumi yisiya mzinda kwa-zikuruma iwe, ndikusiya anyako wo wenawo pamoza.

Tandauzo lake: Munthu wafumba chovyoko ku mubale wake, pamwenga kubwezi lake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munyako yo we pasuzgu watuza kwaku kukufumba chovyoko. Yikambika nge ndisambizgo kuti tawanthu titenele kujaliyana, pakurongo mtima wakovyana.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Werengani Chiyambo 29:9-14.** Apa tiwona mo Yakobe wangufikiya ku asibweni wake a Labani, kuti akamusunge wati wathawa pa maso pa muku waki Esau. Ndipo Labani wanguti, "Kwakuneneska we wafuku langu ndi mbali wangu."
- (2) **Werengani Chituwa 2:16-22.** Tisambira mo Mosese wangufikiya ku Midiani. Ruele wangumuronde Mosese, ndipo Mosese wangukhorwa kuja ndi Ruele ndipo wangupaska mwana wake munthukazi Zipora kwaku Mosese kuwa muoli wake.

128. Nkhombo atamba kusuka mkati

Konkhosko lake: Pa Chizungu pe nthanthi yakuti, *Ulemu utamba mu nyumba yako.* Pa Chitonga napo asani ukhumba kuti anyako akovye wambe danga kujoya wija. Pamwenga, undasuske munyako jiteske iwi wija dankha. *Peya danga nyumba yako ndipo usambizgene munyako po apeye.*

Tandauzo lake: Tambe kujisuska tija dankha tenga tindasuske kunanga kwa anyidu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga mo tingayeruzgiya anyidu. Yichenjezga munthu yo wateruzga munyake penipo iyo nayo chinthu chaviyo wachita. Ndisambizgo ku *Ahurwa* ndi *Asungwana* kuwa aneneska mukuchita vinthu. *Apharazgi* achenjezga wanthu kuti nchamampha cha kweruzga munyako penipo iwe nawe uchita uheni waviyo, chifukwa Chiuta nawe wakweruzge-nge.



Nthanthi 128: Nkhondo atamba kusuka mkati

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Werengani Mateyu 7:1-5.** Tisambira kuti Yesu wangupereka chenjezgu kwa kuwo avwanga kuti, mungeruzganga cha, alinga kuti mureke kweruzgika. Chifukwa ndi cheruzgu cho muteruzgiya mweruzgikiyenge chenicho, ndipo ndi mweso wo mutese, kwesekiyenge imwe ndi weniwo. Ndipo ulereskiyanji kachipandi kamu jiso la mbali wako, kweni munthambi wamu jiso lako kuti utiwupima cha? Pamwenga ungamunene uli mbali wako, Aka, ndituzgemo kachipandi ko mu jiso lako; penipo munthambi we mu jiso lako? Wakufuvya iwe, tuzgamo danga munthambi wo we mu jiso lako, sono ndipo uwonenge umampha kutuzgamo kachipandi mu jiso la mbali wako.

129. Nkhondo ndi mnasi

Konkhosko lake: Kanandi yo watikwambiya suzgu ndi mubale wako, chifukwa cha sanji. Tingakamba so kuti yo waziwa kukubaya luwi ndi *mnasi* (mubali) wako.

Tandauzo lake: Munthu yo ugomezga ukongwa ndiyo waziwa kunanga umoyo wako, pamwenga kukubaya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndichenjezgo kumunthu yo wademetero yo ndi murwane wake. *Apharazgi* akamba nthanthi iyi pakuchenjezga wanthu kuthawa Satana yo wawoneka nge ndi *mngelo wakuwala* kweni ndi mrwani kukhumba kunanga umoyo wawo. *Ahurwa* ndi *asungwana* mungachitanga chiwembo ndi apapi winu cha.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Werengani 2 Samuele 15:9-12.** Tisambira kuti Abisalomu, mwana waku Davidi wangukumba nkhondo kurwana ndi awiske kuti wakwamphwi ufu-mu wa awiske.
- (2) **Werengani Marko 14:17-20.** Apa tisambira kuti Yuda Iskariote yo wendanga ndi Ambuya Yesu ndiyo wangukombo Ambuyake.

130. Nkhuni yimoza yimanga chifinga cha

Konkhosko lake: Munthu wazirwa chifukwa cha milimu yamampha pakovya anyake mu muzi.

Tandauzo lake: Kovya zinchitu mumizi yidu, nchinthu chamampha ukongwa. Kulivi munthu yo yija waja nge ndi *chirwa cha pa nyanja*.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska ujazi wakovyana mu mizi yidu, kuti ngwakukhumbika ukongwa. Nchakuzirwa kovya munyako yo we musuzgu. Akutaula mazu ghaku Chiuta akamba nthanthi iyi pakuchiska wampingu kuchita milimu yawo pamoza.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 133:1.* Ehe, nkhwamampha mbwenu ndi kwakunozga kuti wabali waje pamoza!
- (2) *Mateyu 18:20.* Chifukwa po pe wawi pamwenga watatu wakuwungirana pamoza mu zina langu, penipo ine ndepamoza nawo, mukati mwawo.
- (3) *WaGalatiya 6:2.* Nyamuliranani mphingu za wanyinu, ndipo viyo fiskani dangu lo laku Khristu.
- (4) *WaHebere 10:25.* Kwambura kujowo unganu waku taweni, uli nkharusu ka wanyake, kweni wakuchiskana; ndipo ukongwa viwi po muwona kuti zuwa lo liwandika.

131. Nkhurande zibaya Njovu

Konkhosko lake: Po pe unandi, suzgu yituwa yipusu, chifukwa atovyana luwi. Kulingana waka ndimo nkhurande zitoviyana, chingana nthuvidonono tumana-tumana kweni nthwazeru ukongwa.

Tandauzo lake: Wanthu wo avwanana, pamwenga kuchitiya pamoza nchitu zawo, aziwa kuchita vinthu vikuru mu umoyo; pakuti *Umoza ndi nthazi.*

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchiska wanthu kuti atenele kovyana pakuchita milimu yawo, kuti yendengi luwi. Viwi-viwi wanthu wo kuti avwanana cha atenele kuchitiya vinthu pamoza. Asani mtanthu wabwanga-nduka, wanthu a mizi ya sirya-ndi sirya atenele kovyana, kuti nchitu yichitiki umampha, kweniso mwaluwi. Chiwira pa Chitonga ndinthowa yakoviyana kuti nchito yo yenga yikuru yende luwi, ndi ku pepuka. *Apharazgi* atiti kumara nthazi Satana aKhristu wose atenele kurwana mwaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 27:17.* Chisulo chinora chisulo, ndi munthu yumoza wanora munyake.
- (2) *Nthanthi 30:25.* Muswa ndi mtundu wakutomboroka, kweni uwunjika kughwa kwake kwa pa chifuko.



Nthanthi 131: Nkhurande zibaya Njovu

132. Nozga kapasi mwakuti kapachanya kasike

Konkhosko lake: Vinthu vyo vinozgeka umampha vyendi wanduzi wamampha. Mwaviyo chinthu cho utamba umampha chendi wanduzi wamampha. Yipu nchakuzirwa kuphwele vinthu vimana-vimana, chifukwa viziwa kuwa vikuru kunthazi.

Tandauzo lake: Asani vinthu uchita umampha wanthu nawo atikugomezga. Wezi utamba munthu weche mwanamana pamuzi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga munthu kukoleska mlimu wo wenawo mwakuti wanthu amugomezge. Wana wa sukulu watenele kufwiliyapo ukongwa pa masambiro kuti kunthazi akaŵi akuziza, ndi amagomezgeka. *Apharazgi* akamba nthanthi iyi kuchiska wanthu kuti asani tikhumba kuti Chiuta watovye, titenele kurongo phamphu. Chiuta watovya munthu yo watijovya yija. Akhristu anozge mitima yawo mwakuti Yesu waselemo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **WaFilipi 2:12.** Viyo na, mwaŵakwanjiwa ŵangu, uli ndimo nyengo zose mwavwiyanga ndi penipo ndinguŵako kwinu pe cha kweni ukongwa limu sono pa kuŵako kwangu kunyake, takatakiyani utaski waku mwaŵeni mu wofi ndi chitenthe.
- (2) **Yesaya 38:1.** Mu mazuŵa ghenigha Hezekiya wangutama ndipo wenga pafupi kufwa. Ndipo Yesaya mchimi mwana waku Amози wanguza kwaku iyo, wanguti, "Viyo atiti Ambuya: Nozga umampha nyumba yako; pakuti ukafwanga, kuti ukachiranga cha."

133. Nthengwa ya ubwezi

Konkhosko lake: A Tonga pakukamba nthengwa yakusomphorana atiti *Nthengwa yadondo*, pakuti njapakweru pa wanthu cha. Nthengwa ya viyo nja mu-chigololo, chifukwa palivi chilowolo kupereka ku *nkhoswe* za munthukazi.

Tandauzo lake: Nthengwa yo palivi *chimalo (chilowolo)*, kupaska *nkhoswe* za munthukazi. Nthengwa ya ulewe.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi ŵala, asani anena munthu yo wasompho munthukazi kwambura kuziŵa apapi ŵake, pamwenga *nkhoswe* za munthukazi. Nthengwa yaviyo njamuchibisi-bisi. *Akutaŵa* mazu ghaku Chiuta achenjezga munthu, ndikususka nthengwa zaviyo, pakukamba nthanthi yeniyi. Wiwi-wiwi arumba nthengwa zo zikwatiskika pakweru pa wanthu, pamwenga zo zitenda mundondomeko ya ChiKristu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 24:53.** Ndipo muwanda yo wangutuzga vigwenjere vya siliva ndi golide ndi vyakuvwala, ndi wanguvipaska kwaku Rebeka: wangupaska so ku mzichi wake ndi ku anyina vyakuzganga vya mitengo yikuru.
- (2) **2 Samuele 11:4.** Sono Davidi wangutuma mathenga, wangumuto; ndipo wanguza kwaku iyo, ndipo wangulakwa nayo. Pakuti wangutozgeka ku masambi ghake, ndipo wanguwere ku nyumba yake.
- (3) **Nthanthi 31:10-11.** Muwoli wamampha njani wangamusaniya? Iyo ngwakuzirwa ukongwa kwakuruska mya yakuzirwa. Mtima wa mrumi wake ugomekeza mwake, ndipo kuti wakasoŵanga chanduwu cha.
- (4) **ŴaRoma 7:2.** Chifukwa munthukazi wakuwirwa wamangika ndi dangu ku mrumi wake weche wamoyo; kweni asani wafwa mrumi wake, wafwatulika ku dangu la mrumi wake.

134. Nyifwa nkhuḡona

Konkhosko lake: A Tonga atiti nyifwa yichita nge nkhuḡona tulo, muchigomezgu chawo kuti akufwa (Azimu) mbamoyo, ayuka ko atiya, kwachiŵa pamoza ndi mizimu ya Ambuyawo, yo yikudanjiya kali. Mazu agha *nchituwo*.

Tandauzo lake: Nyifwa mbumaliye wa umoyo cha. Kwe umoyo ufya kunthazi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kurongo kukhwima mtima kwa munthu yo nyifwa yato wakwanjiwa wake. Ndi mazu gha chigomezgo kwakuwo aliya chifukwa cha nyifwa yo yato mubali wawo, kurongo kuti nyifwa ndi nthowa yakuselele ku umoyo unyake. *Akutaula* mazu ghaku Chiuta akhwimiska ŵanthu wo nyifwa yaŵakwaska ndi nthanthi/chituŵu chenichi, kuti nyifwa nkhuḡona ku umoyo ufya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yohane 11:11.** Vyenivi wangukamba: ndipo pavuli watiti kwakuwo, "Lazaro, bwezi lidu, wara tulo; sono ndiruta alinga kuti ndikamuyuske ku tulo."
- (2) **1 ŴaTesalonika 4:16.** Pakuti Ambuya ŵeneko ŵakasikanga kutuwa kuchanya ndi mdanu, ndi mazu gha mungelo-mura, ndi mbata yaku Chiuta; ndipo ŵakufwiya mwaku Kristu ŵakayukanga danga.

135. Nyifwa ye pose

Konkhosko lake: Nkhunonono ukongwa kuti munthu wathaŵe nyifwa.

Tandauzo lake: Munthu weyose wafwengi asani nyengo yake yakwana.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika panyifwa, yo yamuwoneke munthu kwamabuchi-buchi, nge nyifwa ya ngozi, kutali ndi muzi wake. Pakupe-mbuzga wo akwaskika ndi nyifwa yaviyo, wala akamba mazu ghenagha nge nkhu khwimiskana. *Apharazgi* a mazu ghaku Chiuta akamba nthanthi iyi kurongo kuti kose kotiri tigomezgenge Chiuta, chifukwa tiziwa cha po yitisaniliyenge nyifwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **WaRoma 5:12.** Viyo, uli ndimo mwa munthu yumoza ulakwi unguserere mu charu, ndi nyifwa pa chifukwa cha ulakwi wo, ndi viyo nyifwa yambukiya pa wanthu wose, pakuti wose wangulakwa.
- (2) **WaRoma 14:8.** Chifukwa asani te wamoyo, tijariya wamoyo ku Mbuya, ndipo so asani titufwa, tifwiya ku Mbuya so: viyo kosekose ta wamoyo, chingana titufwa, te wa Mbuya.

136. Nyoko ndi nyoko chingana wapunduki

Konkhosko lake: Nchinonono ukongwa kuwa mu charu kwambura anyoko.

Tandauzo lake: Nchamampha cha kupata apapi wo akukupapa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga *Ahurwa* ndi *Asungwana* wo mba mtafu ndi ambura kuvwiya apapi wawo, pamwenga wala-wala. Ndisambizgo kwakuwo akana apapi wawo. *Apharazgi* (akutaula) akamba nthanthi iyi pakuchenjezga wanthu kuti tingakananga cha Chiuta yo wakutilenga.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chituwa 20:12.** "Tumbika Ausu ndi Anyoko, kuti mazuwa ghako ghaŵenge ghanadi pa charu cho Ambuya Chiuta wako watukupaska."
- (2) **WaEfeso 6:3.** "Alinga kuti kuŵiyenge iwe umampha, ndipo kuti ujaririyenge nyengo yitali pa charu."
- (3) **Marangu 27:16.** 'Watembeke yo wayuyyuwa wiske pamwenga nyina.' Ndipo wanthu wose wanenenge, 'Ameni.'

137. Nyoli yizirwa ndi mavungwa

Konkhosko lake: Nyoli yambula mavungwa yingaziwika cha kuti ndi nyoli. A



Nthanthi 136: Nyoko ndi nyoko chingana wapunduki

Tonga atiti, munthu yo wendi wana wazirwa. Mwaviyo, nthengwa yakukho ndipo pe wana, mwakuti alutirizge fuku lawo.

Tandauzo lake: Munthu yo ndi mula wazirwa asani wendi wana wo atimovya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi kanandi yikambika kuchiska wo atorana asani palivi wana kuti apenjengi zinthowa zakuti akawi ndi wana. Kanandi nthengwa zipasuka pa chifukwa chenichi. *Apharazgi* akamba nthanthi iyi nge nkhu-nchiska a Khristu kukoreska chikhristu chawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 15:1-5.* "Ine ndine mpphereska yeneko, Ada mbalimi. Mphanda yose mwaku ine yambura kupasa, atiyipantha: ndipo yose yakupasa atiyitenguliya, mwakuti yipase vinandi. Imwe mwe wakutengulika kali chifukwa cha mazu gho ndarongoro namwe. Jani mwaku ine, ndi ine mwaku imwe. Mo mphanda yirive nthazi kujipasiya yija, kwambura kuti yijaririya mu mpphereska yo, viyo so chingana ndimwe, kwambura kuti mujaririya mwaku ine ..."

138. Palima mpha moyo

Konkhosko lake: Munthu yo wendi nja walivi nthazi kuti wagwiri nchitu, kweni yo wendi mguto ndiyo.

Tandauzo lake: Chakurya nchakuzirwa chifukwa chipaska nthazi ku munthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska awoli kuwapaska chakurya alumi wawo, enga andaruti kwachilima ku munda mwakuti awengi ndi nthazi zakulimiya. *Apharazgi* nawo achiska mipingo yawo kupereka ndrama, pamwenga vyakurya, kuti vyovyengi kuliska, muliska wawo. Yehova ndi mliska widu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 10:9-10.* Mungajitole golide cha, chingana ndi siliva cha, chingana ndi tambala mu malikwamba ghinu cha: katiri wapa nthowa cha, chingana ndi minjirira yiwi cha, chingana ndi viyatu cha, chingana ndi ndodu cha: chifukwa wanchitu ngwakwenere mpaku wake.
- (2) *Marko 5:43.* Ndipo wanguwalanguliya ukongwa, kuti wangachiziwa chenichi yumoza cha: ndipo wangukamba kuti kupaskike kurgha kwaku iyo.
- (3) *Werengani Marko 6:36-44.* Apa tisambira kuti Yesu wanguwa ndi chitima pakuwona kuti wanthu wenga ndi nja. Mwaviyo wanguliska mzinda ukuru. "Ndipo wachituwa Yesu wanguwona mzinda ukuru, mwakuti wanguwafwi-

ya lisungu, pakuti wenga uli ndi mberere zakuwura mliska: Ndipo wangwamba kuwasambiza vinandi. Ndipo lati lateghama dazi wasambizi wake wanguti, 'Malo ghano ndi bozwa, ndipo dazi laruta; wawezgeni, kuti warutenge ku minda ndi mizi yakuzunguliya, wakajiguliye vyakurgha.' Kweni wakwamuka wanguwanene, wapaskeni imwe vyakurgha."

- (4) *1 Timote 5:17-18*. Wara wo wateruzga kaunthu wenereskeke thumbiku lukuwerezga, viwi-viwi wo watakatakiya mu mazu ndi chisambizgu. Chifukwa liti ti lembo lo, "Ng'ombe yakupwantha trigu ungayisunamiskanga cha." Ndipo, "Wanchitu ngwakwenere mphotu yake."

139. Panyifwa yangu fuvu lazamtenje

Konkhosko lake: A Tonga akwaskika ukongwa ndi nyifwa. Aziwa kuti asani munthu wafwa mbanandi wo asuzgikenge ambumba yake, chifukwa wakuwovya ndiyo waluta.

Tandauzo lake: Nyifwa yamunthu yo abale wake ajaliyangako ndi kuthamiya chovyo chake, yisweska mtima ukongwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi wala, pa maliro ghamunthu wakuvwika, nge *fumu* ndi anyake amazina. Nyengo zinyaki yikambika ndiyo ndi mzati pa muzi, kuti asani iyo wangafwa ndikuti suzgu yiselenge pa nyumba, pamwenga pa muzi.

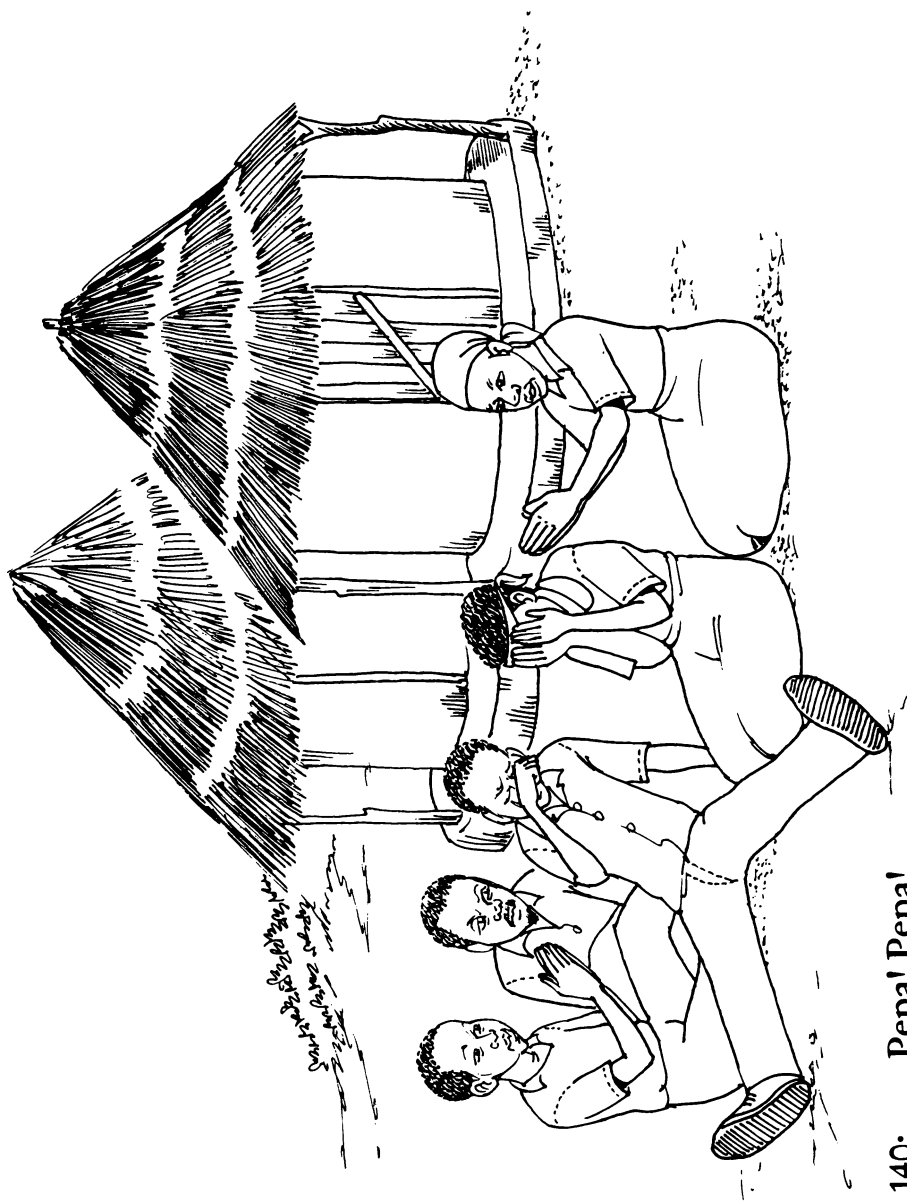
Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Luka 19:40*. Ndipo wakwamuka wanguti, "Ndikunenyani kuti, asani wachetamenge awa, mya yo yikamburenge."
 (2) *Luka 23:28*. Kweni Yesu wangung'anamukiya kwaku yiwo, wanguti, "Mwawanthukazi waku Yerusalemu, mungaliriyanga paku ine cha, kweni liriyani paku mwaŵeni ndi pa wana winu."

140. Pepa, pepa

Konkhosko lake: Agha ndi mazu ghapemphero gho auskekurufwi akambanga ku *azimu*, achimba manja ghau nge nditauzgo, pamwenga thokozi, pu! pu! Pepa, pepa!

Tandauzo lake: Kuphepheska *azimu* (mizimu yakuwo akufwa) pakupereka ulemu wakumaliya asani chisopu chimala.



Nthanthi 140: Pepa! Pepa!

Kuzirwa kwa nthanthi iyi: nthanthi iyi nyengo zinu yikambika pa maliro paku-phepheska wanthu wo akwaskika ndi nyifwa, pamwenga mzinda wo waza pa maliro. Mwaka mazu agha ghakambikanga pakuwika munthu wakufwa (chi-wanda). Enga andaŵike thupi abale wake azungulizganga muunda. Mazu agha ghakambika mwakuti mzimu wakuyo wafwa uruti mu charu cha *azimu* wo aku-fwa kali, wo eche kukumbukika ndiwo mbamoyo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Wakutaula 6:3.** Asani munthu wabala wana machumi pe chumi, ndi kuwa ndi umoyo wa virimika vinandi, ndi kuti mazuwa ghavirimika vyake ngana-ndi, kweni umoyo wake kuti ukondwere mu vinthu vyamampha cha, ndipo so muwunda nawo walivi, ndikamba kuti wakupapika kwambura kufikapo pa nyengo yake ngwamampha ukongwa kuruska iyo.
- (2) **Mateyu 26:12.** Chifukwa uyu po wapunguliya muro ili pa liwavu langu, nkhundirongosole kukuwika.

141. Po pasamba msambazi ndipo patumwa mkavu

Konkhosko lake: Nyengo zinande akavu ndi akupunduka (achiti) afumba chovywo kwakuwo mbakulemera.

Tandauzo lake: Titenele kovya akusuzgika chifukwa tenawo nyengo zose mu mizi yidu. Nawo akhumba chovywo chidu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga wo mbakulemera mu mizi; pamwenga mcharu chidu kuti alimo asauchi ndi achiti, wo tite-nele kuwovya, munthowa zakusiyana-siyana. Vinthu vyo ise tisaniya, nawo akhumbira kuti mphanyi anguvisaniya. Epa tija pamampha nawo akhumbira kuti mphanyi nge wenga pamampha. *Akutaula* mazu ghaku Chiuta achiska wanthu kuti atenele kovyana.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 16:20.** Ndipo kwengaso mukavu yumoza, ndi zina Lazaro, wakumatika vironda, mweniyo watolekiyanga pakhome la msambasi.
- (2) **WaRoma 12:13.** Muwe wakusangana nawo mu maukavu gha wakupaturika; wakutakatakiya wezi ku walendo.

142. Po paswela kambwe pe nkhirande

Konkhosko lake: Asani munthu waswela pa malo, pe chifukwa chake; ndi waka cha. Pamwenga po watanja munthu pe chifukwa chake.



Nthanthi 142: Popaswela kambwe pe nkhourande

Tandauzo lake: Asani munthu watanja kuruta pa malo kaŵi-kaŵi, nyengo yinya-ke kuvwikenge mbiri yake cho wachitapo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgo kumunthu yo waziwiriya kwenda pa malo ghamoza, mwakuti nyengo yinyake wangadana suzgu. Anyamata, pamwenga asungwana atenele kuchenje kwenda mu malo gho angaziŵa kunyengana.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

(1) *Mateyu 24:28.* Kose ko chingaŵa chiwanda, kweniko ndiku ghaunjikanenge makuŵi.

143. Po pe josi pe moto

Konkhosko lake: Pa chizungu pe nthanthi yakuti, *Palivi usi wo utuwa pambura moto.* A Tonga atiti so, *Po pe bi pe munga.*

Tandauzo lake: Asani ŵanthu akamba-kamba kanthu ndikuti pe uneneska. Po pe ma menu-menu pe uneneska, wo kunthazi uvumbukenge.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika po ŵanthu ateruzga mlandu, mu zimphara. Kurongo kuti asani akabone anandi apanikizga yo wendi mlandu, ndikuti atimuneneske. Nyengo zinyake yicheŵeska *ahurwa* ndi *asungwana* kuleka kwenda pamalo po ŵanthu kaŵi-kaŵi akamba kuti pe urwani.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

(1) *Ŵerengani 1 ŴaKaronga 3:23-27.* Apa tingayeruzgiya mo Karonga Solomoni wangweruzgiya mlandu unonono uwa wa ŵanthukazi ŵaŵi. Karonga wanguziŵa kuti yumoza wa ŵanthukazi yo wangukoselezgapo ukaboni wake, wenga mneneska. Viyo Karonga wanguti, "Paskani mwana wamoyo yo ku munthukazi wakudanga yo, mungamubaya cha; iyo ndiyo nyina wake."

144. Po pe ŵaŵi zeru nazu ziŵi

Konkhosko lake: Po pe ŵanthu ŵaŵi asambizgana zeru. Yumoza waziŵa kupe-reŵele zeru.

Tandauzo lake: Suzgu yipepuka asani pe ŵanthu anande, chifukwa atovyana kusaniya nthowa zakugode suzgu yo yilipu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska munthu yo, asani suzgu yamuwiya wakhumba cha kudana anyake kuti amovyi. Taŵanthu

tijaliyana yumoza ndi mnyake. *Apharazgi* a mazu ghaku Chiuta achiska wanthu kuzirwa kwakovyana mu mpingo, asani munyawo suzgu yamukwindika.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Wakutaula 4:9*. Kuwa wawi nkhwamampha kwakuruska yumoza, chifukwa mu kutakataka kwawo wendi mphoto yamampha.
- (2) *WaGalatiya 6:2*. Nyamuliranani mphingu za wanyinu, ndipo viyo fiskani dangu lo laku Khristu.
- (3) *1 WaKorinte 12:7*. Kweni ku munthu we yose, yumoza-yumoza, kwapaskika uvumbuzi wa Mzimu kwachimovye mu vyamampha vyose.

145. Pundu waruwa cha po wangurya chiwanga

Konkhosko lake: Munthu waruwa cha yo watimovya. Nayo kunthazi watachiwonga.

Tandauzo lake: Kurumba nkhwamampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika panyengo yo suzgu yawiya munyake yo wangumovya po nayo wenga musuzgu, kuti ndinyengu yaki nayo kuti wawezge chovyu. Ndichenjezgo so, ku munthu yo waseka munyake yo we pasuzgu, penipo iyo wenga pasuzgu yaviyo wangumovya. Yichenjezga so kuti nchamampha cha kunyoza malo gho ukuwiyako, pamwenga kunyoza wanthu wo angukuphwele. *Apharazgi* asambizga kuti tingaruwanga cha Chiuta yo watitaska mu ma unonono.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *1 WaKaronga 12:16*. Ndipo penipo waYisraele wose wanguwona kuti karonga wengavi kuwawwa, wanthu wangwamuka karonga, "phande lidu ndi-ne kwaku Davidi? Tirivi chihara mu mwana waku Jese. Kanninga ku mahema ghinu, Yisraele mwe! Sono lereska ku nyumba yaku wamweni, Davidi." Viyo waYisraele wanguwere ku mahema ghawo.
- (2) *Sumu 137:1*. Ku misinji yaku Babiloni, tinguja pasi ndipo tinguliya, tichikumbuka Zioni.
- (3) *Hoseya 11:10-11*. Wakarondonga Ambuya, Ambuya akoromenge nge ndi nkhamu, inya akoromenge, ndipo wana wake wakazanga ndi chitenje kutuwa ku zambwe. Wakazanga wakutenthema nge nthuyuni twakutuwa ku Egipiti, nge ndi nkunda zakutuwa ku Asiriya, ndipo nkhaawezgiyanga ku mizi yawo, atiti Ambuya.

146. Pusi wakukota atimuliska wana wake

Konkhosko lake: Pusi wakukota walive nthazi kujisaniliya kurya, kuti wendengi, ndikuwuruka ndi nthazi. Muchifukwa ichi wana wake atimuliska kuti wawengi ndi nthazi.

Tandauzo lake: Wanthu atenele kuphwele apapi, pamwenga abali wo ndi makhongwe.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga kuphwele anyidu. Yichiska ahurwa ndi asungwana wo alekelezga kuphwele apapi wawo, pamwenga abali wawo wo akhumba chovyo. Nchamampha cha munthu kujowo mpapi waki chifukwa ndiyo wakukuwika ku charu. *Apharazgi* a mazu ghaku Chiuta achenjezga wanthu kuti aleki kutaya Chiuta wawo.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

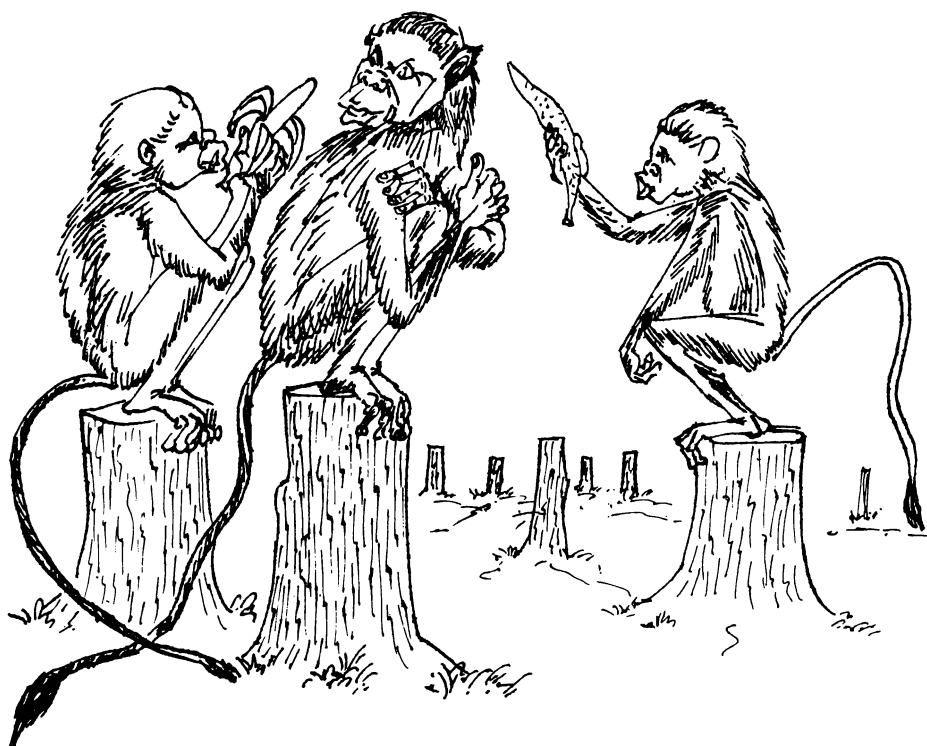
- (1) *Werengani nthanu* yaku Yisaki ndi wana wake, Esau ndi Yakobe. Yisaki pakuwa khongwe wangudana mwana waki Esau kwachimubayiya nyama mdondo kuti warye: *Chiyambo 27:2-4*. Iyo wanguti, "Awona, nde khongwe kuti nditiliziwa cha zuwa la nyifwa yangu. Viyo sono, to vidya vyako, uta wako, ndi muvwi wako, ndipo ruta ku dondo ukandipenje nyama, ndipo undirongosole kurgha kwakununkhira, ulaka ndiko nditanja, ndipo uze nako kwangu kuti ndirghe; alinga ndikutumbike ndenga ndindafwe."
- (2) *1 Timote 5:8*. Kweni asani munthu wareka kuwarongosole limu waku yija, ndi wiwi-wiwi wapake pa nyumba, wakana chivwanu, ndipo ndi muheniko kwakuruka mzira chivwanu.

147. Rekani kuruta nayo Chiuta waje penepano

Konkhosko lake: Ili lenga ghanoghano la wa Khristu akali wo angupima kuti *Azungu* achiMishoni apinganga Chiuta wawo kose ko endanga. Mu *Mcapu* wa Chitonga mwe mbiri ya *Kurombe Vuwa*.¹⁵ *Azungu* ati aomba kwaku Chiuta kuti vuwa yizi, po vuwa yingureka kunya ku Ungoni mu chirimika cha 1886, vuwa yinguny'adi. Pakuruta *Azungu*, kwawo wanthu anguti "Rekani kuruta nayo Chiuta." Wanthu angupima kuti Chiuta wenga wa *Azungu* pe.

Tandauzo lake: Engapo wanthu anyake wo aghanaghananga kuti Chiuta wenga wa wanthu a mitundu yinyake pe.

¹⁵ "Kurombe Vuwa", *Mcapu wa Chitonga*, pp. 13-14. (Mlembi wa *Mcapu wa Chitonga* waziwika umampha cha).



Nthanthi 146: Pusi wakukota atimuliska wana wake

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikumbuskika asani pe unganu ukuru wakurombe vuwa. Nyengo zinyake, asani *apharazgi* akwaska mitima ya wanthu ndi mazu ghaku Chiuta, wanthu atiti, *Chiuta we mwakuwo*. Wanthu aruwa cha minthondwe yo Chiuta wachitiya mu wanthu wo wendi mzimu waku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chiyambo 31:19.** Labani wanguruta kwachisenga mberere zake, ndipo Rake-lo wanguba wachiuta wamu nyumba ya awiske.
- (2) **2 WaKaronga 5:15.** Sono wanguwere ku munthu waku Chiuta, iyo ndi mpi-ngu wake wose, ndipo wanguza wanguma paurongo pake, wanguti, "Ndi-ziwa kuti mulivi Chiuta mu charu chose chapasi kweni mu Yisraele pe: viyo rondani chaulera chakutuwa ku mteŵeti winu."

148. Somba yakuvunda pamumphika yiziwa kuvundiska zose

Konkhosko lake: Uheni umanavi uziwa kunanga umoyo wose wamunthu, ndi wanyake.

Tandauzo lake: Munthu yumoza yo ndi mheni waziwa kwananga anyake wose wo watenda nawo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga munthu yo watenda ndi mpingo wa wanthu ankharo yiheni kuti nayo wanganangika. Ndichenjezgo so kwakuwo wendi mazaza kulemba nchitu wanthu kuti angasankhanga wo anga-nanganga nkharo ya anyawo cha. *Apharazgi* ateruzgiya Satana yo wananga wanthu anandi mcharu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Nthanthi 13:20.** Mweniyo watenda pamoza ndi wanthu wazeru, wasanduka kuwa wa zeru, kweni wakukwatikana ndi wakupusa wakapotekekanga.
- (2) **1 WaKorinte 5:6-7.** Kuti nchamampha cha chitumbwa chinu. Asi muziwa kuti mtupu umanavi utupiska burunga lose? Photoni mtupu wakali wo, kuti muwe burunga lifya, nge ndimo muliri wazira mtupu. Chifukwa phaska lidu nalo libayika, ndilo Khristu.

149. Sonu awiya ose pa msana pe, ndikuti manja pu! pu! pepa, pepa

Konkhosko lake: nthanthi iyi ndi rombo mu kasoperu, ka wasekulufwi kali, pakupempha mizimu ya ambuyawo wo akufwa kali kuti apereke chimango ku

wo mbamoyo. Munyengo za masuzgu wala-wala apemphanga *Mizimu* (*Azimu*) kuti yiwavwe mwakuti masuzgu ghawo ghamale, nge zinthenda, nja ndi zinkhondo. Agomezganga kuti mizimu ya wamampha yekufupi kwaku Chiuta.

Tandauzo lake: Alipo wanthu wo avwana kuti kugongoweska *Mizimu* ya wakufwa yiziwa kukalipa kuti amoyo awe musuzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yakambikanga pakupereka sembe ku *Azimu*, kuti mizimu yawo yigonenge mu chimango chaku Chiuta, yo ndi *Muzimu Ukuru*, ndikupempha kuti vyamampha vipaskike kwaku wo weche ndi umoyo pa charu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 141:2.* Rondeni rombu langu nge nchakusunkhizga paurongo pinu, ndi kusoska mwa manja ghangu nge ndi sembe ya mazulo.
- (2) *Chituwa 20:24.* Mukandizengiyanga ine jochero lakusopiyapo la dongo ndipo muperekenge paku lo mpasku winu wakocha ndi mpasku winu wa chimangu, mberere zinu ndi ng'ombe zinu; mu malo ghose mo ndikachitiska-nga chikumbusku cha zina langu ndikazanga kwinu ndi kukutumbikani.

150. Sunga khose, mukanda wazamuvwara

Konkhosko lake: Vinthu vyamampha virinda umoyo wa munthu kunthazi. Muchifukwa ichi, nchinthu chazeru munthu kuphwele umoyo waki.

Tandauzo lake: Munthu watenele kusunga marango gho atimupaska. Munthu wajiphwele kuti vyamampha vyo vitimulindizga kunthazi wazironde.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yicheweska munthuyo waghanaghana kuti vinthu vyamampha vizengi, yenga yindakwane nyengo yaki. Mwakweruzgi-yapo, wana wa Sukulu atenele kufwiliriyapo kuti kunthazi akasaniye vyamampha. *Ahurwa* ndi *asungwana* atenele kuvwiya chichinyiŷa cha apapi wawo kuti kunthazi akaje pamampha. *Kuthawiliya nkhuŷika cha. Aŷharazgi* acheweska wanthu kuti kujiphwele nkhwamampha mwakuti vitumbiko vyaku Chiuta uzironde kunthazi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 4:1.* Mundamuke ndichidana, A Chiuta imwe mwe urunji wangu! Imwe mungundipaska malo po ndenga musuzgu. Ndichitiyeni wezi, ndipo vwani rombu langu.
- (2) *Nthanthi 6:20-24.* Wa mwana wangu, sunganga marangu gha ausu, ndipo

ungajowonga kusambizga kwa anyoko cha. Uvimangiliye pa mtima wako nyengo zose; uvimangiliye mu khosi lako. Uchenda, vikakurongozanga; uchigona pasi, vikakuvikiliyanga; ndipo asani wayuka vikarongoronga nawe. Pakuti dangu ndi nyale mbukweru, ndipo kuchenjezga pakuvwiya ndi ntho-wa ya umoyo, kukutuzgako iwe ku munthukazi muheni ku lilime la utere-musi la munthukazi wakunyenga.

- (3) *Yesaya 29:19*. Wakuzika wakarondanga chimwemwe chifya mu Ambuya, ndipo wasauchi mukati mu wanthu wakakondwanga mu Mtuwa Yumoza yo waku Yisraele.
- (4) *Mateyu 5:5*. "Mbakutumbikika wakuzika: pakuti iwo waharengenge panu pasi."

151. Sunga phazi lako ko utenda

Konkhosko lake: Wanthu atenele kurongo nkharo yamampha, pamwenga majalidu ghamampha kose ko atenda, pamwenga ko aja.

Tandauzo lake: Munthu watenele kurongo nkharo yamampha pa mzinda ndi-kujiteska chose cho wachita.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska munthu yo wachita maluso ghaheni gho ghaziwa kunanga zina lake. *Apharazgi* akamba nthanthi iyi pakuchiska wanthu kuja jalidu lakukondweska, ndikukuzga zina laku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Wakutaula 5:1*. Sunga kenderu kako pakuluta ku nyumba yaku Chiuta; kundere kufupi kutegherezga nkhwamampha kwakuruska kupereka sembe za wakupusa; pakuti waziwa cha kuti wachita uheni.
- (2) *Luka 10:11*. Fuvu nalo lamu muzi winu, lakukaniriya kwaku ifwe, tikung'unthiya imwe, ziواني mbwenu chenichi, kuti wawandika ufumu waku Chiuta.
- (3) *WaEfeso 5:5*. Chifukwa namwe muziwiiska chenichi, kuti chingana ndi murewi yose, chingana ngawiyu, chingana ngwachiwini, yo ndi msopangoza, walive chihara mu ufumu waku Khristu ndi Chiuta.
- (4) *1 WaKorinte 10:31-32*. Viyo chingana muturgha, chingana mutumwa, chingana muchitanji, chitiyani vyose ku unkhankhu waku Chiuta. Mungaguwiska waYuda, chingana mbaGriki, chingana ndi mpingu waku Chiuta cha.

152. Te ŵaranda

Konkhosko lake: 'Mlanda' pa Chitonga ndi mwana yo apapi ŵake akufwa. Asani kwe chilala, vuwa kulivi, ŵanthu aja nge *mbalanda* chifukwa cha nja. Nyengo zinyake *mlanda* ndi munthu yo walivi weyose wakumuphwele.

Tandauzo lake: ŵanthu wose pa charu aja nge *mbalanda* asani vuwa yakana kuza, chifukwa chakurya chisoŵa. Nyumba yo yilivi kurya njilanda.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge rombo, pakuromba Chiuta kuti wapereke vuwa kuŵanthu ŵake. Kenga kasopero kamwaka mu uTonga, chenga chindaze chi Khristu. Sonu napo *apharazgi* pakupempha Chiuta kuti wapereke vuwa alongo chinthuzithuzi chenichi, kuti ŵanthu mbaranda asani vuwa kulivi, ndipo asani chilala chasele mu charu.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) *Yoswa 1:5.* Paulengevi munthu mweniyo wakaziŵanga kuma paurongo pako mu umoyo wako wose; nge ndimo ndinguŵiya pamoza ndi Mosese, ndimu ndikawiyanga ndi iwe, kuti ndikakujowonga cha.
- (2) *Sumu 27:9.* Mungabisanga kwaku ine chisku chinu. Rekani kudikiya kutali mtêweti winu mwaukari, imwe munguŵa chovyo changu. Mungandisiyanga kutali, rekani kundisiya, A! Chiuta wachipozomosko changu!

153. Tilakata nge maluŵa

Konkhosko lake: Nyifwa yazala mazuŵa ghano. Taŵanthu titufwa nge nyoli, pafupi-pafupi. Wiŵi-wiŵi chifukwa, cha nthenda ya *kaonde-onde*, yo yazala mcharu. Chithuzithuzi nchakuti, mo maluŵa ghalakatiya asani lumwi laŵaliyapo, ndimu umoyo nawo umaliya viyo.

Tandauzo lake: Umoyo wa munthu ujaliska cha, ngwa nyengo yimanavi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pa maliro, asani nyifwa zaŵa pafupi-pafupi. *Akutaula* mazu ghaku Chiuta akamba nthanthi iyi nge nkhuhe-njezga ŵanthu kuti aleki kuchita uheni, chifukwa nyifwa yiŵapulutuŵenge. Umoyo wenge ndi luŵa lo livwalira, kweni asani mphepo zaza, pamwenga nthenda yaza umoyo umara asani munthu wafwa.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) *Sumu 103:15-16.* Kwakulingana ndi munthu, mazuŵa ghake ghe nge mbuteka; watipitiya ulaka ndi luŵa lamu dondo. Po mphepo yiputapo, ilo laruta palivi, ndipo palivi yo watiliwona so.

- (2) **1 Petro 1:24.** Chifukwa kuti, "Munthu yose we uli mbuteka, ndi unkhankhu wake wose uli ndi luwa la uteka. Uteka wo umira, ndipo luwa lake limota."

154. Tiruta msana wale, kurondo anyido

Konkhosko lake: Pa Chitonga pe mwambu wakuti *azukuru* (wo avwarika thupi, pamwenga wo awika thupi mumuunda), enga andato thupi kuruta nalo kwa chiwika, akamba nthanthi yeniyi. Nchiziwisku ku uteki wo waza panyifwa kuti chiwika chiliko zua lo.

Tandauzo lake: Tiruta nayo nyifwa kwachiwika msana wale. Tamwika mnyido musana wale.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi *Azukuru* pazua lakuwikiya nyifwa. *Akutaula* mazu ghaku Chiuta akamba nge nkhuizenjeza wanthu kunozgeka, mwakuti asani ulendo wanyifwa waza akakumane ndi Ambuya. Nyifwa mbulendo, kuti mbumaliye wa umoyo cha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Chituwa 13:19.** Ndipo Mosese wanguto viwanga vyaku Yosefe pamoza nayo, pakuti Yosefe wangurapiska kwakuneneska wa Yisraele kuti, "Chiuta wakachezanga namwe, viyo mukapinganga viwanga vyangu pamoza namwe."
- (2) **Wakutaula 12:5.** Watopa so cho nchapachanya, ndipo vyakofya vye mu nthowa; muti wa zobala uchita maluwa, phanana waruta kwakuzendazenda ndipo linweka limara; chifukwa munthu waruta ku muzi wake wa muyaya, ndipo wakutenje watendatenda waka mu wagurwi.
- (3) **Luka 12:40.** Namwe so muwe wakurongosoleka; pakuti mu ora lo mulive kughanaghana ndimo mwana wa munthu wakaziyanga.

155. Ubwezi ngwaŵaka, kanthu ubali

Konkhosko lake: Pa Chitonga pe nthanu yakuti, *Ubwezi*.¹⁶ Yengapo Fumu yo yingumara chuma chake pa bwezi laki, ndikujowo abali wake wose. Fumu yati yayaesa bwezi lake, kuti wawone vinu lingawovya pa nyifwa yake. Bwezi lake lingutondeka. Pavuli fumu yinguwamu kuti abali mbakuzirwa kuruska mabwezi.

Tandauzo lake: "Ubali umara cha, ubwezi umara ndi uziwa kukorana ndi muniyake"

¹⁶ F.K. Chirwa, *Nthanu za Chitonga*, pp. 80-83.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga munthu yo wamaliya vyuma vyake pa ma bwezi ghake, ndikuruwa abali wake wose. Asani suzgu yakufikiya mabwezi ghathawa, kweni wo atikutamizga mbabali wako, pamwenga muoli/murumi wako. Nyengo zinyaki yikambika pakuchenya munthu yo wapenja chovyo, asani chuma chake chose chamaliya mu anyake wo wendanga nawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 41:9.** Nanga ndi mwanasi wangu wapa mtima mwaku mweniyo ndi ngugomekezga, yo wangurgha kurgu kwangu, nayu so wandisoske chitende chake.
- (2) **Jobu 19:14.** Wabali wangu wapafupi ndi mabwezi ghangu ghapa mtima wandi-reka.

156. Ubwezi wa mbavi wambura kurumba mbuyaki

Konkhosko lake: Munthu yo utovya ndiyu watikuyukiya. Yo utanja ndiyu watu-wamurwani wako.

Tandauzo lake: Ndi munthu yo kuti warumba cha, nanga umuchitiye chama-mpha, pamwenga iwe utumwanja.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge nkhuchenya wanthu wo awezge uheni anyawo, kwambura kurumba umampha wo yiwo anguwachitiya. Nchisambizgo kuwanthu ambura kurumba. *Apharazgi* a Mazu ghaku Chiuta, achenjezga wanthu kuti atenele kumurumba Chiuta pa vyamampha vyo watiwachitiya chifukwa iyo watitanja ukongwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **1 Samuele 16:21-22.** Davidi wanguti wafika kwaku Sauli wangwamba kumutewete. Sauli wangumwanja ukongwa Davidi, ndipo wangumuŵika kuwa wakupinga vidya vyake. Viyo Sauli wangutuma kwaku Jese, wakuti, "Zomera kuti Davidi wajariye pakunditeŵete, pakuti wasaniya wezi mu maso ghangu."
- (2) **1 Samuele 18:10-11.** Kunguti kwacha ndi mlenji mzimu uheni ungumufikiya Sauli kutuliya kwaku Chiuta, ndipo wabwebwetanga mu nyumba yake, po Davidi wambanga kaligu; nge ndimo wachitiyanga mazuwa ghanyake; Sauli wenga ndi mkondo mu janja lake. Ndipo wangupong'a mkondo, pakuti waghanaghananga, "Ndimukandirizgiyenge Davidi ku chimati." Kweni Davidi wangupozomoka kaŵi.

- (3) **Luka 22:47-48.** Wenga weche kurongoro iyo, awonani, mzinda, ndi yo wata-mulika Yuda, yumoza wa chumi ndi wāwi, wawadanjiriyanga; wanguti kwaku iyo, "Yuda, kumbi upachiya Mwana wa munthu ndi mufyofyonthu?"

157. Uchiwinda ukamba wako

Konkhosko lake: Pe nthanu yo yisambizga kuti kukamba vya anyako uku vyaku nawe wenavyo, nchiheni. "Muwinga-nyama wangukumana ndi nkharamu yo nayo yawinganga. Nkharamu yingumupangizga kusunga chisisi yati yabaya mwana wa Fumu. Kweni muwinga-nyama wangwachisumuwa, uku nkharamu nayo po yingubisama yavwanga. Zua linyake nkharamu yati yakumana nayo yingumukhakhanya." Wangujibayiska chifukwa chakukamba vya munyawo.

Tandauzo lake: Munthu watenele kuphwele cho wachita mu umoyo waki. Tingakambanga vya anyidu cha penipo nase vidu tenavyo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga munthu yo wendi nkharo yakuwika anyake mu suzgu, penipo yiyu nayo ndi mheni. Ala achenjezga wanthu kuti kusuza munyako nkhuheni. Yisambizga so ahurwa ndi asungwana kusinga chisisi ndi phangano mwakuti ajengi amagomezgeka.

Mazu ghaku Chiuta ghohakhozga nthanthi yeniyi:

- (1) **Nthanthi 24:28.** Ungachitiyanga ukaboni wakusuka muzengezgani wako kwambura kafukwa, ndipo ungapusikanga cha ndi milomo yako.
- (2) **Mateyu 7:3-5.** Ndipo ulereskiyanji kachipandi kamu jiso la mbali wako, kweni munthambi wamu jiso lako kuti utiwupima cha? Pamwenga ungamunene uli mbali wako, Aka, ndituzgemo kachipandi ko mu jiso lako; penipo munthambi we mu jiso lako? Wakufuvya iwe, tuzgamo danga munthambi wo we mu jiso lako, sono ndipo uwonenge kutuzgamo mu jiso la mbali wako.

158. Uku-vyanowa uku-vyanowa, pusi wanguwa chagada

Konkhosko lake: Munthu watenele kusankha chinthu chimoza panyengo. Pa Chitonga pe nthanu, ya 'mbunu yaku Pundu',¹⁷ yo yisambizga kuti kusuka nkhuheni, pamwenga kuti mbunu yibayiska. Pundu wanguphwatuka chifukwa chakusankha kuruta nthowa ziwi. Chifukwa kunthowa zose ziwi kwatuwanga fungo lamampha, la chakurya chaki.

¹⁷ Nthanu za Chitonga, pp. 33-36.

Tandauzo lake: Munthu yo ndi mheni watachikoreka. Tinganena so kuti, *mbunu* yibayiska.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisambizga *ahurwa* ndi *asungwana* kuti pakusankha chinthu mu umoyo wawo atenele kusankha kwa zeru. Nyengu zinyake ndichenjezgo kwakuyo wakoleka pa uheni. Yicheŵeska so wo mbasusi (akusuka), ndipo *mbasyoghi* (akuphanga vya anyawo mwa chinyengo), kuti nkharo yaviyo njiheni. *Apharazgi* a Mazu ghaku Chiuta achenjezga Akhristu kuti aleki kurondo uheni ndivya charu. Kweni avwane mwaku Yesu. *Mbunu njiheni* yitaya mwakundawona.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Nthanthi 15:27.* Yo ngwa kasu chifukwa cha kwanduwa kwakupusika watole suzgu pa wanyumba yake, kweni mweniyo watinkha vinda wakaŵanga wamoyo.
- (2) *Mateyu 6:24.* "Palive yumoza waziŵa kutewete ambuya ŵaŵi: chifukwa pamwenga wamtinkhenge yumoza, ndi wamwanjenge munyake; pamwenga wajiperekenge ku yumoza, ndi wamtozenge munyake. Kutu muziŵa kutewete Chiuta ndi chuma so cha."
- (3) *1 WàKorinte 10:20-22.* Awa na, vyo ŵamitundu ŵabaya, ŵabayiya ŵademone, kuti ŵabayiya kwaku Chiuta cha. Kutu ndikhumba imwe kuŵa ŵakusangana ndi ŵademone cha. Kutu muziŵa cha kumwa chandi cha Mbuya ndi chandi cha wademone: kutu muziŵa cha kusanganapo gome la Mbuya ndi gome la ŵademone. Pamwenga tisosomole Mbuya ku sanji, kumbi? Kumbi te ŵanthazi ifwe kwakuruska iyo?

159 Ulemu ubaya

Konkhosko lake: A Tonga endi nthanu zinande zakusambizga kuti wezi nyengo zinyake ubayiska. Pe nthanu yakuti, *Kalulu* yo wangovya njoka kuyituzga muchiŵana, kweni pavuli paki njoka yingung'anamuka kukhumba ku muruma.

Tandauzo lake: Alipo ŵanthu anyake wo kuti arumba cha ulemu wo munyawo waŵachitiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga ŵanthu kuti ateskengi pakovya munthu chifukwa amukovya yo ndi munkhungu, pamwenga mubali wako yo nkharo yaki njiheni. Ŵanthu anyake arongo nge ndimabwezi ghakugomezgeka kukhumba chovyo, kweni ndiwo so kunthazi akukupweteka. *Ahurwa* ndi *asungwana* muleki kuseŵe ndi kumaliyapo vinthu vinu pa mabwezi ghenigho

ngambura kugomezgeka. Titenele kuteska munthu yo titovya, vinu kunthazi wakutiyukiya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 11:53*. "Viyo kwanda ku zuwa leniliya wangupangirana kumubaya." Yesu wangurongo ulemu, kweni kuwanthu chenga chiheni.
- (2) *Werengani Machitidu gha Wakutumika 16:1-24*. Apa napo tisambira kuti, po Paulo ndi Sila wenga kucharu chaku Afilipi angumangika chifukwa cha kuchizga musungwana yuwa wenga ndi mzimu uheni. Angusuzgika chifukwa cha ulemu wo anguchita.

160. Umoyo wa munthu ndi Chiuta

Konkhosko lake: Ichi nchigomezgo cha a Tonga kuti chiyambo cha umoyo wa munthu ndi Chiuta. A Tonga avwana kuti Chiuta ndi *Mzimu Ukuru*, wo kuti uwoneka ndi masu cha. *Chiuta ndi Mzimu*.

Tandauzo lake: Chiuta ndiyo wataska mzimu wa munthu yose. Munthu wajariya Chiuta.

Kuzirwa Kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga munthu kuti watenele kuphwele umoyo wake, chifukwa mwenecho wa umoyo ndi Chiuta. *Akutaula mazu ghaku Chiuta* achenjezga wanthu wo kuti aphwele umoyo wawo cha; kuti atenele kugomezga Chiuta yo wataska ku warwani wo alimbana ndi umoyo wawo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Sumu 116:4*. Sono ndingudana ku Ambuya, "Chondi, Ambuya, nditaskeni!"
- (2) *Mateyu 10:26-31*. Viyo mungopanga wo cha: Chifukwa palive kakuvuniki-rika ko karekenge kuvunulika; ndi kakubisika ko karekenge kuziwikwa. Cho ndikuneniyani mu mdima, kambani pakweru, ndipo cho mutuvwa mu makutu kwakutokotezga memezani pa mabagha. Ndipo mungopanga cha wakubaya liwavu, kweni mbakuura nthazi kubaya mzimu: ukongwa mopenge yo ngwanthazi kwananga mzimu nawo ndi liwavu mu gehena. Asi twaphwitu tuwi tugurika katambala kamoza? Ndipo kuti kamoza kaku to kawenge pasi cha, kwambura khumbo la Auskemwe. Kweni masisi nagho gha mutu winu ghawerengeka ghose. Mungopanga cha; imwe muruska twaphwitu tunandi?
- (3) *Luka 12:17-20*. Ndipo wajipimiyanga mwaku yija, wakuti, 'Ndichitenge chi-

ne, pakuti ndirive po nkharonganga vipasi vyangu?' ndipo wanguti, 'Chenichi ndichitenge; nkhapanyuwanga nkhekwe zangu, ndipo nkhezenganga zikuruku; ndipo mwenimo nkharonganga mbutu yangu yose ndi vyuma vyangu. Ndipo ndineniyenge mzimu wangu, Wamzimu, we navyo vyuma vinandi vyakuwikikiya ku virimika vinandi; pumuwapo; irgha, imwa, kondwa.' Kweni Chiuta wanguti kwaku iyo, 'Wakupusa we, usiku uno wawufumbiyenge mzimu wako; ndipo vyenivyo warongoso, viwenge vyaku yani?

161. Umoza ndi nthazi

Konkhosko lake: Po pe unande pe kupunda.

Tandauzo lake: Umoza ndi nthazi. Po pe chimangamanga pe nthazi ndi kovya-na.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchiska wanthu kuti waŵe pamoza, chenicho nchinthu chakuzirwa ukongwa, chifukwa kulivi yo wangamuparyanani. Chimangamanga ndi nthazi zikuru pa muzi; chifukwa po pe umoza pekugomezgana. Ndichu chifukwa *apharazgi* akamba nthanthi iyi pakuchiska, pamwenga kuchenjezga aKhristu kuchitiya pamoza milimu ya Ekeleziya (Charichi). Asani Ekeleziya lagaŵanikana, Satana wasele luŵi kupasuwa wanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Wakutaula 4:12.* Nanga yumoza wangamuruska munyake pakurnikana nayo, kweni waŵi wakamuruskanga, chingwe cha mitegha yitatu kuti chidumuka luŵi cha.
- (2) *Marko 10:7.* Chifukwa chenichi munthurumi walekenge awiske ndi anyina, ndi wakwatikanenge ndi muwoli wake.

162. Ungabizgangapo chikumbu cha, njoŵi yijengi penipo

Konkhosko lake: Munthu wapime danga wenga wandazomerezge chinthu cho chiziŵa kudana suzgu pa umoyo waki, pamwenga pa anyake.

Tandauzo lake: Munthu watenele kusosombeka, pamwenga kuseleriyapo bweka cha kwambura kuteska danga chinthu, chingana waziŵe cho chichitika.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga wanthu kuti angaseleriyangapo bweka cha po peviwawa, chifukwa suzgu ya pavuli yiziŵa kuŵa yikuru. Ndipuso nchamampha cha kusosombeka munthu yo kuti utimuziŵa umampha cha. *Akutaula mazu ghaku Chiuta* akamba nthanthi iyi pakuche-

njezga wanthu kuti nchamampha cha kusosombeka Chiuta, chifukwa aziwa kuji-daniya suzgu. Ndipo tisambira so panthanthi yeniyi kuti nchamampha cha kuzo-meriyano bweka chinthu cho kunthazi chikutoliyeninge ku urwane.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Sumu 106:29.** Ndi nchitu zawo wanguyuska ukari wa Ambuya, ndipo nthenda yakofya yingubuka mukati mwawo.
- (2) **Sumu 106:32.** Pa visima vyaku Meriba wanthu wa Ambuya wanguwakaripiska so, ndipo Mosese wenga musuzgu pa chifukwa chawo.

163. Ungawona chipeli po chapo pachanya, pasi peche moto

Konkhosko lake: Pachanya chipeli (nthamba) chakubika chiwoneka nge chilivi fukunyira (kufunda). Kweni kuti munthu waselezgepo chikumbu waziwa kufyopoka. Kawonekedu kake kapusika waka, pasi pe urwani.

Tandauzo lake: Munthu watenele kuchenje ndi wanthu, chifukwa anyaki awoneka pa maso nge mbamampha kweni mukati mu mtima mbarwani. Nyengo zinyake munthu warongo nge ndi bwezi nade, kweni ndimrwani, kukhumba kukombo umoyo wako.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska (kuchenjezga) munthu yo watenda, pamwenga kuchita vinthu, ndi munthu yo watimuziwiwiska cha nkharu, pamwenga umoyo wake. Munthu yo upima kuti wareka maluso ghaheni gho wachitanga, kweni wazamukwamba so. (Wonani so nthanthi 153)

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Nthanthi 26:24.** Mweniyo watinkha wabisa ndi milomuyake ndipo wabisirizga kupusika mu mtima wake.
- (2) **Mateyu 7:15.** "Chewani ndi wamchimi watesi, weniwo watuza kwaku imwe mu kavwaridu kamberere, kweni mukati ndi mphumphi zakufyonkhonyo."

164. Ungawona masu gha chulu ghatema kweni lo liulika ndimoza

Konkhosko lake: Ndi nyengo zose cha asani chiduli chatema kuti mbulika ziu-lika, chingana wanthu angazikhazga, pamwenga kusindiya chiduli ndilwana.

Tandauzo lake: Munthu watenele kusambira kulinda chinthu mwakuzizipizga. Chifukwa Kuzizipizga kudana chimwemwe.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wo aphula-phula pakukhumba kanthu, kwambura kujiko danga. *Ahurwa* ndi *asungwana* atenele kuwa ndi mtima wakuzizipizga. Asani phangano lo tapangana ndi anyido lifiskika luwi chankhwamampha kulindizga ndi chizizipizgo, ndipo so ndichigomezgo.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Wakutaula 3:1.* Kanthu kose kendi nyengo yake, ndi nyengo ya kafukwa ke kose pasi pa charu.
- (2) *WaRoma 12:12.* Wakukondwa mu chigomezgu; wakukunthiyapo mu suzgu; wakufwiririyapo mu kuromba.

165. Uryiyengi wima

Konkhosko lake: Munthu yo walivi chikhazi chifukwa cha chinthu cho wachita pamwenga chachitika.

Tandauzo lake: Munthu wambura chimango, pamwenga wambura kukhaziki-ka. Muntu yo wasuzgikenge.

Kuzirwa kwa nthanthi iyi: nthanthi iyi wala-wala akamba nge ndichenjezgo kumunthu yo wagomezga munyake yo waziwa kumusiliya suzgu yikuru. Nyengo zinyake yikambika pakuchenjezga munthu yo wanyoza yo watimovya; chifukwa asani yo watimovya wafwa, iyo wasuzgikenge, paku ulavi chikhazi cheneko.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Chiyambo 4:12-14.* Uchilima nyata, kuti yikawerezgango so cha kukupaska nthazi yake: ukawanga wakuthawathawa ndi wakuyingayinga pa charu chapasi. Kaini wanguti ku Ambuya, "Kulangika nkhukuru kwakuruska mo ndingakunthiyapo. Awonani, mwandidikiska msana wale ku nyata; ndipo ndikabisikanga chisku; ndipo ndikawanga wakuthawathawa ndi wakuyingayinga pa charu chapasi, ndipo we yose wakundisaniya wakandibayanga."
- (2) *Nthanthi 7:1.* Wa mwana wangu, sunganga mazu ghangu, ndi uwike mbiku marangu ghangu mwako.
- (3) *Mateyu 27:3-5.* Sono Yuda, yo wangumpachiya wachiwona kuti wasuskika, wangujipezga, ndi wanguwezge wazukuru-wara ndi wara vyasiliva vyo machumi ghatatu wakuti, "Ndalakwa, ndawakupachiya ndopa zizirakalema." Kweni iwo watinge, "Nchine, kwaku ifwe? Kweniko wamweni." Ndipo wati wapong'a pasi vyasiliva vyo mu kasopi, wanguruta; ndipo wakutuwakoku wangujigwinjiriya.

166. Uyu ndi chimbwi

Konkhosko lake: Chimbwi pa Chitonga ndi munthu mweniyo wateska luwi nyifwa yepafupi kuza pa munthu yo ngwakutama, nge po *Pundu* wanuskiya luwi ko kwe chinthu cha chivuzi. Wanthu anande atiti pundu walota ko kwe nyama yaku-fwa. Munthu waviyo nyengo zinyake atimudana kuti ndi *muzukuru* ndi mweniyo so watovyana ndi *azukuru* anyake kusuka, ndikwachiwika nyifwa/chiwanda/chizizizi.

Tandauzo lake: Munthu wavinjeru yo waziwa kawonekedu ka munthu yo we pafupi kufwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi *thokozo* kuwanthu wo ndi nkhwantha zakuteska mo munthu watufwiya mwakuti amovye luwi pakunyuzuka ndi pakuzilirika kwake asani mzimu umara. Munthu waviyo wendi chiganga, chifu-kwa nyifwa yitenthemeska. Titenele kovya anyidu wo asuwiliya uheni enga andafwe kuti aziwe Chiuta.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) *Werengani Luka 23:50-53.* Tisambira kuti Yosefe waku Arimataya ndiyo wenga muzukuru kuwika thupi laku Yesu mu muunda wati wawona kuti Yesu wafwadi: Ndipo onani, munthu ndi zina Yosefe, waupu, munthu wamampha ndi murunji (wengavi iyo kuzomerezgana ndi fundu ndi nchitu zawo), waku Arimataya, muzi wa waYuda, mweniyo walerezenga ufumu waku Chiuta; mweniyo wangwachifika kwaku Pilato, ndipo wangupempha thupi laku Yesu. Ndipo wanguti walipauwa, wangulifunga mu bafuta, ndipo wangumuwika mu muunda wakuchongeka mu mwa. Mwenimo mwengavi kuwikikamo yumoza kali.
- (2) *Yohane 19:39-40.* Ndipo Nikodemu nayo, yo wanguza kwaku Yesu ndi usiku pa mtendeku, wanguza pamoza ndi Yosefe, wakupinga chikasi cha muro cha uzitu akhumba wa myesu machumi pe chumi, ndi vyankhanya. Viyo wanguto thupi laku Yesu, wangulifunga mu saru zabafuta pamoza ndi vyachema vyo mo liriri lusu la waYuda lakuwika.

167. Vimiti vyo vye pamoza vileka cha kuchita ng'wema

Konkhosko lake: Asani titenda mu matundu tituvwa kuliya kwa vimiti vinyake vyo vikufyekana pamoza. Asani mphepo yiputa vikwenthana. Tidana kuti ng'wema.

Tandauzo lake: Kanandi wanthu wo aja pamoza mpaka akwiysikanepo, kweni asani agowokiyana vimara.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichiska wanthu wo apindikana chifukwa cha vyakuwēleweta kuti atenele kugowokiyana, ndikuja so pamoza. Kanandi nthanthi iyi yikambika muzimphara ndi akweruzga milandu, kuwachenjezga wanthu. *Apharazgi* achiska Akhristu kugowokiyana asani ayambana pakanthu ko kachitika.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Luka 10:38-41.** Tisambira kuti Marita ndi Mariya angukwiysikana. Marita wangughana-ghana kuti Mariya wanguphwele cha kumovya kubika po Ambuya Yesu anguza kwazichezga nawo kubwezi lake Lazaro. Yesu wanguwayeruzga kuti wose angumuchitiya umampha.
- (2) **Luka 10:40-41.** Ndipo Marita watangwanikanga ndi uteweti unandi; ndipo wakufika wanguti, "Ambuya, asi mphwele kuti mhurwa wangu wandisiya kuteweta ndija? Muneniyeni kuti wawovyani nane?" Kweni wakwamuka Mbuya wanguti kwaku iyo, "Marita, Marita, ukweweke ndi usuzgikiya pa chifwa cha vinthu vinandi."
- (3) **WaKolose 3:13.** Muwe wakukunthiriyana ndi wakurekiyana, yumoza ndi munyake; asani munthu wangaŵa ndi kafukwa pa munyake uli ndimo Ambuya agowoke imwe, namwe so muchite viyo.

168. Vitotoka vigona mu chikutu chimoza cha

Konkhosko lake: wanthu wamuzi umoza angapamba cha kuyambanapo, pamwenga kupindikana. (Wonani so nthanthi 93)

Tandauzo lake: Muzi umoza kuti ulamulika ndi mafumu ghaŵi cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yisuska wo awayuwa, pamwenga kulimbana ndi urongozgi wa anyawo, mu muzi umoza. Kungaŵa cha, kuti mose muwe amazaza. Chingana ndi munyumba asani mwe viwawa muoli wathele ku mulumi waki, pamwenga munthurumi wathele ku muoli waki. wakhristu wasambizgika kuthera panthazi paku Yesu Khristu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Mateyu 12:25.** Kweni Yesu, pakuziŵa marunguruku ghawo, wanguti kwaku wo, "Ufumu wose wakugaŵikana paku wija upopeskeka; ndipo muzi wose pamwenga nyumba yakugaŵikana paku yija, kuti yingama cha."

(2) **Luka 11:21-22.** Penipo wanthazi yo wakuphatikiya limu walinda nyumba yake ya ufumu, viwetu vyake vye mu chimangu. Kweni asani wanthazi kwa-ku iyo waziya pake ndi kumgoda, waphanga vidya vyake mwaku vyo wago-mezga ndipo miskowu yake wagaŵa.

(3) **ŴaEfeso 5:21.** Ndi pakujithereskiyana mu wofi waku Khristu.

169. Vuchi ndi malipilo

Konkhosko lake: Munthu yo wagwira nchitu ndiphamphu watijovya kusaniya vyo wakhumba pa umoyo wake ndi nyumba yake.

Tandauzo lake: Munthu watenele kuphanaphana, kuti wasaniye nthowa yaku-jovye. Asani wepanchitu watenele kuyikole nthazi, ndikugomezgeka.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga munthu mlesi, kuti kulivi kanthu ko katuza kija kambura kukagwiriya nchitu. Munthu yo wati-jiteŵete ndi kulimbikiya, wasoŵeka cha kanthu panyumba. *Ahurwa* ndi *asu-ngwana* atenele kulimbikiya *Sukulu*, pamwenga mlimu wo apaskika, kuti aleki kukhumbira anyawo kunthazi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

(1) **Chiyambo 3:19.** Ukarghanga chiŵande, mu dukutira la chisku chako mpaka penipo uweriyenge ku nyata. Pakuti ungutoleka mwenimo; ndiwe fuvu, ndipo ukaweriyanga ku fuvu.

(2) **2 ŴaTesalonika 3:10.** Chifukwa penipo napo tenga kwinu, talanguliyanga imwe chenichi, kuti, asani yumoza wareka kukhumba kutata mlimu, ipu wareke kurgħa.

170. Vya mzinga

Konkhosko lake: Munthu yo ghamuko *maskaŵi* wachima ukongwa, ndipu wawoneka nge kuti nthazi yinyake yamuzingirizga wachizilirika.

Tandauzo lake: Munthu yo ngwa *maskaŵe*, pamwenga munthu wa mizimu yiheni.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani ŵanthu achitiya chitima yo *maskaŵe* ghamuko. Pakuwona mo watijipong'e pasi ndikuzilirika. *Apharazgi* kanandi ayeruzgiya ndi ŵanthu wo azanga kwaku Yesu ndi mizimu yiheni. *Yesu yija* ndiyo *wataskanga mwaka a mizimu yawiyu*. Asani tivwana ndi Chiuta watovyenge kutichizga nthenda zidu zose.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **1 Samuele 18:10.** Kunguti kwacha ndi mlenji mzimu uheni ungumufikiya Sauli kutuliya kwaku Chiuta, ndipo wabwebwetanga mu nyumba yake, po Davidi wambanga kaligu; nge ndimo wachitiyanga mazuwa ghanyake; Sauli wenga ndi mkondo mu janja lake.
- (3) **Marko 5:6-8.** Kweni wachiwona Yesu kutari, wanguchimbiya ndi kumlambiya; wakukambura ndi mazu ghakuru, wanguti, "Ndatinji namwe, Yesu, mwaMwana waku Chiuta Wamdengwendi? Ndikurapiskiyani ndi Chiuta, mungandisuzganga cha." Chifukwa wangunena nayo, "Tuwamo mu munthu yo, mzimu we, wawiyu."
- (3) **Luka 11:24-26.** Panipo mzimu wawiyu utuwa mu munthu uporotamu mu malo ghachiparamba, wakupenja chipumulu; ndipo wambura kuchibowozga, utiti, "Ndiwerenge ku nyumba yangu mwenimo ndingutuwa ..."

171. Vyo tikamba vya mng'ombe

Konkhosko lake: Ng'ombe kanandi yituvwa cha, viwiviwi asani yitambuka mseu yiwelere cha, chingana galimoto yituzi, ndikumba lipenga.

Tandauzo lake: Aliko wanthu anyaki wo atuvwa cha nge kuti akugota makutu, kweni aziwanizgiya dala uchiwakambiya kanthu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga ahurwa ndi asungwana kuja akuvwiya vyo wala akamba mu mizi, nge nkhusintha nkharo yiheni yo yilengeska apapi. *Apharazgi* atitisambizga kuti yo waleka kuvwiya Mazu ghaku Chiuta umoyo waki unangika mukwananga. Tiyeni tivwiye Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yesaya 6:9-10.** Ndipo iwo anguti, "Ruta, ukakambe ku wanthu yaŵa: 'Kuvwa mutuvwa, kweni kuti muwamo cha; kulereska mulereska, kweni kuti muziwa cha.' Utuluvye mitima ya wanthu yaŵa, makutu ghawo ghaŵe ghazituzitu, ndi ujare maso ghawo; vinu wangawona ndi maso ghawo, wangavwa ndi makutu ghawo, ndi wangawamo ndi mitima yawo, wangang'anamuka ndi wangachizgika."
- (2) **Werengani Luka 8:11-14.** Ntharika iyi yititisambizga kuti wo aleka kuvwiya Mazu ghaku Chiuta wenge mbeu, zo zinguwa panthowa, tuyuni tungutondo; zo zinguwa pa jalawe zingumira; ndipo zo zinguwa pa minga, zinguhomeka-homeka. Ichi nchisambizgu kuti munthu yo waleka kuvwiya wala-ngika, ndipu umoyo waki utuwa ufupi.

172. Wabaya chiwanda

Konkhosko lake: A Tonga anyaki avwana kuti vinyama vinyake visanduka mizimu ya wanthu, ngendi: njoka, nyalubwe, nkhamu, kasusa, pundu ndi vinyake vya viyo. Kubaya vinthu vyaviyo wala-wala atiti wabaya mzimu wamunthu mweniyo wazgoka chilengiwa cha viyo.

Tandauzo lake: Kudumuwa umoyo wa munthu pakubaya mzimu wo wasinthiyamo, pamwenga wo wasandukiyamo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yicheweska wanthu kuti alekengi kubaya vinyama vinyake vyo apima kuti visunga chikozgo cha mzimu wa munthu. Kanande wala-wala akamba nthanthi iyi pa maliro kuchenjezga wana kuti angabayanga chilengiwa cho chawoneka pa maliro cha, chifukwa panyake ndi mizimu wakuyo wafwa; vinu nawo so angathemwa.

Mazu ngaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marko 5:11-12.** Kweni mskambu ukuru wa nguruwi warghanga pa mtunthu po; ndipo yingumuweyere, kuti, "Titumizgeni mu nguruwi zo, kuti tisere mwaku zo."

173. Wabila pa chandi mutu uwoneka

Konkhosko lake: Nkhombo timwiyamo maji ghakukwana nyota yo tenayo. Chinthu cho chabiramu kanandi chiyanjama chiwoneka. Nkhunonono kuti munthu wabile mchandi (nkhombo) ndikuleka kuwoneka.

Tandauzo lake: Kujibisa masuzgu gho tenagho nchihehi chifukwa zua linyake suzgu yo yazamuwoneka pakweru.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga wanthu kuti aleki kubisa masuzgu gho enagho chifukwa pavuli ghaziwikenge. Nyengo zinande nthanthi iyi yisambizga asungwana wo abisa zinthumbu, pakujifyeka pamoyo ndi kache-ka, kuti aleki kuwoneka. Aluwa kuti nthumbu yiwonekengi mbwenu kuwanthu. *Apharazgi* asambizga wanthu kuti asani urwirwi we paliwavu lamunthu uvumbuwa nkharu yamunthu. Kweni so ndi chenjezgo ku *ahurwa* ndi *asungwana* kuti masuzgu nchimoza cha umoyo wamunthu. Uheni ungabisika cha, utachi-oneka po wafinyizgika. Kulivi kanthu kakubisika pa maso ghaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 12:2-3.** Kweni palive kanthu kakubenekereka ko karekenge kuvunulika: ndi kakubisika keniko karekenge kuziŵikwa. Chifukwa chenicho vyose vyo mwarongorore mu mdima, mu ukweru vivwikenge; ndipo chenicho mungurongorole mu gutu mu vipinda vitaulikiyenge pa mabagha pachanya.
- (2) **WaRoma 5:3-4.** Weniukongwa titumbwiya so mu masuzgu ghidu: pakuziŵa kuti suzgu yitata unkhunthiya; ndi unkhunthiya, nkharu; ndi nkharu; chigomekezgu.

174. Wafwiya limu

Konkhosko lake: Mazu agha gharongo chigomezgo cha A Tonga kuti muzimu wamunthu ngwakuzirwa. Asani mzimu watuwamo mu munthu ndikuti kututa nako waleka. Kwene asani watuta, ngwamoyo. Ndipuso, mzimu wa munthu wakufwa ko utiya ngwamoyo.

Tandauzo lake: Munthu yo waleka kututa, ngwakufwa.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu wafwa. Mzukururu yo waziŵa nyifwa watachikamba kuti, *Ngana, wafwiya limu*, ndikuti waleka kututa. Nyengo zinyake yikambika pakunena munthu yo wafwasa ndi vya mucharu, mweniyo zero zake zimaliya mwenimo kwambura kujirongosole vya umoyo wake wakunthazi. *Apharazgi* akamba nthanthi iyi kucheweska ŵanthu kuti kuja mukwananga munthu wachita nge ngwakufwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 31:12.** Ndaruwika mu mtima nge ngwakufwa, ndazgoka nge nchiyaŵi chakusweka.
- (2) **Marko 15:44.** Pilato wanguzizwa asani wafwadi: ndipo wati wadana Kenturione, wangumfumba kuti vinu wafwa kale.
- (3) **1 Timote 5:6.** Kweni cho chitechitechi chafwa cheche chamoyo.

175. Wajinangiye weneke

Konkhosko lake: Pa Chitonga pe nthanu yakuti, *wajinangiye weneke*. Kaŵaŵa wangwesa kovya *asungwana* kulunga mche munthamba zau. Ati aziŵa kuti ndi Kaŵaŵa, angunene apapi ŵawo. Pavuli pake, apapi angudanana kuti akabaye

Kaŵaŵa, yo wachitiyanga wezi ŵana ŵawo. *Kaŵaŵa* pakuthaŵa wanguti, *ŵaji-nangiye ŵeneko*.¹⁸ Nchamampha kuteska danga vinthu tenga tindachite kekose.

Tandauzo lake: Munthu wenga wandachite kanthu watenele kuteska danga, kuti vinu nchakwenele kuchita viyo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yicheŵeska munthu yo ndi chikana - marango. *Apharazgi* akamba kuti tireki kuchita uheni, kweni ta ŵanthu tituvwa cha. Mwa viyo titijinangiya taŵeni. A Yuda angujinangiya ŵeneko pakubaya Yesu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Marko 12:10*. Asi mwaŵerenga na lembo ili: "Mwa wo ŵakuzenga ŵangu-wupata, weniwo waŵa mutu wa nyundu."
- (2) *Yohane 19:37*. Ndipo so lembo linyake lititi, "ŵazamlereska paku mweniyo ŵangugwaza."

176. Wakozga kwa awiske

Konkhosko lake: Mwana yo wachita vinthu ngemo achitiya apapi ŵake, nanga mphakajalidu viyo, atiti wakozga kwa awiski.

Tandauzo lake: ŵanthu anande akozga nkharo ndi machitiro gha apapi ŵawo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ku munthu yo pakuchita vinthu wakozga mo achitiya apapi ŵaki. Ndikuti maluso ghanandi gho warongo ghakozga maluso gha apapi ŵaki. *Apharazgi* akamba nthanthi yeniyi pakuchiska ŵanthu kuti atenele kukozga nkharo yaku Chiuta, chifukwa tose tikurengeka mu chikozgo chaki. Akhristu atenele kukozgana ndi nkharu yaku Yesu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Yohane 14:9*. Yesu wamnene, "Nyengo yitali yaviyo ndaŵa pamoza namwe, ndipo kumbi ulive kundiziŵa, Filipu? Yo wawona ine, wawona Ada. Uka- mba uli iwe, Tirongoni Dada?"
- (2) *Yohane 17:11*. Ndipo sono kuti nde mu charu cha, kweni iwo ŵemu charu, ine ndituza kwaku imwe, Ada ŵakupaturika, ŵasungiyeni mu zina linu wo imwe mwandipaska, alinga kuti ŵawe ŵamoza, nge ndifwe.
- (3) *ŴaFilipi 2:6*. Mweniyo pakuŵa mu muŵiru waku Chiuta, wengavi kulipima yanu lake ndi Chiuta kanthu kakuphangika.

¹⁸ F.K. Chirwa, *Nthamu za Chitonga*, pp. 111-113.

- (4) **WaKolose 1:15.** Ndiyo chikozgu chaku Chiuta wambura kuwoneka, wakupapika wakudanga wa ulengi wose.

177. Wakuya ku muzi ukuru

Konkhosko lake: Nyifwa pa Chitonga atiti mbulendo wa kuruta ku muzi ukuru, kweniko arondeleka ndi mizimu yakuwo akufwa kali, ndipo mizimu yawo njamoyo.

Tandauzo lake: Yo wafwa waruta kumuzi wake ko kwe abali wake anande wo akufwa kali.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu wafwa, wala-wala pakupembuzga wana atiti yo wafwa waruta kumuzi wake wenecho, kweniko wamkuwa pamoza ndiwo akufwa kali. Ndi mazu ghakukhwimiska ndi ghakupaska chigomezgo kuti ko kwaya mbali widu kwe likondwa la myaya swi. *Apharazgi* akamba nthanthi iyi pakukhwimiska wanthu pa nyifwa.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **2 Samuele 12:23.** "Kweni sono wafwa; ndifungiyengeni kurgaha? Kumbi ndikamuwerezgiyangapo so? Ine ndirutenge kwaku iyo, kweni iyo kuti wawerenge so kunu kwangu cha."
- (2) **Yohane 14:2-3.** Mu nyumba ya Ada mwe malo ghanandi ghakujamo; asani kunguwavi mphanyi ndingukunenyani; pakuti ndiruta kwachirongosole imwe malo. Ndipo asani ndaruta ndi kukurongosoliyani malo, ndituza so, ndipo ndazamkukutoriyani kwaku ndamweni; alinga kuti ko nde ine, namwe so muwe kweniko.
- (3) **WaHebere 11:10.** Chifukwa walerezziyanga msumba wo wakuwa ndi viwanja, waku weniwo mzengi ndichata, ndi Chiuta.
- (4) **Chivumbuzi 21:2.** Ndipo ndinguwona msumba wakupaturika wo, Yerusalemu mufya, wakusikako kuchanya kutuliya kwaku Chiuta, wakurongosoleka nge ndi mwali wanthenga wakuvwanikikiya mrumi wake.

178. Waliya vuwa, waliya ulambwi

Konkhosko lake: Viripu vinthu mu umoyo vyo tawanthu tikhumba, kuti vito-vye, kweni navyo vyendi uheni, pamwenga urwani wake, asani tichewa cha. Vuwa njamampha titiyiliya limu, kweni asani maji ghatora mu musinje ghananga vinthu, pamwenga ma umoyo gha wanthu. Urambwe utondeska ma ulendo gha pasi, panjinga ndi pa magalimoto, kuti munthu wakafike luwi ko watiya.

Tandauzo lake: Asani ukhumba chinthu chamampha utenele so kunozgeka nthowa yo uchitenge, asani chakudaniya suzgu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani wanthu atamba kunda-ndaula ndivuwa asani yarutiriya kuny'a, pamwenga kuchinyinthizga, ndiso kumala ma umoyo gha wanthu. Viwi-viwi munyengo za vuwa ya zande ndi zachigumula.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani 1 Samuele 8:4-17.** Apa tisambira mo waYisraeli angusuzgiya Chiuta pakufumba kuti wa wapaske Karonga (Fumu) yakuwawusa. Kweni mchimi Samuele wanguwachenjezga kuti Karonga yo apenja wazamusa-mbuska wana wawo kuwa *akapolo*, kweni wanthu kuti anguvwiya cha. Fumu yingupaskika, kweni kunthazi ma fumu ghanyake ghangwamba kusuzga wanthu.
- (2) **Mateyu 20:20-28.** Apa tisambira kuti po muoli waku Zebediya wafumbanga Yesu kuti wana wake wawi ndi mipando yapachanya, Yesu wanguti: "kuti muziwa cha cho mupempha. Kumbi muziwa kumwa nkhombo yo ine nditere kumwa?" wamunene, "Tiziwa."

179. Wamuchontha muguto

Konkhosko lake: Kukamba mazu ghakuti munthu wavwisiske.

Tandauzo lake: Kukhorweska munthu ndi fundu yenecho mwakuti waleki kulutiriya ndi vyakukamba.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika ndi akweruzga milando muzimphara, asani walipo yo wakamba fundu ya zeru kutondeska munyaki kupilinguwaku, pamwenga akweruzga mlandu, kuti adumuwe. *Apharazgi* pakutaula atenele *kuchontha muguto* ndi mazu ghaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marko 11:30.** "Kumbi ubatizo waku Yohane wenga wakutuwa kuchanya pamwenga ku wanthu? Ndamukeni". Apa tiona kuti Yesu wanguwachontha mumakutu pa fumbu lawo.

180. Wanthu mbanthu wakuwaziwa ndi Mnkhwere

Konkhosko lake: Munkhwere ndi nyama yakuchenje ukongwa, chifukwa paku-

za kwaziba vigawu pamwenga vingoma mu minda yidanga cha syola danga, vinu wanthu akhazga mu munda. Asani kulivi urwani ndipo wadana anyake kwazirya (kuteketa vyakurya).

Tandauzo lake: Tingapimanga kuti palivi azeru wo aziwa vyo tichita muchibisibisi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchenjezga munthu yo ndi muryarya ndi waboza. Iyo wachita vinthu mwakubisama penipo anyake aziwa vyose vyo iyo wachita. *Akutaula* acheweska wanthu kuti uheni wose wo uchitika ku ubendi Chiuta wawona.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Sumu 139:7-12.** Mazu ghaku Chiuta apa ghatitisambizga kuti, Chiuta ndi *Mziwa-vyose* Chifukwa kwaku iyo kulivi mdima. Jisu lake ndakuthwa ukongwa. Waziwa vyo tichita ku ubedi.
- (2) **Mateyu 10:26.** "Viyo mungopanga wo cha: chifukwa palive kakuvunikirika ko karekenge kuvunulika; ndi kakubisika ko karekenge kuziwikwa".
- (3) **Chivumbuzi 20:12.** Ndinguwawona wakufwa, wara ndi wamana, wamanga paurongo pa chitengu-chaufumu cho; ndipo mabuku ghangujurika: ndipo lingujurika buku linyake so, lenilo ndi buku la umoyo. Ndipo wakufwa wangweruzgikiya paku vyenivyo vingulembeka mu mabuku gho, kwakulingana ndi nchitu zawo.

181. Watipitiya

Konkhosko lake: Chipozwa, pamwenga chimiti, asani che panyata yamampha chitipitiya mani ghake. Munthu nayo viyo, asani waja umoyo wachimango; wakufwasa ndikurya umampha; pakumuona liwavu lake ndakusefuka. Ndi mazu ghaku-kuluwika.

Tandauzo lake: Munthu yo liwavu lake pakumuona ndakusefuka, ndipu wawoneka ndi nthazi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndi rumbu, pamwenga thokozu kumunthu yo wakuwa umampha ndikujiphwele. *Ahurwa* ndi *asungwana* nyengo zinu zasonu kwe nthenda ziheni, munthu watenele kujiphwele, mwakuti pakukuwa utipitiyengi mukawonekedu. Umoyo nawo, utuwa utali, chifukwa utiwupaska nyata yamampha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Yesaya 11:1.** Pakatuwanga chitivwa pa chipandu chaku Jese, ndipo mphanda yikakuwanga kutuwa ku misisi yake.
- (2) **Luka 2:52.** Ndipo Yesu wakuwanga mu zero ndi mu msinkhu, ndi mu wezi kwaku Chiuta ndi wanthu.

182. Wato pa lumwi le nye!

Konkhosko lake: Kwakuyanana ndi mdauku/mluliku wanthengwa ya Chitonga munthu watenele kuchenje paku sankha munthukazi pamwenga munthurumi yo wangatorana nayo: mlesi cha pamwenga wambiri yiheni cha; ndipo so apapi waki nawo wawe ambiri yamampha. Pa Chitonga kusankha munthukazi pamwenga munthurumi uchita nge usankha auso ndi anyoko, chifukwa nthengwa nkhusungana. Ndichu chifukwa mwaka apapi asankhanga anthukazi, pamwenga asiwane wawo kupaska wana wawo.

Tandauzo lake: Munthu yo wato mlesi, pamwenga yo wawirwa ku mlesi, mkavu, mnkhungu, mfwati, ndi wankharu ziheni za viyo, waviyo atiti wato palumwi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga munthu yo watorana ndi mlesi, pamwenga wankharo yose yiheni. Yicheweska so ahurwa ndi asungwana kusankha mwazeru, vinthu vyo vyakuwawovya ku umoyo wawo wakunthazi. *Apharazgi* achiska wanthu kusankha Yesu ndikuleka Satana yo wataya mubuwo wanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Nthanthi 19:14.** Yititi, "Nyumba ndi uromba nchihara chakutuwa kwauskeu, kweni muwoli mukongorekwa waturiya ku Ambuya".
- (2) **Nthanthi 30:23.** Yititi, "Munthukazi wambura wakumwanja asani wasaniya munthurumi, ndi mteŵeti munthukazi asani wahara mbuyake munthukazi".

183. Wavimyantha

Konkhosko lake: Munthu yo walonde chilango (suzgu), chifukwa cha uheni wo wachita. Ndi mazu ghaku-kuluwika.

Tandauzo lake: Kulonde chilangu pa uheni wo munthu wachita, mwaviyo cheruzgu chitimuwiya.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yipong'eka pa mphara ya mlandu, nge

nkukhuwizga munthu yo cheruzgu chamuwiya, kuti walangike pa uheni wo wachita. Nyengo zinyake, asani weruzgi ayeruzgiya kwanja - panyaki munthu yo kuti wangunanga cha, arwani wake pakukhuwizga akamba mazu ghenagha, mwakunyoza.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 23:40-42.** Kweni munyake yo wangwamuka, wangumchenya, watinge, "Asi utopa chingana ndi Chiuta? Pakuti we mu chisusa chenicho pe. Ndipo ifwe nadi nchakutenere pakuti tironde vyakwenere vyenivyo tachita: kweni uyu walive kuchita kanthu kakusovya."
- (2) **WaGalatia 6:7.** Mungarandizgika cha; kuti Chiuta wanyumbika cha; chifukwa chenicho munthu wangamija, chenicho nacho wakavunanga.

184. Wavituta

Konkhosko lake: Wavituta ndi munthu mweniyo yamko mizimu, pamwenga munthu wa maskawe. Munthu waviyo wachima ndikubwebweta vinthu vinande.

Tandauzo lake: Munthu yo wabwebweta pamwnega kuchima vinthu ndikwesa kuti ndi nthazi ya mizimu yo yasele mwaki.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani munthu watamba kuchima, ndikubwebweta. Anandi mu anthukazi achima asani pe maliro, ndikubwebweta vinande. *Apharazgi* akamba nthanthi iyi achisambizga wanthu ndi mo Yesu wachizgiyanga wanthu amizimu yiheni.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Marko 9:20.** Ndipo wangumtole kwaku iyo: ndipo wachimuwona, demone yo sosonukweni wangumparuwa ukongwa; wanguwa pasi, wakukunkhuruka ndi wakumokoka phovu.
- (2) **Luka 4:33-35.** Ndipo mu sinagoge mwenga munthu wakuwa ndi mzimu wa demone wawiyu; ndipo wangukambura ndi liu likuru, "Owe! te ndi chine ndi iwe, Yesu waku Nazarete? Kumbi waziya kwachinanga ifwe? Ndikuziwa mo uliri, Wakupaturika we waku Chiuta." Ndipo Yesu wangumchenya, wakuti, "Sunama, ndi tuwamo mwake." Ndipo demone yo, wanguti wampong'a pasi, wangutuwamo mwake kwambura kumpweteka kose.
- (2) **Machitidu gha Wakutumika 19:14-15.** Ndipo kwenga wana wanthurumi wankhonde ndi wawi waku Skeva, muYuda, muzukuru mura, wo wachitanga ichi. Ndipo mzimu uheni wo ungwamuka, ndi ungunena nayo, "Yesu ndimzomera, ndipo Paulo ndimziwa; kweni imwe mwe wayani?"

185. Wāwī mbanthu, kekija nkhanganyama

Konkhosko lake: Nchamampha cha wamunthu kwenda wija ndi usiku pamwenga mu malo gho mwe urwane, chifukwa uziwa cha po chirwane chingakuziya.

Tandauzo lake: Munthu yo watenda ndi mnyake kanande watuwa pa ulwani cha, chifukwa aziwa kutaskana asani chirwane chituza.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndichenjezgo kumunthu yo watanja kwenda yija ndi usiku, pamwenga kwenda mu malo gha urwani. Nyengo zinyake yichiska munthu kuwa ndi muoli pamwenga mulumi wake kuti awovyanenge panyumba. *Apharazgi* achiska a Khristu kuti atenele kwenda ndi Yesu nyengo zose, yo waziwa kuwataska mu urwani wose.

Mazu Ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Wakutaula 4:12.** Nanga yumoza wangamuruska munyake pakumikana nayo, kweni wāwī wakamuruskanga, chingwe cha mitegha yitatu kuti chidumuka ruwi cha.
- (2) **Yesaya 43:1-2.** Kweni sono atiti viyo Ambuya, yo wangukulenga iwe, Yakobe we, yo wangukuumba, Yisraele we; "Ungopanga cha, pakuti nda kuwombo; ndakudana iwe ndi zina, we wangu. Uchiporota mu maji ndikaŵanga nawe; pakuporota, mu misinji, kuti yikakubizganinga cha, muchenda mukati mu moto kuti mukafyanga cha, ndipo mulipu kuti ukakurghaninga cha.

186. Wazamukumana ndi aweya wa mujimo, mumphunu ulimu kale

Konkhosko lake: Alipo wanthu anyake wo mbakali ukongwa, wo tindaŵawonepu mukawidu kidu.

Tandauzo lake: Nchamampha cha kuleka kuvwiya ala, pamwenga apapi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yichenjezga ahurwa ndi asungwana wo mbachikana-marango, kuti nchamampha cha kunyoza anyawo, chifukwa zua lamuwapo lo amukumana ndi anyaki wo amkuŵalanga. Ndi chenjezgo so kwa kuwo iwo apima kuti anyawo atiŵaziwa cha nkharo yawo yiheni. Nyengo zinyaki nthanthi iyi yikambika kucheweska wo umoyo wawo atiŵuphwele cha. *Apharazgi* asambizga kuti sani tirutirizga kuchita uheni Chiuta ndi mkari watilangenge.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) Wana waku Eli pakuleka kuvwiya Chiuta ndi chenjezo la auskewo, angwachimaliya ku nkondo: -

Werengani 1 Samuele 2:24-25. "Awa, mwa wana wangu; kuti njamampha cha mbiri yo ndituvwa yo wanthu wa Ambuya wawandiska kose. Asani munthu walakwiya munyake, Chiuta wakamuwiyanga mwenda-pakati; kweni asani munthu walakwiya Ambuya, ndiyani yo wakamuweyeriyanga iyo?" Kweni ndipo uli kuti wanguvwiya mazu gha auskeu cha; pakuti linguwa khumbu la Ambuya kuwabaya.

- (2) **WaKaronga 2:23-24.** Kutuwa kuwa wangukwere ku Betele; ndipo penipo wenga weche kwenda mu nthowa, wahurwa wanyake wangutuwa mu musumba ndipo wangumunyoza, wanguti, "Rutanga kweranga wachaphala! Rutanga kweranga, wa chaphala!" Wangung'anamuka, ndipo wanguti wawaona, wanguwatamba mu zina la Ambuya. Ndipo kungusotopoka wabera wawi wanthukazi ku dondo wanguparuwa machumi gha wi gha wahurwa wo.

187. Wendi jisu la nkhwazi/lakutwa

Konkhosko lake: Nkhwazi yiziwa kulereska kanthu ko yikhumba kurya yeche pamtunda utali. Ichi nchiyerezgero waka kumunthu yo masu ghake ghawona luwi tunthu.

Tandauzo lake: Munthu yo wawona luwi kanthu weche patali ngepo yiwone luwi kanthu nkhwazi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuthokoza munthu yo wabowozga kanthu ko kangusowa; pamwenga yo waziwiya mnyake weche patali pa umba wawanthu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Luka 15:8.** Pamwenga njani munthukazi wakuwa ndi ndrama chumi, yo asani watataya ndrama yimoza, wareka kukozga limbuni, ndi kupeya nyumba yo, ndi kupenja wenguwengu, mpaka wangayibowozga?
- (2) **Luka 15:20.** Ndipo wangusoka, wanguza ku wiske. Kweni weche kutari iyo, wiske wangumwona, ndi wanguzazika ndi chitima, ndipo wanguchimbiya wanguwa pa khosi lake, ndi wangumufyofyontha.

188. Wendi kamlomo kakuthwa

Konkhosko lake: Munthu yo ngwakuchenje kwazeru, ndipu cheruzgu chake pa mphara za makane nchazeru. Kowakamba kavwika.

Tandauzo lake: Munthu yo ndi mweruzgi mula pa mphara ya mlandu.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndi thokhozo kumunthu yo waziwa kujitaska epa we pa mlandu, chifukwa cha ukabone wake wazeru. Nyengo zinyake ndi thokozo kwakuyo wateruzga kwazeru mlandu unonono. *Apharazgi* anyaki endi kamlomo kakuthwa pakupharazga ukongwa mazu ghaku Chiuta, nge mo Paulos wapharazgiyanga mo wendanga.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Machitidu gha Wakutumika 5:33-39.** Apa tisambira ndi msambi-zgi wa chilangulu, zina lake Gamaliele mweniyo wanguti wateska uneneska wa wapostole wanguchenjezga khamu la waYuda wo akhumbanga kubaya Apostole wanguti, "Ndipo sono ndikunenyani, mutuweko kwaku wo wanthu, ndi warekeni: pakuti asani fundu yeniyi pamwenga nchitu yeniyi njakutuwa ku wanthu, yibwangandukenge, kweni asani nja kwaku Chiuta, kuti muwenge wanthazi kuwabwanganduwa cha; vinu napu kokuli mungasanirika wakurwana ndi Chiuta."

189. Wendi mzimu uheni

Konkhosko lake: Munthu yo wendi mzimu uheni. Nyengo zinyake utimupong'a pasi kumusuzga, pamwenga kumurongozga kwachichita chiheni.

Tandauzo lake: Muzimu wo utuma munthu kubaya anyake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska munthu kuti wangafwasanga cha ndi munthu yo atimughanaghaniya kuti ndi mheni ndipu wabaya wanthu. Nyengo zinyake ying'anamuwa munthu yo ngwakufuntha, ndipu mzimu uheni utimutuma kunanga vinthu. Kweni so yikambika kuchenjezga munthu yo ngwakujikuzga. Kanandi *apharazgi* akamba munthu wankharo yiheni mu mupingo pamwenga mu muzi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **1 Samuele 16:14.** Viyo mzimu wa Ambuya ungutuwamo mwaku Sauli, ndipo mzimu uheni wakutuliya ku Ambuya ungumusuzga.
- (2) **Nthanthi 16:18.** Kujikuzga kudaniya paurongo pa pharghaniku, ndi mtima wakujikuzga paurongo pa kuwa.

- (3) **Mateyu 2:16.** Herode, pakuwona kuti wapusikika ndi waukwu, wangukaripa ukongwa, ndipo wangutuma ndi wangukoso wana wanthurumi wose mu Betelehemu ndi mu mphaka zake zose, wa virimika viwi ndi pasi pake, kwakulingana ndi nyengo yo wanguziya waukwu wo.

190. Wendi mzimu wamampha

Konkhosko lake: Ndi nthowa yimoza yo a Tonga akambiya pakung'anamuwa munthu yo warongozgeka ndi mzimu wamampha.

Tandauzo lake: Munthu yo warongozgeka ndikusungika, ndi mzimu wamampha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ying'anamuwa munthu yo umoyo wake ngwa nthazi ndiso wa umoyo utali. Ndipo so yikambika pakung'anamuwa munthu yo azimu atimurongozga munthowa yamampha ndikumupaska mwawi. *Apharazgi* nawo akamba nthanthi iyi pakweruzgiya munthu mweniyo warongo mtima wamampha, wachi Khristu pamuzi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Maŵerengedu 11:17.** Apa tisambira kuti Chiuta wangunene Mosese kusankha wanthu makhumi ghankhonde ndi wawi, akuzirwa kuwa alongozgi mu wanyawo: "Nkhasikanga kwazirongoro nawe penipo; ndipo nkhatongako mzimu wo we mwako ndi kuwuwika mwaku iwo; ndipo wakanyamuwanga uzitu wa wanthu pamoza nawe, alinga kuti ureke kuwunya-muwa wija."
- (2) **Maŵerengedu 14:24.** Kweni mteŵeti wangu Kalebe, chifukwa wendi mzimu unyake ndipo wandilondo ine kwakufikapo, iyo nkhamutoliyanga mu charu cho wanguyamo, ndipo mphapu yake yikachiharanga.
- (3) **Jobu 32:8.** Kweni mzimu waku Chiuta wemu munthu, ndi mvuchi waku *Wanthazi* zose utumupaska zero.

191. Yo pamuko pa moyo ndiyo wajura ku khomo

Konkhosko lake: nthanthi iyi yikumbuska mbiri yakale po wanthu endanga pasi kuruta vyaru vinyake. Mo endanga mwenga maurwani ghanandi. Asani agona pa nthowa amanganga tu misasa. Ku usiku asani munthu wakhumba kujovya wangwenele kuwa ndi chiganga pa kujura khomo, kopa kuti virwani vingamuko.

Tandauzo lake: Yo munthu waziwa kuti chinthu watichikhumba watenele ku-

penja nthowa ndichitatata mwakuti wachisaniye chinthu cho watichikhumba, wenga wandapemphe mnyake.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchiska munthu, asani wakhumba kusaniya kanthu, wambe danga iyo kupenja wenga wandafumbe anyake kuti amovye. Nyengo zinyaki yikambika mu zimphara za milando, yo waziwa kuti walakwa cha ndiyo watachito *samoni*. Yisambizga so *ahurwa* ndi *asungwana* kuwa ndi mtima wachitatata pakupenja chinthu chamampha. *Apharazgi* achiska wanthu kuti yo watijiziwa kuti ndi mulakwi watenere kuza kwaku Yesu.

Mazu ghaku Chiuta ghokhozga nthanthi yeniyi:

- (1) **Yesaya 55:1.** "Imwe, we yose wanyota, wazi ku maji, yose yo walivi ndalama wazi wagule warghe! Zani, gulani vinyo ndi mukaka kwambura ndalama ndi kwambura mtengo."
- (2) **Mateyu 11:2.** Kweni Yohane wanguvwa mu ulinda machitidu ghaku Khristu, wangutuma wasambizi wake.
- (3) **Marko 2:17.** Ndipo wachivwa Yesu wanguwanene, "Wo we umampha kuti wapenja ng'anga cha, kweni warwali ndiwo; kuti ndinguza kwazidana warunji cha, kweni wakulakwa."
- (4) **Luka 15:18-19.** Nkhasokanga, ndikenge ku wada; ndipo ndinenenge nawo, Ada, ndalakwiya kuchanya ndi pa maso pinu: Kuti ndeche wakwenere cha kutamulika mwana winu: ndichiteni nge njumozu wa wamphotu winu.

192. Yo waswela mviheni waliyenge

Konkhosko lake: Pa *Chizungu* nthanthi iyi atiti, "Po uwona kuti laya litamba kuparuka utenele kusunapo luwi mwakuti utaski misonu yinandi asani lapaluka ukongwa."

Tandauzo lake: Nchamampha kuphwele chinthu asani chitamba waka kuya kuwanangiku, mwakuti uchitaski.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika kukhozga fundu yakusankha cho nchakuzirwa kuchita pa umoyo wa munthu. Viwi-viwi *apharazgi* a mazu ghaku Chiuta akamba nthanthi iyi pakuchenjezga wanthu wo aswela mukwananga, kwambura kung'anamuka mtima luwi. Wanthu aviyo ku umaliyi wa umoyo wawo atachisuzgika. Panyake nthanthi iyi yikambika pakucheweska munthu yo wawona chuma pamwenga katundu waki wanangika, kweni wakhumba ku-

phwele cha. Kunthazi wazamkumbuka kuti wenga ndi chuma chinande. Nyengo zinyake yichenjezga *asungwana* ndi *ahurwa* kusankha cho achitengi kunthazi nyengo yenga yindakwane. Viwi-viwi wana a *sukulu* atenele kusankha visambizgo vyo vya mukovya pa nchitu yo amuchita kunthazi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Mateyu 25:1-13.** Apa tisambira ndi *Ntharika ya a Mwali khumi*. Ankhonde wenga akupusa, anguswela mu vyaŵaka. Cheruzgo chenga chakuti asuzgike. Kweni anyake ankhonde wo anguchenje, angusere mu chimango.
- (2) **Luka 13:1-5.** Ndipo wengapo weniwo panyengo yiya wangumtauliya ndi waGalile, ndopa zaku weniwo Pilato wangusazga ndi visopu vyawo. Ndipo wakwamuka wanguti kwaku wo, "Kumbi mughanaghana kuti waGalile wa wenga walakwi wakuruska wose waGalile, chifukwa wangukomwa vyenivi? Ndikuneniyani, Awa na: kweni kwambura kuti mung'anamukenge, mose muparghanikenge kwakukozgana. Pamwenga chumi pachanya wankhonde ndi watatu yaŵa, paku weniwo wanguwapo sonjo mu Siloamu, ndi wanguwabaya mughanaghana kumbi kuti iwo wenga wamatewo wakuruska wanthu wose wakujamo mu Yerusalemu? Ndikuneniyani, Awa na: kweni kwambura kuti mung'anamukenge, mose muparghanikenge kwakukozgana."

193. Yo watenda ndi mnkhungu nayo waŵengi mnkhungu

Konkhosko lake: Asani munthu yumoza ndi mheni, waziŵa kunanga anyaki wose wo watenda nawo.

Tandauzo lake: Nyengo zinande nkharo yidu yinangika chifukwa chakwenda ndi wanthu a nkharo yiheni.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika pakucheweska *ahurwa* ndi *asungwana*, kuti aleki kwenda ndi anyawo wo mbankharo yiheni chifukwa aziŵa kunaga umoyo wawo: Viwi-viwi, anyawo wo mbakumwa *moŵa*, kukweŵa *chamba*, kurya *mankhwara* ghakunanga wongu, *aleŵi* ndi wose a viyo aziŵa kunanga umoyo wa wanyawo. *Apharazgi* asambizga kuti munthu wayendengi ndi Chiuta, Satana cha yo waziŵa kukutaya mu buwo munthu.

Mazu ghaku Chiuta gho ghakzozga nthanthi yeniyi:

- (1) **Nthanthi 1:10-15.** Wa mwana wangu, asani waheni watukunyenga ungazomelanga cha. Asani watiti, "Zanga pamoza nafwe, tikakhazge kudiska ndopa, tikakhazgi wambura kafukwa, tiŵameze wamoyo uli ndi muunda,

wamphumphu, uli ndi wo wasikiya mu zenje; tikasaniyanga chuma chose cha mutengo ukuru, tikazazanga nyumba zidu ndi vyakuskoŵa; ubatikani nafwe pamoza ifwe tose tikaŵanga ndi chikwama chimoza" wa mwana wangu, reka kwenda pamoza nawo mu nthowa tuzgako rundi lako ku nthowa zawo.

- (2) *Nthanthi 13:20*. Mweniyo watenda pamoza ndi ŵanthu ŵazeru, wasanduka wazeru, kweni wakukwatikana ndi wakupusa wapakotekekanga.
- (3) *Nthanthi 23:20-21*. Ungayanga mukati mu ŵakwanjiska vinyo cha pamwenga mukati mu nkhanghi za nyama; pakuti ŵakuloŵe ndi ankhanghi ŵakasaukanga, ndipo ulesi ukamuvwalikanga malizwazwa munthu.
- (4) *Nthanthi 24:1-2*. Ungaŵachitiyanga sanje cha ŵanthu ŵaheni, chingana nkhu-nweka kuŵa nawo pamoza; pakuti miwongo yawo yipanga ukari ndipo milomo yirongoro za urwani.
- (5) *2 WaTesalonika 3:14*. Ndipo asani yumoza wareka kughavwiya mazu ghidu mu kalata, uyo, muthaŵeni mweniyo, mungenderananga nayo cha, alinga kuti walengengisoni.

194. Yo watondo wasunga, yo wataya waliya

Konkhosko lake: ŵanthu atenele kukumbuka vyo pa umoyo asaniya.

Tandauzo lake: Munthu watenele kuphwele chose cho wasaniya, kwambura utayisi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika nge ndichenjezgo kuŵanthu wo kuti asunga zinchitu cha, pamwenga kusunga umampha vyo asaniya mu umoyo, pakugomezga kuti asaniyenge vinyake. Kweni po yazamfika nyengo yakukhazga vinyaki, azamukuviwona cha. *Apharazgi* akamba nthanthi iyi pakuchiska ŵanthu kuti akoreski mazu ghaku Chiuta.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Mateyu 25:28-30*. 'Viyo mkwamphuweni talente lo, ndipo paskani kwaku yo we nagho matalente chumi. Chifukwa kwaku yose wakuŵa navyo kupaskikenge, ndipo wawenge ndi uzari: kweni kwaku yo walive chingana ndi lo we nalo lituzgikengeko kwake. Ndipo muŵanda yo mzira-upiripiri mtayeni ku mdima wakubwalo: ko kuŵenge kuliya ndi mkukutu wa minyu.'
- (2) *WaRoma 14:12*. Viyo na, munthu ndi munthu waku ifwe wajikambiyenge kwaku Chiuta mazu ghapa mtima waku yija.

195. Yo watuwapo pano ndiyo waruta, kweni kuti nkhamusiye so kumasanu, ndakana

Konkhosko lake: Agha mazu ngakuliya, ndighachitima, asani yumoza yo wayanjanga ukongwa, wafwa. Chituwa chipusu cha kuti uruti kumasanu ndi azukuru, kwachiwona po amuwikiya, ndikusiyana nayo mwaviyo.

Tandauzo lake: Taŵamoyo tigomezga kwachikumana nawo akwanjiwa widu wo akufwa, mukucha (mu umoyo ufyu).

Kuzirwa kwa nthanthi iyi: nthanthi iyi, pamwenga mazu agha ghakambika ndi munthu mla, asani yo wangwanja watayika (wafwa), manyi ndi mvurwa wake, kaya mukuwaki pamwenga muoli waki, pamwenga mwana waki. Pakuliya nyengo yakutuzga nyifwa chitima chituwa chikuru pakulekana. Ndi mazu ghakupaska so chigomezgo kuti wo atufwa tamukumana nawo ku umoyo ufyu, *nasi mazua ghachimara mcharu.*

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **2 Samuele 12:23.** Kweni sono wafwa; ndifungiyengenji kurgu? Kumbi ndi kamuwezganga so? Ine ndirutenge kwaku iyo, kweni iyo kuti wawerenge so kunu kwangu cha.
- (2) **1 WaTesalonika 4:13-17.** Apa tisambira kuti pachiyuka, ŵamoyo amukumana ndi Ambuya mde. "Pavuli pake ifwe taŵamoyo, taŵakujariya, tikakwamphulikiyanga pamoza nawo mu mitambo, kwachikumana ndi Ambuya mude; ndipo viyo tikaŵanga muyaya pamoza ndi Ambuya."

196. Yo waziwa vyose ndi Chiuta

Konkhosko lake: A Tonga ŵavwana kuti Chiuta ndi *Mzimu Mkuru, Kajati (Kajilenge)*, ndi *Mziwa-vyose*. Chiuta ndi *Mzimu*. Iyo ngwakukwezgeka pa mizimu yose, chifukwa iyo nchigoti.

Tandauzo lake: Chiuta ndi *Mziwa-vyose*; kulivi kwaku Iyo kanthu kakubisika.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi rapu. Viŵi-viŵi yikambika muzimphara za milandu. Munthu yo wapereka ukabone asani waziwa kuti wakamba uneneska, wakamba mazu ghenagha, kuti ipu Chiuta wamulangi asani chinthu wakuchita ndiyo ku ubendi.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Sumu 139:6.** Kuziwa kwinu paku ine nkhwakuziziswa; nkhw pachanya ukongwa kuti ndingawamo cha.

- (2) *Mateyu 6:4*. Viyo wezi wako uwe wamu ubende: ndipo Ausu wo atikuwona mu ubende, akuwerezgiyengepo.
- (3) *Yohane 18:20-21*. Yesu wangumwamuka, "Ine ndakambiya pakwero ku charu; nyengo zose ndasambizga mu masinagoge, ndi mu kasopi, mwenimo watongana waYuda wose, ndipo kuti ndakamba kanthu mu ubende cha. Chifukwa chine ufumba ine? Fumbanga wo wavwa cho ndinguwakambiya: waziwa iwo vyo ndingukamba."

197. Zeru zakuwija zibayiska

Konkhosko lake: A Tonga akhumba cha munthu yo watijanja, (wakujikuzga). Kaluso kakuti, *Ndemunthu ndija* atikakana ukongwa.

Tandauzo lake: Nchamampha kuja pamoza ndi anyako mwakuti usambirenge vyo nawo achita. Wanthu atenele kuja mchimango pamoza ndi anyawo.

Kuzirwa kwa nthanthi iyi: nthanthi iyi ndi chenjezgo kwakuyo, umoyo wake wakuziwiliya kujanja. Yikambika so kucheweska munthu yo ngwakusuka, wambura kukhumba kuti tunthu wapaskengeko anyake. Mwaviyo nthanthi iyi yichiska wanthu kuja pamoza, ndi kovyana, chifukwa *Umoza ndi nthazi*. Asani uja wija epa masuzgu ghakuwiya ukhumbengi anyako kukovya.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) *Werengani Yohane 17:1-26*. Ili ndirombo lakuzirwa lo Ambuyafwe Yesu Khristu lo angurombe asambizi wake mwakuti awe amozu.
- (2) *Werengani Machitidu gha Wakutumika 2:44-47*. Tisambira kuti kwamba kwa Ekeleziya asambizi wake aku Yesu enga ndi mtima umoza, kuchitiya vinthu vyose pamoza, kwa masanga. Chifukwa anguziwa kuti *Umoza ndi nthazi*. Po pe umoza pe chimango ndi chanju.

198. Ziulikanga zikumpoka mahomwa

Konkhosko lake: Po pe nkondo, munthu watenele kughanaghana luwi mo wangajitaskiya, mwakuti angamuphanga mahowa, vyakuweke ndi vyakurwiya/vyake.

Tandauzo lake: Munthu wakuzingazinga, wa chizita waziwa kukumanizgana ndi maunonono ghanyaki gho ghatuza kwamabuchibuchi.

Kuzirwa kwa nthanthi iyi: nthanthi iyi yikambika asani wanthu atuvwa cha chenjezgo; viwi-viwi Ahurwa ndi Asungwana wo aziwa cha kumikana ndi mau-

nonono ghakuza mwa mabuchibuchi, atenele kuja akujinozga nyengo zonse. *Apharazgi* akamba nthanthi iyi pakucheweska wanthu wo atijinozga cha kurondo mazu ghaku Chiuta yenga yindaze nyifwa paku iwo, pamwenga kupunda *Satana*.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Werengani Mateyu 25:1-15.** Tisambira muntharika iyi kuzirwa kwa kuja kwa kujinozga. Asani tiswela kusele mu *Ufumu waku Chiuta* kweche sonu ndi-kuti suzgu tamkuwa nayo kunthazi. Nchamampha kuja wakunozgeka.
- (2) **Werengani Marko 13:32-37.** Apa tisambira kuzirwa kwa kujinozga kuti zua la Ambuya asani lituza lizitisaniyenge kuwa wanthu wa chivwano ndi arunji. Kwenge mlonda, yo asani wagona ankhungu azengi kwaziba vya munyumba. Kweni asani we maso waziwa uromba wo we munyumba. Titenele kuja maso, chifukwa nyifwa titiyiziwa cha po yiziyengi paku ifwe. Tizomere kusere mu *Ufumu waku Chiuta*.
- (3) **Chiyambo 27:23.** ndipo kuti wangumuziwa cha, chifukwa manja ghake ghenga gha cheya uli ndi manja gha mukuwake Esau; viyo wangumutumbika.

199. Zunguliyane, ine ndizunguliyengi uku, tamkumana kurweka

Konkhosko lake: A Tonga endi chigomezgo chakuti chingana wanthu atufwa mu nyengo zakupambana, kweni zuwa limoza amukumana mbwenu.

Tandauzo lake: Nyifwa kuti mbumaliye wa umoyo cha, pamwenga wa vinthu vyose cha. Nyifwa nkhupatukirana limu cha.

Kuzirwa kwa nthanthi iyi: nthanthi iyi akamba wala pa maliro nge nkhuukhwimiskana ndi kupembuzgana, chifukwa nyifwa mbumaliyi wavinthu vyose cha, pamwenga kumaliya limu kwa umoyo cha. Chigomezgo chilipo chakuti mawa liya tamukumana nawo akwanjiwa wo akutisiya. Yikambika so ku munthu yo *nchilimbi* kufwiya anyake kwambura kopa masuzgu. *Apharazgi* akamba nthanthi yeniyi mu maliro pakusambizga wanthu kuti umoyo ufya uliko. Wo afwiya mwaku Chiuta pamwenga kuvwana ndi Yesu, atiya ku umoyo ufya wa muyaya. Asani nase tafwiya mu chivwawo, tamukumana nawo mukucha.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Mateyu 26:26.** Ndipo wachirgha, Yesu wanguto chiwande wangutumbika, ndi wangumenya; ndipo wangupaska ku wasambizi wo, wanguti, "Rondani, rghani; ichi ndi liwavu langu."

- (2) **1 Wātesalonika 5:13, 16-17.** "Muŵe ndi chimangu mwaku mwaŵeni. Kondwani nyengo zose; rombani kwambura kulekezga."

200. Zuŵa limoza liwozga nyama ya Njovu cha

Konkhosko lake: Njovu nchinyama chikuru ukongwa munyama zose za pa mtunda. Epa njovu yafwa, nyama yake kuti yingavunda zua limoza cha.

Tandauzo lake: Tingopanga cha kusiya nchitu yo yiziŵa kuchitika pavuli, mwakuti tichiti danga yo nja paluŵi.

Kuzizrwa kwa nthanthi iyi: nthanthi iyi yikambika pakuchiska munthu kuti wachite danga nchitu ya paluŵi mwakuti zinyake waziŵa kuchita pavuli. Nge nkhwerezgiyapo, ŵana wo epa *Sukulu* atenele kufwiliriyapo danga pamasambiro gho angawovyeka nagho luŵi pakusaniya nchitu.

Mazu ghaku Chiuta gho ghakhozga nthanthi yeniyi:

- (1) **Wakutaula 3:17.** Ndingunena mu mtima wangu, Chiuta wakeruzganga ŵarunji ndi ŵaheni, pakuti wamika nyengo pa kafukwa ke kose, ndi pa nchitu ye yose.
- (2) **Mateyu 12:11.** Iyo wanguŵanene, "Njanimwaku imwe waŵenge ndi mberere yimoza, ndipo asani yingawa mu mbuna pa zuŵa la Sabata, asi wayikonge ndi kuyituzga?"
- (3) **Yohane 9:4.** Titenere kuzitata nchitu za Wakundituma, kweche msana: kutuza usiku, penipo palive yumoza waziŵa kutata nchitu.

Nthanthi zakusazgiyapo

1. *Afwiti mbanasi*
2. *Akufwa apaska nchitu*
3. *Akwanjana asiyana*
4. *Alendu uŵaziŵi ndi mlambi*
5. *Amanga manja, amanga m'lomu cha*
6. *Amtekwa*
7. *Amunkhwele asekana viphata*
8. *Amwenda natu*
9. *Anasi ndi nkhondo*
10. *Anyamata azomphe*
11. *Asani kunthazi nkhwamampha, kuvuli nkhwamampha, yikamba
ndi nyezi*
12. *Atonga alivi pamampha*
13. *Atonga alumba cha*
14. *Atonga ŵendi bina*
15. *Aŵaka asina pakalonda*
16. *Azamsaniya nchalanga chitenje bu!*
17. *Bina lendi a Tonga*
18. *Boza lilivi mweneko*
19. *Boza litaska*
20. *Boza ndi mantha*
21. *Bwaila wafole bweka*
22. *Chakuziŵanizga chingulinda chirwane*
23. *Chalu mphakati posi*
24. *Changa chaka Gamphani, chakupandiya zobala, anyau achipa-
nda malalanji*
25. *Chanju che mu manja*
26. *Chawa mu maso ghaki*
27. *Chiluwa chilivi mweneku*
28. *Chimeza mankhaŵa*
29. *Chimukira angumudina ndi musu pa duli*
30. *Chimuti chikuwa ndi mphepo*
31. *Chimuti kuwa luŵi nkhutema mavwa ghasani*
32. *Chinanga ungachenje uli kuti atijimeta mindendi kumasu cha*

atikumeta mbanyaku

33. *Chiruwa chakuruwa mbavi pa phewa*
34. *Chiruwa chilivi munkhwara*
35. *Chiuta ndi doda*
36. *Chiuta ndi nthanga ndi munthu cha*
37. *Chiwere vuli chingubaya Tungwa*
38. *Cho chawona ine charutapo mawa chaza muwona iwe*
39. *Cho walutapo nchaku cha*
40. *Chombu chendi bandali*
41. *Chonchingukwezga pusi ndichu chingukwezga mmkhweri mchanya*
42. *Chuma chiwele mbuyaki*
43. *Deveti wangubaya Goliati*
44. *Dolora nkhal*
45. *Epa napo abikanga mtama kwene le ukume mchira*
46. *Fu wangujiwone bachi*
47. *Fukunyuwane makutu ghachiri nja*
48. *Fumbanane mungabayana waka*
49. *Garu walondo kweniko atimupong'e viwanga (atimumenye)*
50. *Gonani ndikubayeni we patali cha*
51. *Guli wendi chilimbi*
52. *Guri wanowe nthenderu*
53. *Gutu kuvwa bweka lituvwa ndi nthengwa ya anyoku*
54. *Jisu likuntha nyoli cha gho ghakuntha nyoli ndi manja*
55. *Kachepa nkhakuvwala kakurya agaŵana*
56. *Kaku ndiko walya*
57. *Kakubwereka awezga*
58. *Kakuchanya kalivi mbuyaki*
59. *Kakumaliya kaŵaŵa*
60. *Kakumaliya kaŵaŵa*
61. *Kakuza kija kasikuwa*
62. *Kakuziya maze*
63. *Kalulu/kayuni abaya kumoza ndi chivwati*
64. *Kamuti kapamphala nkhakukoliyanaku*
65. *Kamuzunguzeni wangujiguziya nyifwa*
66. *Kanthu nkhaku, kaŵeni awezga*
67. *Kanthu nkhwesa, tambala wangwesa anyina*
68. *Kanyeke kabala*

69. *Kanyele kangutuma njovu*
70. *Kayuni kakulongolo kuti katuŵa ndi mafuta cha*
71. *Kayuni karyarya kawira mlomu*
72. *Khumbu ndi mtima ndivu vipangana*
73. *Khungulukutu ngwe chimphara tukumu*
74. *Kidu ndi kangu vipambana*
75. *Ko kabira boza kabuka*
76. *Ko yikuŵa kayuzi*
77. *Kosi kwe masanu*
78. *Kuchelera nkhuŵa tambala*
79. *Kudanjiya kuti nkhuŵa cha*
80. *Kufumba nkhuŵa nthowa*
81. *Kufwa vikolongu masu gheche kuleleska*
82. *Kugomore thusi mphamulenji-lenji*
83. *Kuguta nkhusiyaku*
84. *Kuja kauru ka unkhaka*
85. *Kuja nge mba pusi mbwenu ŵaka tafu-tafu!*
86. *Kujumpha chichinyi chaŵapapi nkhuŵidaniya soka*
87. *Kukamba chiuvwa-uvwa (chiuzgauzga)*
88. *Kukamba nge ku Bandawi mwapeku*
89. *Kukhayuka cha nyanja, vuwa yendi kwaki*
90. *Kulauska munthurumi ndi chivivivi*
91. *Kulenga chuku chakapendi, chakapali aphataku*
92. *Kulumba luŵi nkhuwananga*
93. *Kumba nkhuŵana mazu*
94. *Kumbi nthanthi zenizi zingakambika pa nyengu niyi?*
95. *Kumila mtunda wambula maji*
96. *Kumwana nkhumakolelo*
97. *Kumwana nkhumaryelu*
98. *Kunola nkhubisilizga*
99. *Kunola nkhuŵanizga*
100. *Kunyeta nge maji ghanyeta pa chipopomo*
101. *Kupambana kwa munkhwele ndi mbulika*
102. *Kupangandiya minyu nkhuŵanizga kwa mpapi*
103. *Kupaska nkhuŵika*
104. *Kurya kwa mteki-teki*
105. *Kurya pusi ndi mutu waki*

106. *Kusamba nkhurya*
107. *Kuseka nkhwambuwa*
108. *Kusele pambula kupupa*
109. *Kususka luŵi nkhwananga*
110. *Kutali nkhuchanya*
111. *Kutama watama mtiti, simbu wamtema phululu wa mutu ukuru*
112. *Kutiryiya masuku pa mutu*
113. *Kutondo nkhuba cha*
114. *Kutondo nkhuba cha*
115. *Kutuzga kadonthu pa msana*
116. *Kuvina nkhuyana luridi*
117. *Kuvuli kulivi masu*
118. *Kuvuli ndi bamba lapamsana*
119. *Kuvwiya mu kayuni*
120. *Kuwe ndi chirewa*
121. *Kuŵeka ndi mantha*
122. *Kuwona pundu nkhuwa kale cha, kweni kwenda ndi usiku*
123. *Kuwonana nge nkhu tulo*
124. *Kuyenda mchapu*
125. *Kwadumuwanje tafipa mtima*
126. *Kwaŵeni nkhwakuŵeteka ndipu uwe ndi nyanda*
127. *Kwenda chakudumuka mutu*
128. *Kwenda nkhuvinu*
129. *Kwende pa msana*
130. *Likhwechu lamunyaku payika mawa lepaku*
131. *Liŵavu la munthu ndi njovu.*
132. *Liŵavu ndi muwela*
133. *Maji asani ghadika ghayoleka cha*
134. *Maji ghamunkhombu ndighu ghabaya*
135. *Makani ghatenda ghija, munyinu watimuguliyani magumugumu*
136. *Makutu ghachiri nja*
137. *Malu m'mataku*
138. *Masozi ghayoyokenge*
139. *Matenda ghakuchita kung'anamurizga*
140. *Mawa ndi mawa yose*
141. *Mazua ghamwaŵi nganande lasoka ndimoza*
142. *Mbalala kuti apinga ŵaka cha*

143. *Mbalala kuti aŵika pamoza ndi mbeŵa cha*
144. *Mbavi yifwiya mu lumono*
145. *Mbeŵa yasoni yingufwiya kuzenji*
146. *Mbiri yamampha yijumpha chuma*
147. *Mbunu njiheni yitaya mwakundawona*
148. *Mbuzi yambura masengwe*
149. *Mbuzi yisangaluka asane malonda ghepafupi*
150. *Mchenjezi watulya kamoza*
151. *Mdondu mungukana njoka*
152. *Mheni wathaŵa yija*
153. *Mkwawu asani wadomoka phila, alyiyapu mayani*
154. *Mlandu atata kweni thumba ndilu lisoŵa*
155. *Mlangu ndi mheni cha, kweni mheni ndi tiringanenge*
156. *Mlendu ndi nyoli yituŵa*
157. *Mlendu ndiyu wachizga*
158. *Mlomu ndi fwiti*
159. *Mlomu ndi mphingu cha*
160. *Mlomu wa ŵala ndi ula*
161. *Mmanja mujengi mwakusambasamba kanthu nkhamabuchibuchi*
162. *Mnthangala za njovu kuti apitamu kaŵi cha*
163. *Mo vituka visulu ndimu atuka ndi alamba*
164. *Motu ukuwa ndi kuphutiriya*
165. *Msana jisu liwona patali*
166. *Mtambu ukulu ndiwu ukana vuwa*
167. *Mtiti wangujitukumuwa pa ulemu wo wanguronde*
168. *Mtiti wanguwele ku u mtiti wake*
169. *Mu maji mukukana mchuwa*
170. *Muchuwa wanguzizwa mu maji muchiŵa mwaki*
171. *Muduzi wagalu ngumozo*
172. *Mumphika wakuchichizga usweka*
173. *Munkhuŵi wachirya maka watijithemba pakhosi usani*
174. *Munthu ndimunthu chifukwa cha ŵanyaki*
175. *Munthu wakumbuka powawa waluwa powaguŵa waluwa cha*
176. *Munthu walivi pamampha*
177. *Munthu wendi njuŵi, mkhweri ndiyu walivi njuŵi*
178. *Mutinga ndikamwanda foja pe wazinduwa*
179. *Mwa wakukunkhuzgika-kunkhuzgika kuti uchitandeli cha*

180. *Mwana kopa kazimu nkhumuruma*
181. *Mwana ndi mwana mbwenu*
182. *Mwana ndi mwanangwa*
183. *Mwana ngwankhunda wanyoli watondo yija*
184. *Mwana wa njovu nayu ndi njovu*
185. *Mwana wachimenya dozi likulu wajithemba pa khose*
186. *Mwana waku mng'ona ndiyo we pamsana*
187. *Mwana walivi mweneku*
188. *Mwana watondo nkhonu muleki ndi jisu laki*
189. *Mwezi asani waŵalika kuti atiwufyoke khosi cha*
190. *Nchinkhu tyeku, ndi ng'o*
191. *Ndachita nge ndalotanga*
192. *Ndafwiya kubala*
193. *Ndalama zingubaya Yesu*
194. *Ndali yenge vyamba*
195. *Ndeu ndi ndeu yosi*
196. *Ndimba ya maji gha moto*
197. *Ndopa ku ndopa*
198. *Ng'anamuwane vituwu vya nthanthi zenizi*
199. *Nja yemu jino*
200. *Nkhalamu yakubangula kuti yiko munthu cha*
201. *Nkhalamu yakubangula kuti yiko munthu cha*
202. *Nkhang'a zingupangana kweche kundafipe/kundachi*
203. *Ntchakuziŵa ziŵa galu yaka M'golombi*
204. *Ntchakuziŵaziŵa garu yaku kalulu*
205. *Ntha munkhungu, tambula matondoleka*
206. *Nthowa yimoza yibizga mu mathaŵali*
207. *Nyaliwezga wawezga*
208. *Nyalubwe wasintha cha maŵanga*
209. *Nyama yaliuma, (chipemberi), yingume masengwi pamasu*
210. *Nyamakazi yabaya msana*
211. *Nyatu nyatu titenda uku mtunda umala.*
212. *Nyifwa yilivi ku maji, mula yito, mumana yito*
213. *Nyoli yikuzga twana twaki pakukandapu*
214. *Nyoli ziliwa pakusele*
215. *Nyumba yamkali yafya kulwandi*
216. *Odi! Odi! Odi! Potateke pano tiryepo!*

-
217. *Pa mphunu ndipa mlomo*
 218. *Pafupi ndipo wafika*
 219. *Palima mphamoyo*
 220. *Pamuzi ukulu ndipu patuwa mbeta*
 221. *Pe wanthu we niwo nditenere kuti ndiwalereske*
 222. *Polisi pantchitu yaki*
 223. *Saniyani Mazu ghaku Chiuta gho ghangakhozga nthanthi zenizi*
 224. *Sankhani mazu gho nga mkuluwiko mukati manthanthi zenizi*
 225. *Saza limaliya ku ndeu*
 226. *Saza lingubaya kana ka mbuzi*
 227. *Saza lisazga bweka*
 228. *Sitima yilinda munthu cha, munthu ndiyu walinda sitima*
 229. *Skapato yimoza avwala wanthu wawi cha*
 230. *Somba ndi maji*
 231. *Soni zingubaya nkhwali*
 232. *Thenga abaya cha*
 233. *Tione angumronda nkhang*
 234. *Tireke kudumbizga anyidu weniwo suzgu yawakwindika, chifu-
kwa mawaliya ye paku iwe*
 235. *Tiyeni-tiyeni wasokeka cha*
 236. *Tiziwa kuwa ndi marusu ghakuzizikiya anyake ndikweni ghaza-
muku-tizizika taweni pavuli*
 237. *Ubali umala cha*
 238. *Uchembele nkhouriyana*
 239. *Uchenjezi kuti ubaya somba cha, chibaya somba ntchilepa*
 240. *Uchizumbuwa nkhalamu ukwerengi mchanya mchimuti*
 241. *Ufumu nchuma*
 242. *Ulemu wamunyako muleke kukwamphuwa utenele kukhorwa
ndicho we nacho*
 243. *Ulowi ndi nyanga cha, ulowi mpha mlomo*
 244. *Umoyo mulivi musitolu*
 245. *Unamana mburyayuni*
 246. *Unandi ngwamampha kweni unangiya kumala dendi pambali*
 247. *Unandi utaska*
 248. *Uranda ulaka waka njoka, wakwende malunga*
 249. *Vinthu vye m'nyengu*
 250. *Vyaka fu vyakuriya lwandi*

251. *Vyambu sazi vyambura malaka*
252. *Vyamunthazi viziŵika cha*
253. *Wabala, wajibaliya nkhondu*
254. *Wabira pa chandi pa msana pawoneka*
255. *Wafwapu ŵaka kasima nkhamunkhwala*
256. *Wagwiliya Kaŵiya, boma lendi msonkhu*
257. *Wajirengeska nge kathumba kapa Chiŵaza, ko kaputiya pe!*
258. *Waka, aja nge mbakufwa*
259. *Wakamba wataya, kaja mmoyu wasunga*
260. *Waku ngwaku, wamunyako watikusuzula*
261. *Wakukana, wangukana mlandu*
262. *Wakulima njumoza akurya mbanandi*
263. *Wakusiliya zila*
264. *Wakuwa waziwona*
265. *Ŵala-ŵala apemphe masu*
266. *Walemba mu maji*
267. *Wamakhate atimupusika skapato cha*
268. *Wamampha abaya*
269. *Wamunthazi wakoleka cha*
270. *Wamwaŵi ngwamwaŵi mbwenu*
271. *Ŵana nchuma*
272. *Wany'a pamwa pasi katunkha*
273. *Waraŵantha nge garu yarya mwana waki*
274. *Wasaŵasaŵa nge nyoli yapa mazila*
275. *Ŵaŵi ndi mantha*
276. *Wendi nthende-uzi*
277. *Wendi twa mumatakama*
278. *Weyija nkhanthama, ŵaŵi mbanthu*
279. *Yo wacheuka ndikuti wavwa mswayo*
280. *Yo wachiona ndiyu wathaŵa*
281. *Yo waŵeja wawoneka ndi sazi paku pauka*
282. *Yowagona wafwa*
283. *Yowajaliya vuli ndi mnkhwala wamalundi*
284. *Zeru wija kabunthu walivi zeru*
285. *Zeru zaku Mtonga watiziziŵa ndi mnkhweri*
286. *Zina litufwa cha*
287. *Zuma ndizu ateghe mani, mbulika cha*

Nthowa zo mlembi – Buku wangurondo pakulemba buku ili

1. Nthowa yakudanga

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Annisty Kamanga

Kanyama Chiwiwi Mwase
Godfrey Richard Chiya Phiri
Tilla Christopher Katenga
Goldon Nyirenda
T/A Malanda
Bright Zgawowa Mphande
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John K. Mphande
Munchindwi (V/H)
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T/A Fukamapiri
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c/o Ndirande, Blantyre
Mzenga, Kabunduli Village
Tukombo Village
Chifira Village
Gondoli Village
Mkundi Village
Mteperela Village
Msundu Village
Chituka Village
Munchindwi New Home
Chituka Village
Njasa Village
Chiphumbulu Village
Malaza Village
Kande Bank Home
Kande F.P. School
Msumba Village
Chifira Village
Mbamba Village
Kauta Fukamapiri
Thowolo Village
Kande Village

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Mu uTonga Mwalembeka mabuku ghamanavi waka, gho sonu kuti ghawoneka cha. Ŵala-ŵala akumbuka kuti muma sukulu aŵelenganga mabuku agha: Mkwele, Chiswamsangu, Marko, Mcapu, Nthanu ndi ghanyake ghaviyo. Kutuwa po mabuku agha ghangulekeskeke, palivi munthu yo walembaso buku, nge nkhusunga mdauku wa Chitonga. Buku ili, nkhwambaso kulemba kwa mabuku mu uTonga.

Buku ili la unjika pamoza mthanthi zakusambizgiya ahurwa ndi asungwana, nkharu za mampha, ndi kupharazgiya mazu ghaku Chiuta. Mthanthi za Chitonga zakuzirwa ukongwa, pakusambizga nkharu yamampha. Zendi vituwu vyakuzirwa kuvumbuwa umoyo ndi zeru za Chitonga. Mutundu wambura mazu ghawu ngwakufwa, ndipu uziŵika cha. Mudauko ndi nkharu za ŵanthu, viwoneka mu mazu ghau.

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